

Dear Senators ANDREASON, Coiner & Werk, and  
Representatives BLACK, Henderson & E. Smith:

The Legislative Services Office, Research and Legislation, has received the enclosed  
rules of the Bureau of Occupational Licenses/Idaho State Athletic Commission:

03.01.01 - Rules of the State Athletic Commission (Docket No. 03-0101-0801)

Pursuant to Section 67-454, Idaho Code, a meeting on the enclosed rules may be called by  
the cochairmen or by two (2) or more members of the subcommittee giving oral or written notice  
to Research and Legislation no later than fourteen (14) days after receipt of the rules' analysis  
from Legislative Services. The final date to call a meeting on the enclosed rules is no later than  
10-8-08. If a meeting is called, the subcommittee must hold the meeting within forty-two (42)  
days of receipt of the rules' analysis from Legislative Services. The final date to hold a meeting  
on the enclosed rules is 11-05-08.

\_\_\_\_\_The germane joint subcommittee may request a statement of economic impact with  
respect to a proposed rule by notifying Research and Legislation. There is no time limit on  
requesting this statement, and it may be requested whether or not a meeting on the proposed rule  
is called or after a meeting has been held.

To notify Research and Legislation, call 334-2475, or send a written request to the  
address or FAX number indicated on the memorandum enclosed.

## **MEMORANDUM**

TO: Rules Review Subcommittee of the Senate State Affairs Committee and the House State Affairs Committee

FROM: Katharine Gerrity, Principal Legislative Analyst

DATE: September 19, 2008

SUBJECT: Idaho State Athletic Commission

### **IDAPA 03.01.01 - Rules Of The State Athletic Commission (Docket #03-0101-0801)**

The Bureau of Occupational Licenses submits notice of proposed rule at IDAPA 03.01.01 - Rules Of The State Athletic Commission. According to the Bureau, the purpose of the rule is to set forth requirements relating to boxing and wrestling as well as outline safety provisions for combatants. Numerous new subsections have been added that provide various requirements for mixed martial arts. The Bureau states that negotiated rulemaking was not conducted but that the changes were discussed in an open meeting of the board.

We have no specific comments relating to this rule. The action appears to be authorized pursuant to Section 54-406, Idaho Code.

cc: Bureau of Occupational Licenses  
Cherie Simpson

**IDAPA 03 - STATE ATHLETIC COMMISSION**

**03.01.01 - RULES OF THE STATE ATHLETIC COMMISSION**

**DOCKET NO. 03-0101-0801**

**NOTICE OF RULEMAKING - PROPOSED RULE**

**AUTHORITY:** In compliance with Section 67-5221(1), Idaho Code, notice is hereby given that this agency has initiated proposed rulemaking procedures. The action is authorized pursuant to Section 54-416, Idaho Code.

**PUBLIC HEARING SCHEDULE:** Public hearing(s) concerning this rulemaking will be scheduled if requested in writing by twenty-five (25) persons, a political subdivision, or an agency, not later than October 15, 2008.

The hearing site(s) will be accessible to persons with disabilities. Requests for accommodation must be made not later than five (5) days prior to the hearing, to the agency address below.

**DESCRIPTIVE SUMMARY:** The following is a nontechnical explanation of the substance and purpose of the proposed rulemaking:

Changes to the rules are being made to set forth requirements for martial arts and mixed martial arts and to continue to outline standards for the safety of the combatants. The current rules pertain primarily to boxing and wrestling rather than martial arts and mixed martial arts.

**FEE SUMMARY:** The following is a specific description of the fee or charge imposed or increased:

No fees or charges are being imposed through this rulemaking.

**FISCAL IMPACT:** The following is a specific description, if applicable, of any negative fiscal impact on the state general fund greater than ten thousand dollars (\$10,000) during the fiscal year resulting from this rulemaking:

This rulemaking does not impact the general fund.

**NEGOTIATED RULEMAKING:** Pursuant to IDAPA 04.11.01.811, negotiated rulemaking was not conducted because the discussion was held in an open meeting of the board and the changes will increase safety of combatants.

**ASSISTANCE ON TECHNICAL QUESTIONS, SUBMISSION OF WRITTEN COMMENTS:** For assistance on technical questions concerning the proposed rule, contact Cherie Simpson at (208) 334-3233.

Anyone may submit written comments regarding this proposed rulemaking. All written comments must be directed to the undersigned and must be delivered on or before October 22, 2008.

DATED this 21st day of August, 2008.

Tana Cory  
Bureau Chief  
Bureau of Occupational Licenses  
1109 Main St. Ste. 220  
Boise, ID 83702  
Phone: (208) 334-3233  
Fax: (208) 334-3945

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**THE FOLLOWING IS THE TEXT OF DOCKET NO. 03-0101-0801**

**010. DEFINITIONS.**

- 01. Bureau.** The Bureau of Occupational Licenses, as prescribed in Section 67- 2602, Idaho Code. (3-26-08)
- 02. Champion.** A person who has been formally acknowledged supreme in a branch of athletics or game of skill and who is ready to contend with any qualified challenger. (3-3-94)
- 03. Combatant.** Any boxer, kickboxer, martial artist or wrestler who takes part as a competitor in an event under the jurisdiction of the commission. (3-26-08)
- 04. Commission.** The Idaho Athletic Commission created under Title 54, Chapter 4, Idaho Code, or designated agent. (3-26-08)
- 05. Commissioner.** The state athletic commissioner, as prescribed in Section 54-401, Idaho Code. (3-26-08)
- 06. Event.** Any contest, match, or exhibition of unarmed combat under the jurisdiction of the commission. (3-26-08)
- 07. Physician.** A ~~doctor of medicine~~ physician licensed by the Idaho Board of Medicine. (~~3-26-08~~)( )
- 08. Ring Official.** Ring officials include referees, judges, timekeepers and gloves. ( )
- 089. Stub.** That part of the ticket retained by a person entering the arena in which an event is held after the ticket has been collected. (3-26-08)
- 0910. Ticket.** That document issued by the promoter allowing a person's entrance and attendance at an event and may include that part of the ticket retained by the promoter documenting a person's entrance to an event. (3-26-08)
- 11. Mixed Martial Arts (MMA).** A full contact sport that allows a wide variety of unarmed combat techniques from a mixture of martial arts traditions to be used in competitions. ( )

**011. -- 099. (RESERVED).**

**100. LICENSING.**

- 01. Application for License.** An application for a license must be submitted to the Bureau on a form supplied by the Commission and be verified under oath by the applicant for each of the following: (3-26-08)
- a.** Professional ~~boxer~~ Combatant; (~~3-3-94~~)( )
- b.** ~~Professional wrestler~~; (~~3-3-94~~)
- eb.** Promoter; (3-3-94)
- dc.** Matchmaker; (3-3-94)
- ed.** Manager; (3-3-94)
- fe.** Second, including a trainer; or (~~3-3-94~~)( )
- gf.** ~~Referee~~ Ring Official; (~~3-3-94~~)( )

- ~~h.~~ *Judge; or* (3-26-08)  
~~i.~~ *Timekeeper.* (3-26-08)

**02. Complete Applications.** All applications ~~shall~~ must be made on a form provided by the Bureau and must be complete and include the required fee and any supporting documentation required before they will be considered by the commission. (3-26-08)(\_\_\_\_)

**(BREAK IN CONTINUITY OF SECTIONS)**

**103. PHYSICAL EXAMINATION OF COMBATANT.**

**01. Examination by Physician.** Any combatant who has applied for a license or a renewal of his license must be examined by a physician. The physician ~~shall~~ will establish the combatant's physical and mental fitness for competition. (3-26-08)(\_\_\_\_)

**02. Additional Examination.** Any combatant licensed by the Commission who participates in a contest outside of the state of Idaho may be required to take this examination again before being allowed to compete in Idaho. (3-26-08)

**03. Drug Abuse.** The Commission will not issue a license to an athlete who has a recent history of drug abuse, without proof of participation in a recognized drug rehabilitation program and/or submission to urinalysis. (3-3-94)

**04. Blood Testing.** The Commission will not issue a license to an athlete who has tested positive for the HIV virus, ~~Hepatitis B Surface Antigen and Hepatitis C Antibody~~, or illegal drugs or other substances. A current test report must accompany the license application. (3-26-08)(\_\_\_\_)

**(BREAK IN CONTINUITY OF SECTIONS)**

**105. HONORING ACTIONS OF REGULATORY AGENCIES IN OTHER JURISDICTIONS.**

The Commission may honor the following actions of agencies in other jurisdictions which regulate boxing, wrestling, ~~or martial arts, or combination thereof~~: (3-26-08)(\_\_\_\_)

- 01. Suspension.** A suspension of a combatant ordered for: (3-26-08)
- a.** Medical safety; (3-3-94)
  - b.** A violation of a law or rule governing boxing, wrestling, ~~or martial arts, or combination thereof~~ which also exists in this state; or (3-26-08)(\_\_\_\_)
  - c.** Any other conduct which discredits boxing, wrestling, ~~or martial arts, or combination thereof~~ as determined by the Commission. (3-26-08)(\_\_\_\_)

