



Millennium Fund Annual Report

For the Period July 1, 2016, through June 30, 2017

The Idaho Legislature appropriates funding from the Idaho Millennium Fund to eligible applicants who provide services that help individuals to never start, to quit, or to receive treatment for, tobacco or substance use. This process begins with a submitted application to the Joint Legislative Millennium Fund Committee. Applicants that are awarded a Millennium Fund Grant must submit an annual report detailing the project, and any outcomes and expenses, using the criteria listed below. The report is to be submitted by October 13, 2017. Please contact Jared Tatro, Legislative Services Office, with any questions at (208) 334-4740 or email jtatro@lso.idaho.gov.

BOYS & GIRLS CLUBS OF IDAHO YOUTH EMPOWERMENT PROJECT

Organizational Contact Information:

Full Legal Organization Name

Address

City

State

Zip Code

Website

Boys & Girls Clubs of Idaho Alliance

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Lewiston

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83501

Primary Contact Person

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Phone

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Name

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Lindsey Westburg

Exec. Director – Boys & Girls Clubs of Magic Valley

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Executive Director

Name

Title

Phone

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N/A See Contacts above

Millennium Fund Grant Award

\$423,376

Report Date

11/15/17

I. Overview, Rationale, and Justification for the Project/Program: Experience and research shows that promoting social and emotional development in children is “the missing piece” in the array of efforts directed at improving outcomes and lowering risk behaviors in children and teens. The Boys & Girls Club’s Youth Empowerment Project combines thoughtful, sustained and systematic approach to children’s social and emotional development, along with outcome-based programs focused on academic success, healthy lifestyles and character development.

The Boys & Girls Clubs of Idaho utilized our Youth Empowerment Grant to expand our Youth Empowerment Project to serve *more kids* at Boys & Girls Clubs, and serve them *more often*.

Studies have proven that the amount of time youth spend at Boys & Girls Clubs is a determining factor in the depth of impact the Club has on young lives. Specifically, a 2009 third-party study by Private/Public Ventures found that *frequency of attendance* is directly tied to the following positive changes for Club members:

- *Lower likelihood of participating in risky behaviors*
- Increased academic confidence
- Higher levels of community service involvement
- Decreased levels of aggression
- Increased school effort

The greatest impact was noted for youth who attended the Club at least 52 days a year, and higher levels were evident among those who attended 104 or more times per year.

Through the grant period, Boys & Girls Clubs *served a total of 16,133 youth in various Youth Empowerment Project programs and activities, which were focused on helping kids develop healthy lifestyles, academic success and good character and citizenship.* Of this number *3,576 participants attended their local Boys & Girls Club a minimum of 52 times per year, as targeted by our grant,* and participated regularly in a variety of programs and activities. Some of the program highlights included:

Smart Moves: 1,290 youth participated in Smart Moves, a comprehensive, nationally acclaimed ATOD prevention program developed by Boys & Girls Clubs of America that teaches young people the skills to identify and resist peer, social and media pressures to become involved in risky behaviors by improving skills to make decisions, cope with stress and communicate effectively.

Triple Play: 3,129 youth participated in Triple Play, a program that promotes healthy living with a three-pronged strategy of positively targeting behaviors affecting the mind, body and soul of youth. The program increased knowledge of and participation in healthy behaviors (healthy nutrition, exercise, stress management, etc.)

II. Distribution: Millennium Funds granted were disbursed as follows:

\$75,896 to Boys & Girls Clubs of Ada County – who served a total of 3,419 youth in the following cities: Garden City, Meridian, Boise, Kuna. Of this grant amount \$7,000 was for writing and administering the Millennium Fund Grant.

\$71,896 to Boys & Girls Clubs of the Lewis Clark Valley – who served 3,551 youth in the following cities: Lewiston and Lapwei. This grant also included \$3,000 for grant financial accounting.

\$68,896 to Boys & Girls Clubs of the Magic Valley – who served a total of 3,003 youth in the following cities: Twin Falls and Buhl.

