

# Behavioral Health Transformation Work Group

A Plan for the  
Transformation of Idaho's  
Behavioral Health System



# Agenda

- Executive Order: Our Response
- Proposed Structure
- Implementation
- Array of Core Services
- Funding
- Immediate Next Steps

# Executive Order

- 2009-04 and 2010-01
  - Behavioral Health Transformation Work Group
  - Diverse representation appointed by the Governor
    - Develop a Plan for a “coordinated, efficient state behavioral health infrastructure that provides for participation by families, consumers, providers, communities”
    - Present the Plan to the Governor, the Senate and House and Welfare committees and the Legislative Healthcare Taskforce
  - Due to Governor in October 2010

# Executive Order: Our Response

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Chair  
Idaho State Planning Council on Mental Health

# Executive Order: Our Response

- Worked together since May 2009
- Utilized previous work and studies in Idaho and other states
- Secured a review of a Technical Panel of experts on our March 2010 draft
- Presented to and received feedback from numerous stakeholder groups over the course of the project
- Conducted a statewide public involvement process and survey regarding proposed structure
- Achieved 100% approval of Behavioral Health Transformation Work Group members for this Plan

# Executive Order: Our Response

- The structure we propose positions the state to achieve the following
  - Integrate mental health and substance use disorder systems
  - Empower regions to lead capacity building for their areas
  - Increase accountability system-wide
  - Capture costs and reduce cost shifting
  - Provide for an Array of Core Services in each region with a phased-in approach to develop them
  - Generate outcome-based results
  - Apply consistent statewide standards
  - Increase privatization
  - Generate effective, collective data gathering and sharing
  - Produce an intentionally coordinated and measurably efficient system

# Proposed Structure

Element	Existing	Recommended
<b>Systems</b>	Substance Use Disorder Mental Health	Behavioral Health
<b>Funding</b>	Siloed/duplication	Braided/coordinated
<b>Data</b>	Insufficient and disparate	Standardized with common measures across systems
<b>Regional Leadership</b>	Regional Advisory Councils (substance use disorder) Regional Mental Health Boards (mental health)	Regional Behavioral Health Community Development Boards
<b>State Level Coordination</b>	Idaho State Planning Council on Mental Health Interagency Committee on Substance Abuse and Treatment Prevention DHW IDJC IDOC SDE ODP Courts Counties	Idaho Behavioral Health Planning Council Behavioral Health Interagency Cooperative
<b>Director of Transformation</b>	No single point of leadership for focused, daily coordination across systems	Cabinet level professional responsible and accountable for transformation implementation
<b>State Behavioral Health Authority</b>	Focused on providing services, resource-limited	Quality assurance focused, evaluates and monitors for standards and outcomes

# Implementation

Element	Recommended	Action
<b>Systems</b>	Behavioral Health	Adopt the structure proposed here
<b>Funding</b>	Braided/coordinated	Task the Behavioral Health Interagency Cooperative with developing the braided system
<b>Data</b>	Standardized with common measures across systems	With this structure, the State Behavioral Health Authority can lead the development of this system
<b>Regional Leadership</b>	Regional Behavioral Health Community Development Boards	Pursue legislation in 2011 (eliminates RACs/RHMBs)
<b>State Level Coordination</b>	Idaho Behavioral Health Planning Council	Pursue legislation in 2011 integrating substance use disorder, suicide, and mental health into Council's responsibility
	Behavioral Health Interagency Cooperative	Establish in Executive Order with the delivery of this Plan and pursue legislation in 2011
<b>Director of Transformation</b>	Cabinet level professional responsible and accountable for transformation implementation	Pursue legislation in 2011 to establish the Director of Transformation to direct the Behavioral Health Transformation Office (see proposed job description in Plan)
<b>State Behavioral Health Authority</b>	Quality assurance focused, evaluates and monitors for standards and outcomes	With this structure, the State Behavioral Health Authority can assume this responsibility



# Array of Core Services: Features

- Provides a “floor” of services available to consumers and families at as local a level as possible
- Leadership by Regional Boards to develop capacity (phased-in)
- Contract with provider group(s) reflect statewide standards, quality measures, and consistent fees for the same services purchased by regions and paying agencies on behalf of their clients
- Regions work to develop less costly, more effective community supports
- Emphasis on prevention and intervention
- Inpatient hospitalization and Assertive Community Treatment services that respond to crisis situations provided by state as system develops

# Array of Core Services: List

Assertive Community Treatment, Intensive Case Management and Wraparound	Illness Self Management and Recovery Services	Prevention Services	Supported Employment
Assessment and Evaluations (Substance Use Disorders and Mental Health)	Inpatient Psychiatric Hospitalization	Early Intervention Services for Children and Adolescents	Supported Housing
Case Management	Medication Management (Substance Use Disorders and Mental Health)	Psychiatric Emergency and Crisis Intervention Services	Transportation
Designated Examinations and Dispositions	Drug Screenings	Psychotherapy Trauma-informed care Cognitive behavioral therapy Outpatient substance abuse treatment	24-hour Out Of Home Treatment Interventions for Children and Adolescents
Intensive Outpatient Treatment	Peer Support Services	Alcohol & Drug Residential Treatment	Day Treatment, Partial Care and Partial Hospitalization

# Funding

- Office of Drug Policy to Behavioral Health Transformation office
- Cooperative develop braided funding environment with existing funds
- Committed effort at regional and state level to pursue grant funding

# Immediate Next Steps

- Issue Executive Order to establish the Behavioral Health Interagency Cooperative
  - Maintain momentum
  - Plan proposes draft language
- Questions and Discussion