**106. TIME BETWEEN CONTESTS.**

In no case may a combatant (excluding wrestlers) participate in more than one (1) contest or exhibition in any twenty-four (24) hour period. Without the special permission of the Commission, a combatant may not compete in this state unless: (3-26-08)(\_\_\_\_)

**01. Four Days.** Four (4) days have elapsed since the combatant's last contest if the contest lasted not more than four (4) rounds. (3-26-08)

**02. Seven Days.** Seven (7) days have elapsed since the combatant's last contest if the contest lasted five (5) or six (6) rounds. (3-26-08)

**03. Fourteen Days.** Fourteen (14) days have elapsed since the combatant's last contest if the contest lasted seven (7) or eight (8) rounds. (3-26-08)

**04. Twenty-One Days.** Twenty-one (21) days have elapsed since the combatant's last contest if the contest lasted nine (9) or ten (10) rounds. (3-26-08)

**05. Forty-Five Days.** Forty-five (45) days have elapsed since the combatant's last contest if the contest lasted eleven (11) or twelve (12) rounds. (3-26-08)

~~**06. Sixty Days.** Sixty (60) days have elapsed since the combatant's last contest if the contest lasted thirteen (13), fourteen (14), or fifteen (15) rounds. (3-26-08)~~

**107. FEMALE COMBATANTS.**

**01. Qualifications.** A female combatant must be qualified to perform as a combatant before she enters a contest. (3-26-08)

**02. Limitation.** A female combatant ~~shall~~ will not engage in a contest with a male combatant. ~~(3-26-08)~~(\_\_\_\_)

**03. General Requirements.** In addition to meeting such requirements of this chapter as are applicable to combatants generally, a female ~~shall~~ must: (3-26-08)

**a.** Submit to pregnancy test within fourteen (14) days of the contest. (\_\_\_\_)

~~**b.**~~ Use a mouthpiece specially designed for her mouth; (3-3-94)

~~**c.**~~ Wear ten (10) ounce gloves in a boxing contest; (3-26-08)

~~**d.**~~ Wear a breast protector as a binder; (3-3-94)

~~**e.**~~ Have her hair secured in a manner that does not interfere with the vision or safety of either combatant; and (3-26-08)

~~**f.**~~ For each contest in which she competes, have two (2) uniforms in contrasting colors, each uniform consisting of a body shirt, blouse, and shorts. (3-3-94)

**04. Addendum Requirement.** A female combatant ~~shall~~ must, in addition to signing the contract, sign an addendum certifying that the combatant is not pregnant and that the contest will not take place during a menstrual period. ~~(3-26-08)~~(\_\_\_\_)

**05. Limitation on Contest.** A contest between female combatants must be limited to ten (10) rounds of two (2) minutes duration. (3-26-08)

**06. Separate Dressing Rooms.** The promoters of a contest between female combatants ~~shall~~ must provide them with adequate separate dressing rooms. ~~(3-26-08)~~(\_\_\_\_)

**07. Annual Physical Examination.** The annual physical examination of a female combatant ~~shall~~ must include an examination of the pelvis. Before each contest, the examining physician ~~shall~~ must make an abdominal examination and ~~shall~~ must examine the breasts and note any masses. ~~(3-26-08)~~(\_\_\_\_)

**(BREAK IN CONTINUITY OF SECTIONS)**

**109. CRITERIA FOR APPROVAL OF SANCTIONING PERMITS.**

**01. Final Authority.** The Commission is the final authority on all sanctioning organizations for amateur events. Any organization representing itself as a sanctioning body must meet the following requirements: ( )

**a.** All events must be conducted in accordance with the sanctioning bodies' rules as approved by the Commission; ( )

**b.** All officials must meet the training and certification requirements set by the Commission; ( )

**c.** The sanctioning body must provide evidence of sufficient liability insurance for the officials; ( )

**d.** The sanctioning body must not let the event proceed unless proof of medical insurance for combatants is provided, an ambulance and EMT's are present and on site at all times, and a Commission approved physician or physicians, as determined by Commission regulations, is onsite and ringside; ( )

**e.** The sanctioning body cannot have any direct or indirect financial interest in the fighters or the promotion; ( )

**f.** The sanctioning body must agree that the combatants are not to receive any type of purse payment, or compensation except as approved by the Commission; ( )

**g.** The sanctioning body must oversee the weigh-ins, the hand wrapping, and glove placement after inspecting the gloves as required by the sanctioning bodies' rules as approved by the Commission; and ( )

**h.** The sanctioning body must inspect and approve the contest area prior to the start of the contests. ( )

**02. Violations.** Any violation of these requirements may result in actions by the Commission to remove the organization as a recognized sanctioning body with respect to amateur events. ( )

**10910. MANAGER ACTING AS SECOND.**

A manager licensed by the Commission may act as a second without having a second's license. (3-3-94)

**11011. REQUIREMENTS FOR LICENSE AS ~~REFEREE, JUDGE, TIMEKEEPER, OR GLOVER~~ RING OFFICIAL.**

**01. Qualifications.** To qualify for a license as a ~~glover, referee, judge, or timekeeper~~ ring official of ~~boxing~~ contests, an applicant must: (3-26-08)( )

**a.** Be at least twenty-one (21) years of age; (3-3-94)

**b.** Have no record of conviction of a felony or other crime involving moral turpitude unless approved by the commission; (3-26-08)

**c.** Have had at least one (1) year experience in either amateur or professional ~~boxing contest~~ as a ~~glover, referee, judge, or timekeeper, whichever is appropriate~~ ring official; (3-26-08)( )

**d.** Submit verifications from three (3) persons of his proficiency as a ~~glover, referee, judge, or timekeeper, whichever is appropriate~~ ring official; and (3-26-08)( )

**e.** Provide proof that the applicant meets the other requirements of the commission law and rules. (3-26-08)

**02. Equivalent Qualifications.** In lieu of the examination and internship, the Commission may accept satisfactory evidence of equivalent qualifications possessed by an applicant who: (3-3-94)

- a. Is currently licensed in another state or country; or (3-3-94)
- b. Formerly held an Idaho license which lapsed in good standing. (3-26-08)

**03. Other Functions.** A person holding a current Idaho license or who formerly held an Idaho license which lapsed in good standing may be licensed by the Commission without examination or internship to perform an officiating function other than that for which he is or was licensed if the Commission determines that he is qualified to perform that function. (3-3-94)

**04. Ring Officials Determination.** The Commission will determine when additional ring officials are needed and when licensing examinations for ring officials will be conducted. (3-3-94)

**05. Validity of Licenses.** Each license issued by the commission ~~shall be~~ is annually renewable in accordance with Section 67-2614, Idaho Code. The renewal of a license is not automatic. The applicant's past performance and abilities may be considered in evaluating an application for renewal. (~~3-26-08~~)(\_\_\_\_)

**1142. REQUIREMENTS FOR RINGSIDE PHYSICIAN.**

**01. Board of Medicine.** Ringside physicians ~~shall~~ must be currently licensed by the Idaho Board of Medicine. (~~3-3-94~~)(\_\_\_\_)

**02. Cardiopulmonary Resuscitation.** A ringside physician must be certified to perform cardiopulmonary resuscitation. (3-26-08)

**1123. APPLICANTS, LICENSEES, AND OFFICIALS.**

Any ring official, any person licensed by the Commission and any applicant for a license must submit to the Commission any forms, records, and statements at the times and manner as directed by the Commission. (3-3-94)

**1134. GROUNDS FOR DENIAL OR REVOCATION OF LICENSE.**

The Commission may deny an application or suspend or revoke a license or take such other disciplinary action deemed appropriate if it finds that the applicant or licensee or any partner, officer, director, stockholder, or employee of the applicant or licensee has: (3-26-08)

**01. Subject to Discipline.** Performed any act which constitutes a violation of the laws or rules of the commission. (3-26-08)

**02. Specific Conduct.** (3-26-08)

- a. Has been convicted of a felony; (3-3-94)
- b. Engages in illegal bookmaking; (3-3-94)
- c. Engages in any illegal gambling activity; (3-3-94)
- d. Engages in any fraud or misrepresentation in the application process; (3-26-08)
- e. Has a recent history of drug abuse or fails a drug test or refuses to submit to a drug test; (3-26-08)
- f. Is under suspension from any other commission; or (3-3-94)

**g.** Is engaged in any activity or practice which is detrimental to the best interests of a contest regulated by the commission. (3-26-08)

**1145. -- 149. (RESERVED).**



**(BREAK IN CONTINUITY OF SECTIONS)**

**301. APPROVAL OF EVENTS.**

**01. Prior Approval.** No contest ~~shall~~ will be held without the prior approval of the Commission. A promoter must submit a completed application for a sanctioning permit to hold an event on a specific date, and a permit be issued by the commission before the event may be announced or advertised. Application ~~shall~~ must be made on a form provided by the Bureau. (3-26-08)(    )