\$68,896 to Mountain Home AFB Boys & Girls Club who served 520 youth in Mountain Home.

\$68,896 to Boys & Girls Clubs of Kootenai County – who served 4,250 youth in the following cities: Couer d’alene and Post Falls.

\$68,896 to Boys & Girls Club of Nampa who served 1,471 youth in Nampa.

Included as Attachment A is a list of accomplishments as a result of the Millennium Fund Grant

III. Goals: To evaluate the effectiveness of the Millennium Fund Grant programs and activities in positively impacting youth, each of the Boys & Girls Clubs in Idaho tracked member attendance through our electronic membership tracking system. At the end of the grant period our goal was to have served a minimum of 3,300 youth at least 52 days a year (52 days of attendance has been proven to improve youth outcomes and reduce risk behaviors.) **Our result: 3,576 youth attended our clubs a minimum of 52 days a year; most of them closer to 104 days!**

Each Club also took part in Boys & Girls Clubs of America’s National Youth Outcomes Online Survey. This online survey asks age-appropriate questions about member behaviors and attitudes around the Boys & Girls Club experience and the three priority outcomes in Academic Success, Healthy Lifestyles and Character & Citizenship. There are two versions of the survey, a Youth Survey for members age 9-12 and a teen survey for ages 13 and up. The teen survey directly mimics the demographics and survey questions of the 2017 Idaho CDC Risk Behavior Survey. Surveys were made available in both English and Spanish, and all staff training, distribution and scoring are completed by Boys & Girls Clubs of America.

In March of 2017, 889 youth were surveyed through the NYOI Online Survey (our goal was 1,000 however the Mountain Home AFB youth were unable to participate due to national security restrictions. We believe our outcomes were AMAZING considering that the youth served by Boys & Girls Clubs are some of the most vulnerable youth in our community, and statistically would be expected to participate in greater risk behaviors. Attachment B shows how our kids fared as opposed to their peers in Idaho who completed the 2017 Idaho CDC Youth Risk Behaviors Survey.

IV. Financial Statement: There were no deviations from the budget submitted with our grant. Each Club has certified that they have provided the 1:1 matching funds. Financial records from each club are available upon request.

V. Entities Visited/Sponsored and Participants in the Project/Program: Entities that participated in this grant were listed in the budget breakdown above. For more information on how the grants impacted the Boys & Girls Clubs, please see the comments in Attachment A, and feel free to contact any or all of the persons listed below:

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Boys & Girls Club of Nampa
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Boys & Girls Clubs of Kootenai County
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Boys & Girls Clubs of Lewis Clark Valley
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Mountain Home AFB Boys & Girls Club
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YOUTH EMPOWERMENT PROGRAM UPDATE

Boys & Girls Clubs of Ada County

Through the support of Millennium Funds, the Boys & Girls Clubs of Ada County was able to positively impact the lives of over 3,400, mostly disadvantaged youth in 4 locations in Ada County. With an average daily attendance of 555 youth during the school year, and over 800 each day during the summer, the Club provided a variety of high-yield, high-impact programs and activities with the goal of helping all members stay on track to graduate high school with a plan for the future, living a healthy, more active lifestyle and being citizens of good character.

Activities provided through the Youth Empowerment program reinforced the Club's efforts to achieve our goals for youth, by improving academic success, building self-esteem, instilling values, teaching and reinforcing skills to make good decisions and resist being involved in risky behaviors, and providing opportunities for experiential learning and community service.

