

## **Idaho/UW Advanced Clinician Psychiatry Residency**

**History:** Established 2006 by a consortium involving Saint Alphonsus Regional Medical Center (SARMC), St. Luke's Regional Medical Center (SLRMC), Boise VA, UWSOM. The Idaho Legislature unanimously agreed to fund 10% of the cost of the program.

**Structure:** Two R-1s and three R-2s in Seattle. Three R-3s and three R-4s in Idaho. UWSOM pays for residents' salaries and malpractice insurance from funds sent by the Consortium in Idaho. The paid staff and faculty (1.8 positions) who administer and coordinate the program in Idaho are paid directly by the Consortium. Many of the faculty are volunteers in Seattle and Idaho. Rotation sites in Idaho for the residents include the Boise VA, SARMC, SLRMC, Family Medicine Residency of Idaho, BSU student health, St. Luke's Magic Valley Regional Medical Center, Portneuf Regional Medical Center, and other sites to be arranged.

**Recruiting:** 600 US medical students apply for the approximately 1200 psychiatry residency positions in the US. Most of the rest of the slots are filled by foreign medical graduates. Our union with the UW training program enables us to recruit good candidates similar to a well established psychiatry residency program. Currently the program has 6 residents (2R-1s, 2R-2s, 2R3s).. Residents from two other programs have finished their training here since the program started and are now both working as psychiatrists in Idaho.

**Funding:** It is anticipated that the overall cost of the residency per year when fully staffed will be \$1.2 million. Resident salaries and benefits are approximately \$700K of the budget and educational overhead the rest. The VA is currently building a \$500K building to house the residency which is not included as part of these costs. The VA will pay about \$250K/yr, State of Idaho \$120K/yr, and SLRMC and SARMC will split the other \$830K/yr.

**Potential for Expansion:** Once the program is well established it may be able to expand by 1-2 more residents/yr with only a modest increase in overhead costs. For instance increasing the size of the residency by one more resident/yr would cost approximately \$320K (\$280K for salary/benefits and \$40K for administrative overhead) for 4 residents (one resident per year).

**Retention:** The two residents who finished their training with us as "transfers" from other residencies are now working in Idaho making the retention 100%. More realistically the Spokane/UW program reports 50% of their graduates remaining in the greater Spokane area. We anticipate a similar retention rate.

# UNIVERSITY OF WASHINGTON

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## PSYCHIATRY RESIDENCY TRAINING PROGRAM

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### IDAHO ADVANCED CLINICIAN TRACK



Kafa Abbas, M.D.  
PGY-2



Shahnaz Balali, M.D.  
PGY-1



Jessica Clarke, M.D., Ph.D.  
PGY-3



Megan Gary, M.D.  
PGY-3



Brian Smart, M.D.  
PGY-2



Amy Wilson, M.D.  
PGY-1