**02. Deadline.** A complete application for a sanctioning permit together with ~~all requested supporting documentation~~ application fees, applicable bond amount, proof of insurance, and information regarding the combatants named in the main and semi-main contest must be received by the commission no less than thirty (30) days prior to the date requested for the event named in the application. Combatants named in contests may be changed at the discretion of the commission. (3-26-08)(    )

**03. Cancellation.** The failure of the promoter to notify the Commission of a cancellation at least seven (7) calendar days before the date for the program will result in the forfeiture of all fees and ~~shall~~ will be grounds for disciplinary action. (3-26-08)(    )

**(BREAK IN CONTINUITY OF SECTIONS)**

**304. ARRANGEMENT OF ~~MATCH~~ CONTEST FOR PROMOTER.**

A ~~boxing or wrestling match~~ contest may not be arranged on behalf of any promoter except by a licensed matchmaker. (3-3-94)(    )

**(BREAK IN CONTINUITY OF SECTIONS)**

**307. CERTAIN PERSONS RETAINED MUST HAVE LICENSES.**

No person ~~shall~~ will be retained for any of the following positions unless currently licensed by the Commission: (3-26-08)(    )

- ~~01.~~ **Referee.** (3-3-94)
- ~~02.~~ **Second.** (3-3-94)
- ~~03.~~ **Timekeeper.** (3-3-94)
- ~~04.~~ **Combatant.** (3-26-08)
- ~~05.~~ **Glover.** (3-26-08)
- ~~06.~~ **Matchmaker.** (3-3-94)
- ~~07.~~ **Judge.** (3-3-94)
- 04. Ring Official.** (    )

**308. OFFICIALS OF ~~BOXING OR WRESTLING MATCHES~~ EVENTS.**

**01. Officials Described.** The officials of ~~boxing and wrestling matches~~ events are the referee, judges, timekeeper, physician, and the Commission's agents. (3-26-08)(\_\_\_\_)

**02. Commission Involvement.** All the officials ~~shall~~ must be approved and assigned by the Commission. The promoter may select the announcer, subject to the Commission's approval. (3-26-08)(\_\_\_\_)

**(BREAK IN CONTINUITY OF SECTIONS)**

**314. MAIN AND SEMI-MAIN ~~BOXING~~ EVENTS.**

This section applies to the main and semi-main events ~~in a program of boxing~~. (3-3-94)(\_\_\_\_)

**01. Notice.** The promoter ~~shall~~ must request Commission approval of any change in an announced or advertised program for the main and semi-main events ~~in a program of boxing~~ at least one (1) week before the event. Notice of any change or substitution must also be conspicuously posted at the box office of the premises where the program is to be held and announced from the ring before the opening contest. (3-26-08)(\_\_\_\_)

**02. Refunds.** If such change occurs and any patron desires a refund of the ticket price, the promoter must provide a refund upon presentation of the ticket or the ticket stub at the box office before the event is scheduled to begin. The box office must remain open a reasonable length of time to redeem such tickets. (3-26-08)

**03. Substitutions.** A combatant may not substitute for another combatant in a contest which is the main and semi-main events ~~in a program of boxing~~ unless the Commission approves the substitution. (3-26-08)(\_\_\_\_)

**(BREAK IN CONTINUITY OF SECTIONS)**

**316. SOLICITATION IN THE ARENA.**

A person may not solicit in any arena ~~for boxing or wrestling~~ without the written permission of the Commission. (3-3-94)(\_\_\_\_)

**317. CONTAINERS.**

All drinks at ~~a boxing or wrestling program~~ an event must be dispensed in paper or plastic cups. (3-3-94)(\_\_\_\_)

**318. -- 399. (RESERVED).**

**400. ADMISSION FEE AT QUARTERS WHERE ~~BOXER~~ COMBATANT TRAINS.**

**01. Fee.** An admission fee may not be charged to enter the quarters where a ~~boxer~~ combatant is training unless the Commission has authorized the charging of admission. Where such an admission fee is charged, the Commission will consider the charge to be for the privilege of seeing an exhibition ~~of boxing~~. (3-3-94)(\_\_\_\_)

**02. State Fee.** The state fee on those gross receipts, exclusive of any federal taxes paid thereon, must be sent to the Commission with the report. (3-3-94)

**(BREAK IN CONTINUITY OF SECTIONS)**

**503. BOXING GLOVES.**

The gloves used in a boxing contest must meet the following requirements: (3-3-94)

**01. General.** The gloves must be examined by the Commission and the referee. If padding in any of the

gloves is found to be misplaced or lumpy or if any of the gloves are found to be imperfect, they must be changed before the contest starts. No breaking, roughing or twisting of gloves is permitted. (3-26-08)

**02. Glove Specifications.** The gloves for every main event must be new, of the same brand for both combatants, furnished by the promoter, and of the size specified by the Commission. (3-26-08)

**03. Sanitary.** If gloves to be used in preliminary contests have been used before, they must be whole, clean and in sanitary condition. The gloves are subject to inspection by the referee or the Commission. If found to be unfit, they must be immediately discarded and replaced with gloves meeting the requirements of this section. (3-26-08)

**04. Extra Set.** Each promoter must have an extra set of gloves of the appropriate weight available at the glove table to be used in case gloves are broken or otherwise damaged during the course of a contest. (3-26-08)

**05. Weight of Gloves.** Each combatant must wear gloves ~~which weigh~~ that are not less than eight (8) ounces and not more than ten (10) ounces in weight except that the Commission will set the weight of gloves to be used in a championship fight. Eight (8) ounce gloves ~~shall~~ must be used for all weight classes through Middleweight welterweight (one hundred forty-seven (147) lbs). Super ~~middleweight~~ welterweight (above one hundred forty-seven (147) lbs) and above ~~shall~~ must use ten (10) ounce gloves. (3-26-08)( )

**06. Distal Portion.** All gloves must have the distal portion of the thumb attached to the body of the glove so as to minimize the possibility of injury to an opponent's eye. (3-3-94)

**(BREAK IN CONTINUITY OF SECTIONS)**

**602. WEIGH-IN, EXAMINATION OF ~~BOXER~~ COMBATANT MAY BE ORDERED BY THE COMMISSION.**

Any ~~boxer~~ combatant who has signed a contract to box on a promoter's program is subject to an order by the Commission to appear at any time to be weighed or examined by any physician designated by whom the Commission ~~may designate~~. (3-3-94)( )

**603. ADVANCE APPEARANCE OF ~~BOXERS~~ COMBATANT SCHEDULED TO FIGHT IN MAIN EVENT.**

**01. When to Appear.** Each ~~boxer~~ combatant who is scheduled to fight in a main event, except a ~~boxer~~ combatant in a regularly scheduled weekly ~~bout~~ contest, must be present in any place specified by the promoter at least three (3) days before the scheduled day of the ~~bout~~ contest for the purpose of training, publicity, and whatever other purpose the promoter may desire, unless the ~~boxer~~ combatant has the Commission's express written approval to be absent. (7-1-93)( )

**02. Expenses.** Unless otherwise provided for in the contract, the ~~boxer's~~ combatant's expenses for this purpose must be borne by the promoter. If a boxer fails to comply with this requirement, the promoter, subject to approval of the Commission, may deduct ten percent (10%) of the offending ~~boxer's~~ combatant's purse. (7-1-93)( )

**604. WEIGHING IN OF COMBATANTS.**

**01. Attendees and Scales Used at Weigh-In.** Each combatant must be weighed in the presence of the public, the other combatant, the Commission and an official representing the promoter, on scales approved by the Commission at any place designated by the Commission. (3-26-08)

**02. Attire.** The ~~boxer~~ combatant must have all weights stripped from his body before he is weighed in, but he may wear shorts. (3-3-94)( )

**03. Attendance by Media.** Representatives of newspapers and the electronic news media who provide official identification as such ~~shall will~~ be admitted to each official weighing in of a combatant. ~~(3-26-08)~~(\_\_\_\_)

**04. Security.** The owner or operator of the premises in which the weighing in is held ~~shall must~~ provide adequate security for the combatant and other persons who are present. ~~(3-26-08)~~(\_\_\_\_)

**(BREAK IN CONTINUITY OF SECTIONS)**

**606. PHYSICAL AND EYE EXAMINATION OF COMBATANTS ~~AT TIME OF WEIGH IN.~~**  
A physician designated by the Commission ~~shall must~~ give each combatant a thorough physical and eye examination at the time of his weigh-in or not less than two (2) hours before the contest. ~~(3-26-08)~~(\_\_\_\_)

**(BREAK IN CONTINUITY OF SECTIONS)**

**608. PHYSICIAN'S DETERMINATION OF FITNESS OF COMBATANTS AND REFEREE; CERTIFICATION; REPORT.**

**01. Determination of Physician.** The physician who examines any combatant or referee who has contracted to participate in an ~~boxing program shall event will~~ determine that a combatant or referee ~~shall will~~ not participate in the ~~program event~~ and ~~shall must~~ immediately report such finding to the promoter and the Commission if: ~~(3-26-08)~~(\_\_\_\_)

a. The combatant is unfit for competition; or (3-26-08)

b. The referee is unfit for officiating. (3-3-94)