Some of the highlights during the grant period:

- Power Hour: Youth received homework help and personalized tutoring, which was offered in 2 sessions each day at each clubhouse. Throughout the year, 880 youth benefited from this program.
 - 1071 unduplicated youth participated in formal programs and activities focused on academic success.
 - Reading Matters: During the school year 420 youth participated in our summer reading program, lowering the probability of summer learning loss and keeping them on par academically with their middle and upper income peers.
 - 722 youth participated in field trips that were fun AND educational! Destinations included the Discovery Center, Boise Watershed and Idaho Bird Observatory.
 - In partnership with Meridian Business Day, youth in the Meridian Club learned to set goals for the future and learned each month about various careers from local business leaders.
-
- Youth Participated in formal programs related to Character and Leadership Development, including:
 - Junior Staff: 201 unduplicated youth developed leadership skills through this program
 - Keystone & Torch Clubs: 108 unduplicated youth participated in Keystone and Torch Clubs. Meridian teens participated in at least one community service project each month.
 - 192 youth were recognized for exemplifying the Club's values of respect, responsibility and integrity through the Youth of the Month / Youth of the Year Program.
 - 130 Teens at the Garden City Clubhouse had the opportunity to develop relationships with the Garden City Police Department through programs like "Beat the Heat" sports

program, teen/police focus groups, annual teen river raft, and through an anti-drug and tobacco program in collaboration with Idaho Drug Free Youth.

- 1,700+ Youth participated in Healthy Lifestyles Programming:
 - 975 unduplicated youth participated in formal programs and activities in the Triple Play Program.
 - 1,222 unduplicated youth received free, healthy meals which were offered daily. Over the grant period, 200,000 meals and snacks were provided, including a dinner and snack after school, and breakfast, lunch and snack each day during the summer.
 - In partnership with the All Together Now Counselling, 123 targeted youth participated in one on one or weekly group counselling sessions , focused in building resiliency and social skills.
 - In partnership with the YMCA, 180 club youth received 10 weeks of swimming lessons.
 - 306 unduplicated youth participated in at least one session of Smart Moves!

Lewis Clark Valley

The Boys & Girls Clubs of the Lewis Clark Valley used the Youth Empowerment Program every day in the Lewiston and Lapwai Clubs, and even at our Clarkston, WA site. On a daily basis, we offered many diverse programs in each of our core program areas that fell into our three main outcome areas: Good Character and Citizenship, Academic Success, and Healthy Lifestyles. We offered a wide range of activities, including high-yield learning activities, homework help, computer activities, indoor and outdoor physical activities, cooking programs, fine arts, crafts, games room tournaments, and leadership clubs. We also offered many specialized programs for youth of all ages, including Smart Moves, Go On/Goals for Graduation, Money Matters, Power Hour, Fine Arts, Career Launch, Triple Play, Youth of the Year, Keystone Club, Torch Club, and Project Learn.

We ran Triple Play five days a week and provided fun, fresh activities every day for your youth. Because Triple Play focuses on the mind, body and soul, we implemented activities in multiple areas of the Club including the games room, gym, outside, and arts & crafts. We have a different theme for each day, some examples being Milemarker Monday, Tournament Tuesday, Water Wednesday (outside in the summer), Teamwork Thursday, Creative Cooking, etc. We change the themes up between the school year and summer, but the focus of Triple Play remains the same throughout all of our different activities. At the end of each month, every member who participated in Triple Play gets to be part of a Triple Play party! Our kids love the Triple Play activities and with the variety that we offer, we feel like we truly reach all members. This year we had 576 kids participate!

Between the two Clubs, we had 406 teen members participate in Smart Moves over the past year. Smart Moves was an optional program ran in our education center, where members could learn about living a healthy lifestyle and making positive choices in their lives. On multiple occasions, members would tell the staff about a time when they said "no" to peer pressure, educated their friends or family members on making smart life decisions, or handled a stressful situation with ease.

We also participated in the National Youth Outcomes Initiative again this year. Our Clubs had over 160 youth participate between the two Clubs this year! We included the Risky Behaviors component on our surveys for our teens, as well. We've been using our results to improve our Clubs and we report each month how we used our results specifically. We consider it a success every month to train our staff and focus on how we can better serve our members based on their survey results!