**02. Written Certification.** If the examining physician finds that the combatants and referees are in good physical condition, the physician ~~shall must~~, one (1) hour before the start of the ~~boxing program event~~, give written certification of those findings to the Commission. ~~(3-26-08)~~(\_\_\_\_)

**03. Physician's Written Report.** Within twenty-four (24) hours after the ~~program event~~ ends, the physician ~~shall must~~ mail or deliver to the Commission his written report on every licensee he examined. The report must be on a form furnished by the Commission. ~~(3-3-94)~~(\_\_\_\_)

**609. ~~BOXER'S~~ COMBATANT'S REPORT OF OWN ILLNESS OR INJURY; EXAMINATION; FEE.**

**01. ~~Boxer's~~ Combatant's Report of Non-Participation to Commission.** When a licensed ~~boxer~~ combatant is unable to take part in a contest for which he is under contract because of injury or illness, he ~~shall must~~ immediately report the fact to the Commission and ~~shall must~~ submit to an examination by a physician designated by the Commission. ~~(3-3-94)~~(\_\_\_\_)

**02. Payment of Fees to Physician.** The fee for the physician's examination must be paid by the promoter if he has requested the examination, otherwise the fee must be paid by the ~~boxer~~ combatant. ~~(3-3-94)~~(\_\_\_\_)

**(BREAK IN CONTINUITY OF SECTIONS)**

**705. INTRODUCTION FROM RING.**  
Only a combatant or person officially identified with ~~boxing or wrestling~~ the contest may be introduced from the ring at an event, except with specific authority to do so from the Commission. ~~(3-26-08)~~(\_\_\_\_)

**(BREAK IN CONTINUITY OF SECTIONS)**

**708. CONTINUOUS PRESENCE OF PHYSICIAN AT RINGSIDE.**

**01. Presence of Physician at Ringside.** The physician designated by the Commission ~~shall~~ must sit at the immediate ringside at every ~~boxing and wrestling bout event~~. A ~~bout contest~~ may not proceed unless the physician is in his seat at ringside. The physician ~~shall~~ must not leave until released by the Commission. He ~~shall~~ must be prepared to assist if any serious emergency arises and ~~shall~~ must render temporary or emergency treatments for cuts and minor injuries sustained by the ~~contestants~~ combatants. (3-3-94)(\_\_\_\_)

**02. Injury to Boxer During Round.** ~~Where~~ When a ~~boxer~~ combatant appears to have been injured during the course of a round, his manager or second ~~shall~~ must not attempt to render aid to him before the physician has had an opportunity to examine him. (3-3-94)(\_\_\_\_)

**709. WARNING BEFORE START OF ROUND.**

Ten (10) seconds before the beginning of each round the timekeeper ~~shall~~ will give warning to the seconds of the ~~contestants~~ combatants by blowing a whistle. (3-3-94)(\_\_\_\_)

**(BREAK IN CONTINUITY OF SECTIONS)**

**713. UNFAIR PRACTICES; DUTIES OF REFEREES.**

**01. Enforcing the Rules.** A referee is responsible for enforcing the rules of the contest. He ~~shall~~ must not permit unfair practices that may cause injury to a ~~contestant~~ combatant. (3-3-94)(\_\_\_\_)

**02. Warnings.** The referees ~~shall~~ must warn the ~~boxers~~ combatants whenever they are committing fouls. (3-3-94)(\_\_\_\_)

**03. Deducting Points.** If a ~~boxer~~ combatant persists in committing fouls after he has been warned, the referee ~~shall~~ will deduct points from him or disqualify him. (3-3-94)(\_\_\_\_)

**(BREAK IN CONTINUITY OF SECTIONS)**

**715. FOULS -- DISQUALIFICATION OF COMBATANT AND WITHHOLDING OF PURSE.**

Any combatant guilty of a foul in a ~~boxing~~ contest may be disqualified by the referee and the participant's purse ordered withheld by the Commission. Disposition of the purse and the penalty to be imposed upon the combatant will be determined by the Commission. (3-26-08)(\_\_\_\_)

**716. ACCIDENTAL FOULING.**

**01. Accidental Foul.** If a contest is stopped because of an accidental foul, the referee ~~shall~~ will determine whether the combatant who has been fouled can continue or not. If the combatant's chance of winning has not been seriously jeopardized as a result of a foul, the referee may order the contest continued after a reasonable interval. Before the contest begins again, the referee ~~shall~~ must inform the Commission of his determination that the foul was accidental. (3-26-08)(\_\_\_\_)

**02. Contest Stopped Due to Accidental Foul.** If the referee determines that the contest may not continue because of an injury suffered as the result of an accidental foul, the bout must be declared a draw if the foul occurs during one-half (1/2) of the total scheduled rounds. (3-26-08)

~~03. **Combatant Unable to Finish Bout.** If an accidental foul renders a combatant unable to continue the bout after the third round, the outcome must be determined by scoring the completed rounds and the round during which the referee stops the contest. (3-26-08)~~

**043. Contest Stopped by Referee.** If an injury inflicted by an accidental foul later becomes aggravated by fair blows and the referee orders the contest stopped because of the injury, the outcome must be determined by scoring the completed rounds and the round during which the referee stops the contest. (3-26-08)

**717. STOPPING OF CONTEST -- INJURY TO ~~BOXER~~ COMBATANT.**

The referee, in consultation with the ring physician designated by the Commission, *shall will* determine whether a contest should be stopped because of an injury to a ~~boxer~~ combatant. (7-1-93)( )

**718. STOPPING OF CONTEST -- ONE-SIDED CONTEST; RISK OF INJURY; EXAMINATION BY PHYSICIAN.**

**01. One-Sided Contested.** The referee may stop a contest at any stage if he considers it too one-sided or if either ~~contestant~~ combatant is in such a condition that to continue might subject him to serious injury. (3-3-94)( )

**02. Risk of Injury and Examination by Physician.** If a ~~boxer~~ combatant sustains any injury which the referee believes may incapacitate him, the referee *shall must* call the physician into the ring to examine the ~~boxer or wrestler~~ combatant. The physician *shall must* give his opinion to the referee before the referee renders his decision in the matter. (3-3-94)( )

**719. STOPPING THE CONTEST -- ~~CONTESTANT~~ COMBATANT NOT HONESTLY COMPETING.**

If the referee decides that a ~~contestant~~ combatant is not honestly competing, he may stop the ~~bout~~ contest before its scheduled completion, disqualify the ~~contestant~~ combatant and recommend the purse of that ~~contestant~~ combatant be held pending investigation by the Commission. The announcer *shall will* then inform the audience that no decision has been rendered. (3-3-94)( )

**720. FAILURE OF ~~CONTESTANT~~ COMBATANT TO RESUME ~~BOXING~~.**

A ~~contestant~~ combatant *shall must* not leave the ring during any one (1) minute rest period between rounds. If any ~~contestant~~ combatant fails or refuses to resume ~~boxing~~ the contest when the bell sounds signaling the commencement of the next round, the referee *shall will* award a decision of technical knockout to his opponent as of the round which has last been finished, unless the circumstances indicate to the referee the need for investigation or punitive action, in which event the referee *shall will* not give a decision and *shall will* recommend the purse or purses of either or both ~~boxers~~ combatants to be withheld. (3-3-94)( )

**(BREAK IN CONTINUITY OF SECTIONS)**

**722. KNOCKDOWN OF COMBATANT; PROCEDURE FOR COUNTING.**

**01. Knockdown.** When a combatant is knocked down, the referee *shall will* order the opponent to retire to the farthest neutral corner of the ring, pointing to the corner, and immediately begin the count over the combatant who is down. The referee *shall must* audibly announce the passing of the seconds, accompanying the count with motions of his arm, the downward motion indication the end of each second. (3-26-08)( )

**02. Timekeeper.** The timekeeper, by effective signaling, *shall will* give the referee the correct one (1) second interval for his count. The referee's count is the official count. Once the referee picks up the count from the timekeeper, the timekeeper *shall will* cease counting. No combatant who is knocked down may be allowed to resume boxing until the referee has finished counting to eight (8). The combatant may take the count either on the floor or standing. (3-26-08)( )

**03. Failure of Opponent to Stay in Farthest Neutral Corner.** If the opponent fails to stay in the farthest neutral corner, the referee ~~shall will~~ cease counting until he has returned to his corner and ~~shall will~~ then go on with the count from the point at which it was interrupted. If the combatant who is down arises during the count, the referee may step between the combatants long enough to assure himself that the combatant just arisen is in condition to continue. If so assured, he ~~shall will~~, without loss of time, order both combatants to go on with the contest. During the intervention by the referee the striking of a blow by either combatant may be ruled a foul. (3-26-08)(\_\_\_\_)

**04. Knock-Out.** When a combatant is knocked out, the referee ~~shall must~~ perform a full ten (10) second count unless, in the judgment of the referee, the safety for the combatant would be jeopardized by such a count. If the combatant who is knocked down is still down when the referee calls the count of ten (10), the referee ~~shall must~~ wave both arms to indicate that he had been knocked out and ~~shall must~~ raise the hand of the opponent as the winner. (3-26-08)(\_\_\_\_)

**05. Both Combatants Down.** If both combatants go down at the same time, the count ~~shall must~~ be continued as long as one (1) is still down. If both combatants remain down until the count of ten (10), the contest must be stopped and the decision is a technical draw. (3-26-08)(\_\_\_\_)

**06. Combatants Down -- Referee Counting.** ~~If a combatant is down and the referee is in the course of counting at the end of: as a result of a legal blow at or near the end of a round, the ring official must continue the count. The combatant cannot be saved by the bell.~~ (3-26-08)(\_\_\_\_)

~~**a-** A round other than the final round, the bell indicating the end of the round must not be sounded, but the bell must be sounded as soon as the downed combatant regains his feet. (3-26-08)~~

~~**b-** The final round, the bell must be sounded indicating the end of the round and contest. (3-3-94)~~

~~**07. Combatant Down -- Round Terminates.** When a combatant has been knocked down before the normal termination of a round and the round terminates before he has arisen from the floor of the ring: (3-26-08)~~

~~**a-** If the round is other than the final round, the referee's count must be continued. If the combatant who is down fails to arise before the count of ten (10), he is considered to have lost the contest by a knockout in the round that was just concluded. (3-26-08)~~

~~**b-** If the round is the final round, the referee's count must be continued upon the sound of the bell terminating the round. (3-3-94)~~

~~**086. Knockdown After Bell Has Sounded.** If a legal blow struck in the final seconds of a round causes a combatant to go down after the bell has sounded, that knockdown must be regarded as having occurred during the round just ended and the appropriate count must continue into the rest period following the bell. (3-26-08)~~

~~**087. Knockdown After Bell Has Sounded.** If a legal blow struck in the final seconds of a round causes a combatant to go down after the bell has sounded, that knockdown must be regarded as having occurred during the round just ended and the appropriate count must continue into the rest period following the bell. (3-26-08)~~

~~**098. Three Knockdowns in Same Round.** Any combatant who is knocked down three (3) times in the same round automatically loses the contest by technical knockout. The Commission may, by prior directive, waive the provisions of this subsection. There is no three (3) knockdown limit. (3-26-08)(\_\_\_\_)~~

**(BREAK IN CONTINUITY OF SECTIONS)**

**724. ADJUDICATION OF TECHNICAL KNOCKOUT.**

**01. Contest Termination.** It must be adjudged a technical knockout to the credit of the winner if a contest is terminated because a ~~contestant~~ combatant is: (3-3-94)(3-3-94)

- a.** *Knocked down three (3) times in the same round;* (3-3-94)
- ba.** Unable to continue; (3-3-94)
- eb.** Not honestly competing; (3-3-94)
- dc.** Injured; or (3-3-94)
- ed.** Disqualified. (3-3-94)
- 02. Win by Other Than Full Count.** A contest which is won by other than a full count of ten (10) or the scoring of the judges must be adjudged a technical knockout to the credit of the winner. (3-3-94)

**(BREAK IN CONTINUITY OF SECTIONS)**

**726. WHEN ~~BOXER~~ COMBATANT FALLS FROM RING DURING ROUND.**

- 01. ~~Contestant~~ Combatant Knocked or Falls from Ring Platform.** A ~~contestant~~ combatant who has been knocked or has fallen through the ropes and over the edge of the ring platform during the contest may be helped back by anyone except his seconds or manager, and the referee may allow a reasonable amount of time for the ~~contestant~~ combatant to return to the ring. If the ~~contestant~~ combatant is on the ring platform outside the ropes, he must enter the ring immediately where he may resume the contest or take a count. The referee ~~shall~~ must start the count as soon as the ~~contestant~~ combatant who had fallen is back in the ring. (3-3-94)( )
- 02. Stalling Outside Ropes.** If the ~~contestant~~ combatant stalls for time outside the ropes, the referee ~~shall~~ must start the count without waiting for him to reenter the ring. (3-3-94)( )
- 03. ~~Boxer~~ Combatant to Neutral Corner.** When one (1) ~~boxer~~ combatant has fallen through the ropes, the other ~~boxer~~ ~~shall~~ combatant must retire to the farthest corner and stay there until ordered to continue the contest by the referee. (3-3-94)( )
- 04. Penalty.** A ~~contestant~~ combatant who deliberately wrestles or throws an opponent from the ring, or who hits when he is partly out of the ring and is prevented by the ropes from assuming a position of defense, may be penalized. (3-3-94)( )

**(BREAK IN CONTINUITY OF SECTIONS)**

**729. CHANGE OF DECISION IN ~~BOXING~~ CONTEST.**

- The Commission will not change a decision rendered at the end of any boxing contest unless: (3-3-94)( )
- 01. Collusion.** The Commission determines that there was collusion affecting the result of the contest; (3-3-94)
- 02. Error in Scoring.** The compilation of scorecards of the judges discloses an error which shows that the decision was given to the wrong boxer; or (3-3-94)
- 03. Error in Interpretation of Rules.** As a result of an error in interpreting a provision of this chapter, the referee has rendered an incorrect decision. (3-3-94)
- 04. Failure of Drug Test.** The Commission determines that there was a violation of Section 900. ( )



**(BREAK IN CONTINUITY OF SECTIONS)**

**731. MARTIAL ARTS AND MIXED MARTIAL ARTS (MMA).**

**01. ~~Martial Arts Regulated as Boxing.~~** ~~Martial arts exhibitions and contests involving combative contact between contestants or between participants, such as body-to-body blows, holds, kicks, or throws, and full-contact martial arts exhibitions and contests, are subject to and must comply with all provisions of Title 54, Chapter 4, Idaho Code, relating to boxing, and all Commission rules relating to boxing, except to the extent specifically exempted by statute or rule.~~ **Regulation of Marital Arts and MMA.** Except to the extent set forth under Rules 731-799, all requirements and the limitations relating to combatants and licenses (as set forth within Title 54, Chapter 4, Idaho Code, and in the remaining rules of the Commission) will apply to all martial arts and MMA contests and exhibitions. Notwithstanding the foregoing, at its sole discretion, the Commission may (by specific reference in the sanctioning permit) allow the use of other requirements and limitations during a particular martial arts contest or exhibition. (4-6-05)( )

**02. Practices, Belt Promotions, and Non-Contact Demonstrations.** Martial arts practices, belt promotion testing and demonstrations (as used herein the term demonstrations means exhibitions that do not involve combative contact between ~~contestants~~ combatants or between participants) conducted by martial arts schools are not considered to be boxing and are exempt from the licensing requirements of Title 54, Chapter 4, Idaho Code. (4-6-05)( )

**03. Licensing Exemption.** Martial arts schools that meet the conditions set forth within Section 54-406(2)(b), Idaho Code, may apply to the Commission for exemption from licensing and sanctioning permit requirements relating to exhibitions and contests. (4-6-05)

**04. Use of Official Rules for Art.** Martial arts contests and exhibitions must be conducted pursuant to the official rules of the particular art. The sponsoring organization or promoter must file a copy of the official rules with the Commission before the Commission will issue a sanctioning permit for the contest or exhibition. (4-6-05)

**05. Boxing Gloves.** The requirement set forth in Section 54-414, Idaho Code, of wearing boxing gloves applies to kickboxing but ~~shall~~ will not apply to any other form of martial art unless the use of boxing gloves is required by the official rules of that particular art. Any gloves utilized ~~shall~~ must be in good condition as approved by the commission. For the main and semi main events gloves ~~shall~~ must be in new condition and of the same brand for combatants. (3-26-08)( )

**06. ~~Other Requirements and Limitations.~~** ~~Except to the extent set forth in Rule 732, all requirements and the limitations relating to boxing (as set forth within Title 54, Chapter 4, Idaho Code, and in the remaining rules of the Commission) shall apply to all martial arts contests and exhibitions. Notwithstanding the foregoing, at its sole discretion, the Commission may (by specific reference in the sanctioning permit) allow the use of other requirements and limitations during a particular martial arts contest or exhibition.~~ (4-6-05)

**732. MMA EQUIPMENT.**

The Commission is the final authority in all equipment matters. The following is a list of required equipment for MMA contests: ( )

**01. Commission Approved Mouthpiece.** All combatants are required to wear a mouthpiece during the contest. It is strongly recommended that all combatants have two (2) form fitted mouthpieces available for use in each contest. ( )

a. To Begin the Round. The round cannot begin if the mouthpiece is not inside the combatant's mouth and set in place. ( )

b. During the Contest. The mouthpiece must be inside the combatant's mouth and properly set at all times during the contest. ( )

c. Dislodged Mouthpiece. If the mouthpiece is dislodged during the contest, the referee will wait until the first opportune moment, without interfering with the action, call time out, and have the mouthpiece replaced. ( )

d. Violations. At the discretion of the referee, points may be deducted or a disqualification rendered in the following situations: ( )

i. When the mouthpiece is not being properly kept inside of the combatant's mouth; ( )

ii. When the mouthpiece is purposely spit out; or ( )

iii. When the corner fails to have the combatant resume competition with the mouthpiece in place or delays in replacing the mouthpiece after it becomes dislodged. ( )