Overall, the Youth Empowerment Program has been very effective in our Clubs. By implementing Smart Moves as a Prevention Program, Triple Play as a healthy lifestyles component, running Youth Development Activities at all times, and using the NYOI survey as a guideline to how we're doing and what we need to improve on, we've stabilized a positive environment for our members and staff. Our kids are able to feel safe and continue learning when they're not at school, and they also learn how to make smart decisions to take with them when they're not at the Club. This program has served as an important component to our overall programming over the last year.

Magic Valley

Boys & Girls Clubs of Magic Valley has had an epic year of serving youth. Through Millennium Funds, we were able to impact over 3,000 youth who need us most. We had an average daily attendance of 327 kids through out Twin Falls and Buhl Clubs. We offered over 80 different interest bases summer camps providing 80 hours of summer brain gain to help prevent summer learning loss. Along with our summer programs, our afterschool programs provided power hour, literacy, civic engagement, positive action, health & fitness, music and the arts.

300 youth were recognized for community service. During National Boys & Girls Club week, each youth had the opportunity to participate in a community service project. We are currently serving 128 teens, with our Keystone Club and Torch Clubs reaching 58 teens and tweens. Our teens also participated in a service project in partnership with the Sawtooth National Forest Service. They were tasked with building fence. Along with this, they also visited 3 Idaho Universities and had the opportunity to learn more about college applications, fafsas and what colleges are looking for.

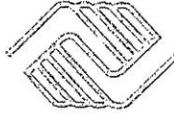
We are currently serving 2300 nutritious meals per week to kids that need us most.

448 kids participated in Triple Play-

All 5&6 year olds children (through partnership with our local YMCA), that attend the Club were offered 8 weeks of swimming lessons, we also partnered with our local high school to provide a baseball camp and football camps. Along with being physically active, we also held a cooking matters course which was a 6 week course teaching youth how to eat healthy on a budget. Kids were tasked with finding a recipe, creating a grocery list, shopping for the supplies and cooking the meal.

One of the highlights for our Club this year was having our local Youth of the Year, Cassidy Littleton, go on to compete at the National level in Washington DC. Cassidy worked extremely hard and is a true testament to what Clubs are providing for youth in our community. Cassidy has overcome many adversities and has found a "home" in the Club that she grew up in. She found caring staff that provided her opportunities, they provided her friendship and mentorship; they also provided her hope. Cassidy will go on to advocate for Clubs and youth. She is just one story of many, but we are very proud of her determination and perseverance.

Nampa



**BOYS & GIRLS CLUB
OF NAMPA**

**Boys & Girls Club of Idaho Alliance
Youth Empowerment Grant- Final Report**

Over the past grant cycle the Boys & Girls Club of Nampa was able to conduct a comprehensive, multi-faceted, Youth Empowerment Project. The Youth Empowerment Project was focused on building self-esteem, instilling good character, and healthy habits. Our goal with the Youth Empowerment Project was to reduce the likelihood of use of alcohol, tobacco and other drugs by youth ages 6 through 18. We are pleased to report that we were able to reach 220 youth ages 6-18 through our Youth Empowerment Program.

As the Boys & Girls Clubs are inherently preventative, in nature, by making sure kids are supervised during the most crucial after school hours, we utilized Millennium Funds to maximize our impact. Over the course of the past year, the Boys & Girls Club of Nampa ran several different programs including SMART Moves, Project Learn, Torch Club, Keystone, and Triple Play to reach our end goal of reducing the likely hood of alcohol, tobacco, and drug use in our 1300 annual members ages 6-18. Below are two highlighted programs that we ran in conjunction with the Youth Empowerment Project.

1. American Lung Association of the Northwest T.A.T.U (Teens Against Tobacco Use):

The Teens Against Tobacco Use (TATU) is a program that allows students ages 14-17 to mentor youngsters about the dangers of smoking. Research indicates that teens enjoy opportunities to positively influence their younger counterparts.