**02. Commission Approved MMA Gloves.** ( )

a. General. The gloves must be examined by the Commission and the referee. If padding in the gloves is found to be misplaced or lumpy, or if any gloves are found to be imperfect, they must be changed before the contest starts. No breaking, roughing or twisting of gloves is permitted. ( )

b. Weight: Each combatant must wear gloves that are not less than four (4) ounces in weight; ( )

c. Specifications. Each combatant must wear open finger gloves that have no padding in the palm or fingertip area and that are appropriate in weight for the combatant's hand size. Under no circumstances will a combatant be allowed to wear bag gloves or any other gloves with metal or plastic inserts. ( )

**03. Commission Approved Attire.** ( )

a. Each combatant must wear a foul-proof groin protector. ( )

b. Each female combatant must wear Commission-approved form fitting breast support protection. Supports may not have brace, metal or hard material of any kind. ( )

c. For male combatants, no body shirts or pants are allowed. Female combatants must wear fighting shorts and rash guard. ( )

d. Combatant may only use soft materials to tie hair. ( )

**04. Prohibited Equipment and Attire.** ( )

a. The following equipment and attire are prohibited: ( )

i. Shoes; ( )

ii. Facial hair, if determined by the Commission to pose a health, safety or sanitary issue; ( )

iii. Tar material on any part of the body; ( )

iv. Henna-type tattoos; ( )

v. Piercing accessories; and ( )

vi. Makeup of any kind. ( )

b. Masks, costumes, and props must be approved by the Commission prior to usage. ( )

- c.** Fingernails and toenails must be cut and trimmed prior to a contest. ( )

**733. FAIR TECHNIQUES AND FOULS IN MMA EVENTS.**

**01. Fair Techniques.** Fair MMA techniques include the use of striking and grappling techniques, either while standing or on the ground, subject to techniques designated by the rules as fouls. ( )

**02. Fouls.** The following actions will constitute fouls during any professional MMA competition: ( )

**a. Head Butting.** Head-butting or striking with the head in any manner. Any use of the head as a striking instrument whether head to head, head to body or otherwise is illegal. ( )

**b. Eye-gouging.** Eye-gouging by means of fingers, chin, or elbow is illegal. Legal strikes or punches that contact the combatant's eye socket are not eye gouging and will be considered legal attacks. ( )

**c. Biting.** Biting in any form is illegal. A combatant must recognize that a referee may not be able to physically observe some actions and must make the referee aware if they are being bitten during an exhibition of unarmed combat. ( )

**d. Hair Pulling.** Pulling the hair in any manner is an illegal action. A combatant may not grab hold of an opponent's hair in order to control the opponent in any way. ( )

**e. Fish Hooking.** Any attempt by a combatant to use his fingers in a manner that attacks an opponent's mouth, nose, or ears, or stretching the skin to that area, will be considered "Fishhooking." Fishhooking generally is the placing of fingers into the mouth of an opponent and pulling the hands in opposite directions while holding onto the skin of the opponent. ( )

**f. Groin Attacks.** Any attack to the groin area, including striking, grabbing, pinching or twisting, is illegal. ( )

**g. Smothering.** Cupping a hand over an opponent's mouth is illegal. ( )

**h. Vertical Elbows.** Elbows thrown from vertical angle are illegal. Elbows thrown from any other angle are legal. ( )

**i. Knee strikes to the Head (standing or grounded fighter).** No knee strikes of any kind are allowed to a combatant's head during the contest. During the standing portion of the contest combatants are allowed to knee to the body and the legs. When a combatant goes to the ground, knees to the body are allowed. ( )

**j. Back of Head Strikes.** Strikes to the back of the head are illegal. The back of the head is considered from the crown of the head down the centerline of the skull into the spine, with a one (1) inch variance to each side, similar to a mohawk haircut. Strikes that are thrown to areas behind the ears but not within the mohawk limitation are legal strikes. ( )

**k. Hand Chokes.** Hand chokes are illegal. A combatant may not attack an opponent with a choke utilizing only his hand or hands in an attempt to submit an opponent. A common phrase for this type of choke is the "C clamp" choke wherein the thumb is placed on one side of an opponent's neck with the fingers on the opposite side. ( )

**l. Fingers.** A combatant may not place his fingers into an open laceration on an opponent in an attempt to enlarge the cut. A combatant may not place his fingers into an opponent's nose, ears, mouth, or any body cavity. ( )

**m. Small Joint Manipulation.** Small joint manipulation is illegal. Fingers and toes are small joints. Wrists, ankles, knees, shoulders and elbows are all large joints. ( )

- n.** Spine Attacks (strikes and locks). No striking attacks to the spine or locks, such as the “Twister.” are allowed. ( )
- o.** Throat Strikes. Throat strikes of any kind including, without limitation, grabbing the trachea are illegal. ( )
- i.** No directed throat strikes are allowed. A directed attack would include a combatant pulling an opponent’s head in a way to open the neck area for a striking attack. Directed throat attacks are not punches that connect during an exchange from the standing position while combatants are engaged in combat. ( )
- ii.** A combatant may not gouge his fingers or thumb into an opponent’s neck or trachea in an attempt to submit the opponent. ( )
- iii.** All arm chokes such as the “rear naked,” “guillotine” and “bar arm” are legal. ( )
- p.** Skin Clawing. Any attack that targets the combatant’s skin by clawing at the skin or attempting to pull or twist the skin to apply pain is illegal. ( )
- q.** Head and Groin Kicking. Kicking the head or groin of a grounded opponent is illegal. A grounded opponent is any combatant who has more than just the soles of the feet on the ground. If the referee determines that a combatant would be a grounded combatant, but not solely because the ring ropes or cage fence has held the combatant up from the ground, the referee can instruct the combatants that the combatant held up solely by the cage or ropes is being treated as a grounded combatant. A combatant can be kicked to the body when he is on the ground with any type of legal kick, but may not be kicked in the head or groin. ( )
- r.** Stomping. Stomping is illegal. ( )
- i.** Stomping is considered any type of striking action with the feet wherein the combatant lifts his leg, bending it at the knee, and initiates a striking action with the bottom of the foot or heel. This includes stomping the feet while both combatants are standing. ( )
- ii.** Axe kicks are not stomps. ( )
- s.** Pile-driving. Pile-driving an opponent into the mat is illegal. ( )
- i.** A pile driver is considered to be any throw wherein a combatant controls an opponent’s body by placing the opponent’s feet straight up in the air and the head straight down and then forcibly driving the opponent’s head into the canvas or flooring material. ( )
- ii.** It should be noted that if a combatant is placed into a submission hold by his opponent and the combatant is capable of elevating his opponent, the combatant may bring his opponent down in any manner because he is not in control of his opponent’s body. The combatant who is attempting the submission can either adjust his position or let go of the hold before being slammed to the canvas. It is crucial that referees are properly advised and trained on this and that the combatants fully understand this at the rules meeting. ( )
- t.** Throwing Opponent. Purposely throwing an opponent out of the ring or caged area is illegal. A combatant will not intentionally or purposely throw an opponent out of the ring or cage. ( )
- u.** Holding. Holding the shorts or gloves of an opponent is not allowed. A combatant may not control an opponent’s movement by holding onto the opponent’s shorts or gloves. A combatant may hold onto or grab an opponent’s hand as long as the combatant is not controlling the opponent’s hand by using only the material of the glove but is actually gripping the hand. It is legal for a combatant to hold onto his own gloves or shorts. ( )
- v.** Unsportsmanlike Conduct. Engaging in any unsportsmanlike conduct is not allowed. Any type of behavior or conduct observed or heard by the referee that can be considered detrimental or disrespectful towards an opponent or the sport of MMA. This includes, but is not limited to, spitting at an opponent, using abusive language or abusive gestures, etc. ( )

- w.** Holding the Ropes or Fence. Holding the ropes or the fence is illegal. ( )
- i.** A combatant may put his hands on the fence and push off at any time. A combatant may place his feet onto the cage and have his toes go through the fencing material at any time. If a combatant's fingers go through the cage and he grabs hold of the fence and starts to control either his body position or his opponent's body position, it is an illegal action. A combatant may not grab the ropes or wrap his arms over the ring ropes at any time. ( )
- ii.** If a combatant is caught holding the fence, cage or ring rope material the referee will issue a one-point (1) deduction from the offending combatant's scorecard. ( )
- iii.** If a point deduction for holding the fence occurs, and the fouling combatant ends up in a superior position due to the foul, the combatants will be re-started, standing in a neutral position. ( )
- x.** Attacking During Break. Attacking an opponent on or during the break is illegal. A combatant will not engage an opponent in any manner during a time-out or break of action in competition. ( )
- y.** A combatant will not engage an opponent in any manner while the opponent is under the care or handling of the referee. ( )
- z.** Following Referee's Instructions. A combatant must follow the instructions of the referee at all times. Any deviation or non-compliance may result in the combatant's disqualification. ( )
- aa.** Timidity. Timidity is defined as any action by a combatant that is used to avoid contact with his opponent or to run away from the action of the fight. Timidity, includes, without limitation, intentionally avoiding contact with an opponent or consistently dropping the mouthpiece or faking an injury. The referee may also call timidity on a combatant for attempting to receive time by falsely claiming a foul or injury, for purposely dropping or spitting out his mouthpiece, or for committing any other action designed to stall the contest. ( )
- bb.** Interference by the Corner. Interference by the corner is defined as any action or activity aimed at disrupting the contest or causing an unfair advantage to a combatant. Corners are not allowed to distract the referee or influence the actions of the referee in any manner. ( )
- 03. Time Considerations for Fouls.** ( )
- a.** A combatant who has been struck with a low blow is allowed up to five (5) minutes to recover from the foul and can continue on in the contest if allowed to by the ringside physician. ( )
- i.** If the combatant states that they can continue on before the five (5) minute time allotment has expired, then as soon as is practical the referee will restart the contest. ( )
- ii.** If the combatant goes over the five (5) minute time allotment, the contest cannot be restarted and must be stopped. The outcome is determined by the round and time in which the contest was stopped. ( )
- b.** If a combatant is fouled by a blow that the referee deems illegal, the referee must stop the action and call for time. The referee must take the injured combatant to the ringside physician and have the ringside physician examine the combatant to determine the combatant's ability to continue on in the contest. The ringside physician has up to five (5) minutes to make his determination. If the ringside physician determines that the combatant can continue on in the contest, then as soon as is practical the referee will restart the contest. Unlike the low blow foul, the combatant does not have the five (5) minute time allotment to use at his discretion. ( )
- c.** If the referee stops the contest and employs the use of the ringside physician, the ringside physician's examination must not exceed five (5) minutes. If five (5) minutes is exceeded, the contest cannot be restarted and must be stopped. ( )
- d.** If the ringside physician deems a combatant unfit to continue, the referee must immediately stop the contest. If the combatant is deemed unfit to continue by the ringside physician and part of the five (5) minute foul

time is remaining, the combatant cannot use the remaining time. This will be enforced for all listed fouls, with the exception of a low blow foul. ( )

**04. Intentional Fouling.** ( )

**a.** Intentional Fouling Causing Injury. When a contest is interrupted due to an injury caused by an intentional foul, the referee, in consultation with the ringside physician, will determine whether the intentionally fouled combatant can continue or not. If it is determined that a combatant has been accidentally fouled and the combatant's chance of winning has not been seriously jeopardized as a result of the foul, the referee may order the contest continued after a reasonable interval. A combatant who is fouled with a low blow has up to five (5) minutes to recover. ( )

**b.** Combatant Unable to Continue Contest. If the injured combatant is unable to continue, the offending combatant will be disqualified and may be subject to discipline. Disposition of the penalty to be imposed upon the combatant will be determined by action of the Commission or the Commission's representative. ( )

**c.** Technical Decisions. If the referee or the ringside physician, or both, determine that the contest may continue after an injury resulting from an intentional foul and the injury inflicted by the intentional foul later becomes aggravated by fair blows, a technical decision will be rendered. If the technical decision rule is applied and the contest goes to the scorecards: ( )

**i.** If after the second or third round the fouled combatant is ahead on the scorecards, the fouled combatant wins by "Technical Decision." ( )

**ii.** If after the second or third round the fouled combatant is even or behind on the scorecards, the result is a "Technical Draw." ( )

**05. Accidental Fouling.** ( )

**a.** Accidental Fouling Causing Injury. When a contest is interrupted due to an injury caused by an accidental foul, the referee, in consultation with the ringside physician, will determine whether the combatant who has been fouled can continue or not. If it is determined that a combatant has been accidentally fouled and the combatant's chance of winning has not been seriously jeopardized as a result of a foul, the referee may order the contest continued after a reasonable interval. A combatant who is fouled with a low blow has up to five (5) minutes to recover. ( )

**b.** Combatant Unable to Continue Contest. If the referee or the ringside physician, or both, determine that the contest may not continue because of an injury suffered as the result of an accidental foul or because of an injury inflicted by an accidental foul which later becomes aggravated by fair blows, a Technical Decision will be rendered. ( )

**c.** Technical Decision. If the Technical Decision rule is applied and the contest goes to the scorecards, then: ( )

**i.** After the second or third round the combatant who is ahead on the scorecards wins by "Technical Decision"; or ( )

**ii.** After the second or third round ends, it is a "No Decision." ( )

**06. Fouls or Unsportsmanlike Conduct During the One Minute Rest Period in MMA Contest.** ( )

**a.** If a combatant fouls or acts in an unsportsmanlike manner during the one (1) minute rest period, the referee will deduct points from the offending combatant based on the severity of the offense. ( )

**b.** The Chief Second is responsible for all corner activities. Any illegal activity may cause the Chief Second to be immediately removed from the corner from the entire contest. ( )

**07. Concussive Head Impact Fouls in MMA Contest.** Before allowing a contest to continue, the referee should consult with the ringside physician in all cases involving concussive head fouls. The referee, in conjunction with the ringside physician, will determine the length of time needed to evaluate the affected combatant's suitability to continue. ( )

**a. Intentional Fouls to the Head in MMA Contest.** If the referee determines that a foul to the head was intentional, he must follow the Intentional Foul rule. The referee must consider that allowing the contest to continue may subject the combatant to a severe injury. ( )

**i.** If the affected combatant is not badly injured and his chance of winning has not been seriously jeopardized because of the foul, the contest may be allowed to continue. If the contest is allowed to continue, the offending combatant will be issued an official warning and have one (1) point deducted from his score in the round. ( )

**ii.** If the referee determines that the affected combatant cannot continue, the offending combatant will lose by "Disqualification." ( )

**b. Accidental Fouls to the Head in MMA Contest.** If the referee determines that a foul to the head was accidental, he will follow the Accidental Foul rule. The referee must consider that allowing the contest to continue may subject a combatant to a severe injury. ( )

**i.** If the affected combatant is not badly injured and his chance of winning has not been seriously jeopardized because of the foul, the contest may be allowed to continue. ( )

**ii.** If the contest cannot continue the Technical Decision rule will be applied. ( )

**08. Low Blow in MMA Contest.** ( )

**a. Intentional.** If the referee determines that the low blow foul was intentional, he will follow the Intentional Foul rule. ( )

**i.** If the offended combatant is not badly injured and their chance of winning has not been seriously jeopardized because of the foul, the Five (5) Minute rule may be applied. ( )

**ii.** If the referee determines that the athlete cannot continue, the offending combatant will lose by "Disqualification." ( )

**b. Accidental.** In cases where a combatant is hit with an accidental low blow and claims injury, the referee, at his discretion, may apply the Five (5) Minute rule. If the injured combatant cannot resume fighting before the recovery period ends, the injured combatant will lose the contest by "No Contest." ( )

**c.** The Five (5) Minute Rule is only applicable to low blow fouls. ( )

**09. Disqualification.** A combatant will lose by "Disqualification" when he: ( )

**a.** Intentionally fouls and causes harm to his opponent; ( )

**b.** Continually refuses to follow the rules; or ( )

**c.** Continually disobeyes the referee. ( )

**10. Referee Action on Fouls in MMA Contest.** ( )

**a.** The referee must inform the Commission Representative as soon as possible of the following: ( )

- i. The type of foul: ( )
- ii. If the foul was accidental or intentional: ( )
- iii. If points will be deducted from the offending combatant: ( )
- iv. If the offending combatant will be disqualified: ( )
- v. If the Five (5) Minute rule will or will not be applied: ( )
- vi. If the contest will be delayed to evaluate a combatant; or ( )
- vii. If the contest will or will not continue. ( )

**b.** The referee must declare whether a blow is legal or a foul. If declared a foul, he must declare if it was Accidental or Intentional. Point deductions for fouls will be done at the time of the infraction. If an intentional foul causes injury and the injury is severe enough to immediately terminate the bout, the combatant causing the injury loses by "Disqualification." ( )

**c.** Point deductions for an intentional foul is mandatory. If an intentional foul causes an injury and the fouled combatant can continue, the referee at his discretion will deduct points from the offending combatant. ( )

**734. SUSPENSION OF MMA CONTEST FOR UNFORSEEN REASONS.**

**01. Unforeseen Reasons.** If a contest has to be suspended for any reason other than the actions of the combatants, the referee will have the clock stopped and attend to the issue. The referee, Commission or Commission's representative will decide the length of time allotted to address the issue. All reasonable efforts must be made to resume the contest as soon as possible. It is expected that the responsible party or parties make a true effort to resolve the issue. ( )

**02. Suspicious Circumstances.** If the contest is unexpectedly stopped under suspicious circumstances, all or part of the following actions may take place: ( )

- a.** If a combatant or his corner is involved, the offending combatant may be disqualified. ( )
- b.** The combatant may be subject to investigation and discipline in the event of a violation of these rules. ( )
- c.** In certain circumstances the matter may be referred to the appropriate law enforcement agency or the courts, or both. ( )

**735. STANDING EIGHT COUNT IN MMA CONTEST.**

No standing eight (8) count is permitted under any circumstances. Referee's are responsible for combatant safety and must stop a contest when a combatant is unable to intelligently defend himself, or is unresponsive, timid, or mismatched in competition, or when the referee feels the combatant's safety is jeopardized. ( )

**736. WEIGHT CATEGORIES - MIXED MARTIAL ARTS.**

Commissions may use their discretion to approve certain matches out-of-weight class contests. The following comprises the full list of useable weight categories in any MMA contest.