Consequently, this mentoring also serves to reinforce their decisions to remain smoke-free. Evidence suggests that peer-led programs such as TATU are more effective in reducing tobacco use among youth.

2. SMART Girls:

SMART Girls offers young women – ages 8 to 17 – guidance toward healthy attitudes and lifestyles, eating right, staying fit, getting good health care and more.

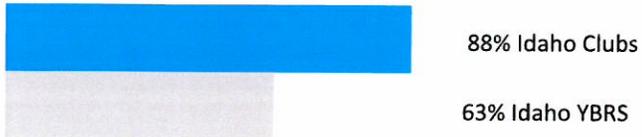
Encouraging young women to have healthy attitudes and lifestyles, SMART Girls helps them reach their full potential. Through dynamic sessions, group activities, field trips and mentoring opportunities with adult women, Club girls enjoy the opportunity to build skills for eating right, staying physically fit, abstaining from unhealthy decisions including tobacco use, and developing positive relationships.

The Millennium fund grant has allowed the Boys & Girls Club to focus part of our programming to address the important issue of resistance to drug and tobacco use. Idaho as a State ranks poorly in terms of teen tobacco use. With the Millennium Fund dollars, the Boys & Girls Club of Nampa is working to change this statistic.

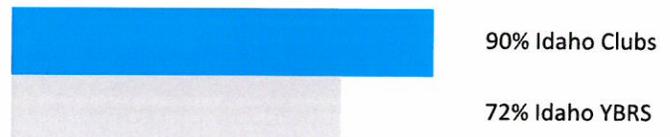
2017 Comparison

Idaho Boys & Girls Clubs/Idaho YBRS

Abstained from Sexual Activity



Abstained from Drinking



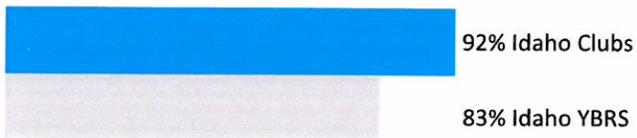
Abstained from Binge Drinking



Abstained from Marijuana Use



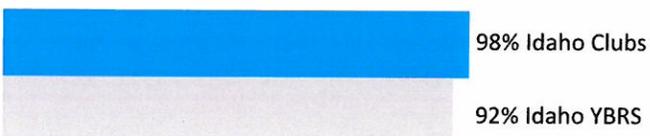
Abstained from Prescription Drugs



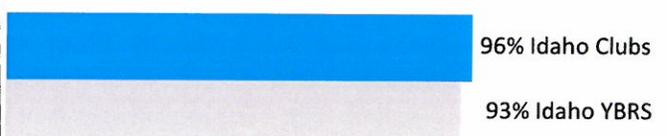
Abstained from Cigarette Smoking



Abstained from Cigars, Cigarillos, Ecig



Abstained from Inhalents



Boys & Girls Clubs of Idaho								
PERSONNEL COSTS	Request for Grant Award				ACTUAL EXPENDITURES			
	Millennium Fund	Other Fund Sources	Project Total	In-Kind Contributions	Millennium Fund	Other Fund Sources	Project Total	In-Kind Contributions
Organization Hired Staff								
Number of Staff	12.0	12.0	24.0		12.0	12.0	24.0	
Hours Worked	24,960.0	24,960.0	49,920.0		24,960.0	24,960.0	49,920.0	
Salaries	\$299,520.00	\$299,520.00	\$599,040.00		\$299,520.00	\$299,520.00	\$599,040.00	
Benefits	\$89,856.00	\$89,856.00	\$179,712.00		\$89,856.00	\$89,856.00	\$179,712.00	
Contract Hired Staff								
Number of Staff			0.0				0.0	
Hours Worked			0.0				0.0	
Salaries			\$0.00				\$0.00	
Benefits			\$0.00				\$0.00	
TOTAL PERSONNEL STAFF	12.0	12.0	24.0	0.0	12.0	12.0	24.0	0.0
TOTAL PERSONNEL HOURS	24,960.0	24,960.0	49,920.0	0.0	24,960.0	24,960.0	49,920.0	0.0
TOTAL PERSONNEL COSTS	\$389,376.00	\$389,376.00	\$778,752.00	\$0.00	\$389,376.00	\$389,376.00	\$778,752.00	\$0.00
OPERATING EXPENDITURES	Millennium Fund	Other Fund Sources	Project Total	In-Kind Contributions	Millennium Fund	Other Fund Sources	Project Total	In-Kind Contributions