<b><u>MEN'S DIVISIONS:</u></b>	
<u>Featherweight</u>	<u>Up to 135 lbs.</u>
<u>Lightweight</u>	<u>135.1 to 155 lbs.</u>
<u>Welterweight</u>	<u>155.1 to 170 lbs.</u>



<b><u>MEN'S DIVISIONS:</u></b>	
<u>Middleweight</u>	<u>170.1 to 185 lbs.</u>
<u>Light Heavyweight</u>	<u>185.1 to 205 lbs.</u>
<u>Heavyweight</u>	<u>205.1 to 265 lbs.</u>
<u>Super Heavyweight</u>	<u>265.1 lbs. and above</u>

<b><u>WOMEN'S DIVISIONS:</u></b>	
<u>Flyweight</u>	<u>95 lbs. and below</u>
<u>Featherweight</u>	<u>95.1 to 115 lbs.</u>
<u>Lightweight</u>	<u>115.1 to 125 lbs.</u>
<u>Welterweight</u>	<u>125.1 to 135 lbs.</u>
<u>Middleweight</u>	<u>135.1 to 145 lbs.</u>
<u>Light Heavyweight</u>	<u>145.1 to 155 lbs.</u>
<u>Cruiserweight</u>	<u>155.1 to 165 lbs.</u>
<u>Heavyweight</u>	<u>165.1 to 185 lbs.</u>
<u>Super Heavyweight</u>	<u>185.1 and above</u>

( )

**737. MMA EVENT ROUNDS.**

**01. Length of Rounds.** All rounds are five (5) minutes in length. ( )

**02. Number of Rounds.** Non-title contests consists of three (3) rounds. Title contests consist of five (5) rounds. ( )

**738. METHODS OF WINNING MMA CONTEST.**

**01. Knockout (KO).** A knockout is declared when a combatant is unable to intelligently defend himself following a strike. ( )

**02. Technical Knockout (TKO).** A technical knockout is declared when the licensed ringside physician or referee decides the combatant cannot continue due to a cut or other injury. ( )

**03. Submission.** When a combatant submits by tapping out on the opponent or the mat as a result from a choke, lock, or any other legal technique or strike. A combatant may call out defeat when unable to tap out. ( )

**04. Referee Stoppage.** The referee may stop the contest if a combatant can no longer defend himself or cannot or will not tap out, or for any other reason to preserve the health and safety of the combatants. ( )

**05. Decision.** When the contest ends after the specified time period and there is no winner, or ends due to a foul or fouls that cause injury, or ends due to unforeseen circumstance, it will be scored by the three (3) judges. ( )

**a. Decisions made via a scorecard in MMA contest will be:** ( )

- i. A “Unanimous Decision” in which all three (3) judges agree on winner. ( )
- ii. A “Split Decision” in which two (2) judges agree on one (1) combatant and one (1) judge scores for the other combatant. ( )
- iii. A “Majority Decision” in which two (2) judges agree on one (1) combatant and one (1) judge scores a draw. ( )
- b. A “Draw” may be: ( )
  - i. A “Unanimous” decision in which all three (3) judges score the contest a draw; ( )
  - ii. A “Majority” decision in which two (2) judges score the contest a draw and one (1) judge scores for a combatant; or ( )
  - iii. A “Split” decision in which one (1) judge scores for a combatant, one (1) judge scores for the other combatant and one (1) judge scores the contest a draw. ( )
- c. Other scorecard decisions are: ( )
  - i. Technical Decision; ( )
  - ii. Technical Draw; or ( )
  - iii. No Contest. ( )
- d. A “Disqualification” can result from fouling or unsportsmanlike conduct as determined by the referee. ( )

**06. Inability of Opponent to Continue or Throws in Towel:** If the opponent is unable or unwilling to continue the contest or the combatant’s corner decides that the combatant is unable to continue and indicates this by throwing the towel into the ring or cage, a TKO will result against this combatant. ( )

**739. MMA CONTEST SCORING.**

All contests will be evaluated and scored by three (3) judges. In exigent circumstances, or at the discretion of the Commission, a referee may be allowed to judge a contest. The 10 Points Must System will be the standard system of scoring a contest. In the event that a contest ends by technical decision, the judges will score the partial round.( )

- 01. Method of Judging.** ( )
  - a. Scoring by Judges. Each judge will score every contest and will determine the winner using the following scoring system: ( )
    - i. The better combatant of a round receives ten (10) points and his opponent proportionately fewer points. ( )
    - ii. If the round is even, each combatant receives ten (10) points. ( )
    - iii. No point fractions may be given. ( )
    - iv. Points for each round must be awarded immediately after the end of the round. ( )
  - b. Majority Opinion. After the end of the contest the announcer will pick up the scores of the judges from the Commission’s desk. The majority opinion is conclusive. If there is no majority decision, the contest is declared a technical draw. ( )
  - c. Announcing a Winner. When the Commission has checked the scores, the announcer will be

informed of the decision, and the announcer will inform the audience of the decision over the available public address system. ( )

**02. Primary Scoring Considerations.** The following are primary scoring considerations for scoring an amateur MMA competition: ( )

**a.** Legal striking. Clean, effective strikes in the legal scoring zone - number and quality of legal scoring blows: ( )

**b.** Legal takedowns, throws or knockdowns: ( )

**c.** Near completed submission: ( )

**d.** Overall control and dominance; and ( )

**e.** Damage. ( )

**740. COMBATANT DOWN AFTER THE SOUND OF THE BELL.**

**01. End of Round.** The round ends when the bell sounds to end the round. ( )

**02. Combatant Down After Round Has Ended.** If during the round legal blows negatively affect a combatant and the combatant goes down after the bell has sounded ending the round, the referee will consider the round ended and the one-minute rest period started. The referee may then allow the combatant's corner to assist the downed combatant or he may summon the ringside physician to evaluate the combatant, or both. ( )

**741. BLOWS AT OR AFTER THE BELL IN MMA CONTEST.**

**01. Legal Blow.** A blow that strikes a combatant concurrent with the sounding of the bell is deemed to be a legal blow. ( )

**02. Illegal Blow.** A blow that strikes a combatant after the sounding of the bell is deemed to be a foul. The referee will determine if it was accidental or intentional foul. ( )

**742. TERMINATION OF A CONTEST DUE TO A FAIR BLOW IN MMA CONTEST.**

If an athlete sustains an injury from a fair blow and the injury is severe enough to immediately terminate the contest, the injured combatant will lose by "Technical Knockout (TKO)". ( )

**743. COMBAT PLATFORMS (RING/CAGE).**

All MMA contests will take place in either a cage or a ring that has been approved by the Commission. The cage or ring will be subject to inspection prior to each contest by the Commission, a Commission representative, or a referee. ( )

~~732~~744. -- 799. (RESERVED).

**(BREAK IN CONTINUITY OF SECTIONS)**

**901. PREPARATIONS TO STOP HEMORRHAGING.**

The Commission will periodically review the preparations available to stop hemorrhaging. Only the preparations which are approved by the Commission may be used to stop hemorrhaging on the ring. Avetine and Thrombin are the only Commission approved preparations to stop hemorrhaging. (3-3-94)( )

**(BREAK IN CONTINUITY OF SECTIONS)**

**909. PENALTIES FOR CERTAIN VIOLATIONS; REVIEW BY COMMISSION.**

**01. Penalties General.** Except as otherwise provided in this chapter, the Commission may charge a penalty not to exceed twenty-five thousand dollars (\$25,000) ~~from a schedule of penalties approved by the Commission~~ for: (3-26-08)( )

**a.** Any violation of the provisions of these rules (IDAPA 03.01.01, "Rules of the Athletic Commission"); or (3-3-94)( )

**b.** Being late or failing to appear for a weigh-in or contest. (3-26-08)

**02. Later Review.** Any disciplinary action taken pursuant to ~~previous citation~~ Subsection 909.01) of these rules will be reviewed at a later date by the Commission. (3-3-94)( )