Program Evaluation (not already counted)			\$0.00				\$0.00	
Travel	\$6,000.00	\$6,000.00	\$12,000.00		\$6,000.00	\$6,000.00	\$12,000.00	
Marketing			\$0.00				\$0.00	
Advertising			\$0.00				\$0.00	
Insurance			\$0.00				\$0.00	
Rent/Bldg. Lease			\$0.00				\$0.00	
Utilities			\$0.00				\$0.00	
Organization Overhead			\$0.00				\$0.00	
Lobbying Activities/ Organization Awareness			\$0.00				\$0.00	
Materials & Supplies	\$12,000.00	\$12,000.00	\$24,000.00		\$12,000.00	\$12,000.00	\$24,000.00	
Contracts (not already counted)	\$10,000.00	\$10,000.00	\$20,000.00		\$10,000.00	\$10,000.00	\$20,000.00	
Employee Development/Training	\$6,000.00	\$6,000.00	\$12,000.00		\$6,000.00	\$6,000.00	\$12,000.00	
Other*			\$0.00				\$0.00	

Boys & Girls Clubs of Idaho								
<i><Include a written description of all * Other: "other" costs.></i>								
TOTAL OPERATING EXPENDITURES	\$34,000.00	\$34,000.00	\$68,000.00	\$0.00	\$34,000.00	\$34,000.00	\$68,000.00	\$0.00
EQUIPMENT/CAPITAL OUTLAY COSTS	Millennium Fund	Other Fund Sources	Project Total	In-Kind Contributions	Millennium Fund	Other Fund Sources	Project Total	In-Kind Contributions
Computers			\$0.00				\$0.00	
Printers			\$0.00				\$0.00	
Projectors			\$0.00				\$0.00	
Furniture			\$0.00				\$0.00	
Software			\$0.00				\$0.00	
Other (routers, servers)			\$0.00				\$0.00	
TOTAL CAPITAL OUTLAY	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
TOTAL MILLENNIUM FUND REPORT COMPARISON	\$423,376.00	\$423,376.00	\$846,752.00	\$0.00	\$423,376.00	\$423,376.00	\$846,752.00	\$0.00

TRANSFERS TO OTHER ORGANIZATIONS/AGENCIES

- Organization Name** Boys & Girls Clubs of Ada County

Amount \$75,896

Purpose To support the cost of staff, training and supplies to serve a minimum of 550 youth in the Youth Empowerment Project. Includes \$7,000 for grant writing and grant administration

- Organization Name** Boys & Girls Clubs of Lewis Clark Valley

Amount \$71,896

Purpose To support the cost of staff, training and supplies to serve a minimum of 550 youth in the Youth Empowerment Project.

- Organization Name** Mountain Home AFB Boys & Girls Club

Amount \$68,896

Purpose To support the cost of staff, training and supplies to serve a minimum of 550 youth in the Youth Empowerment Project.

Boys & Girls Clubs of Idaho

Organization Name Boys & Girls Clubs of Magic Valley
Amount \$68,896
Purpose To support the cost of staff, training and supplies to serve a minimum of 550 youth in the Youth Empowerment Project.

Organization Name Boys & Girls Clubs of Kootenai County
Amount \$68,896
Purpose To support the cost of staff, training and supplies to serve a minimum of 550 youth in the Youth Empowerment Project.

Organization Name Boys & Girls Club of Nampa
Amount \$68,896
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