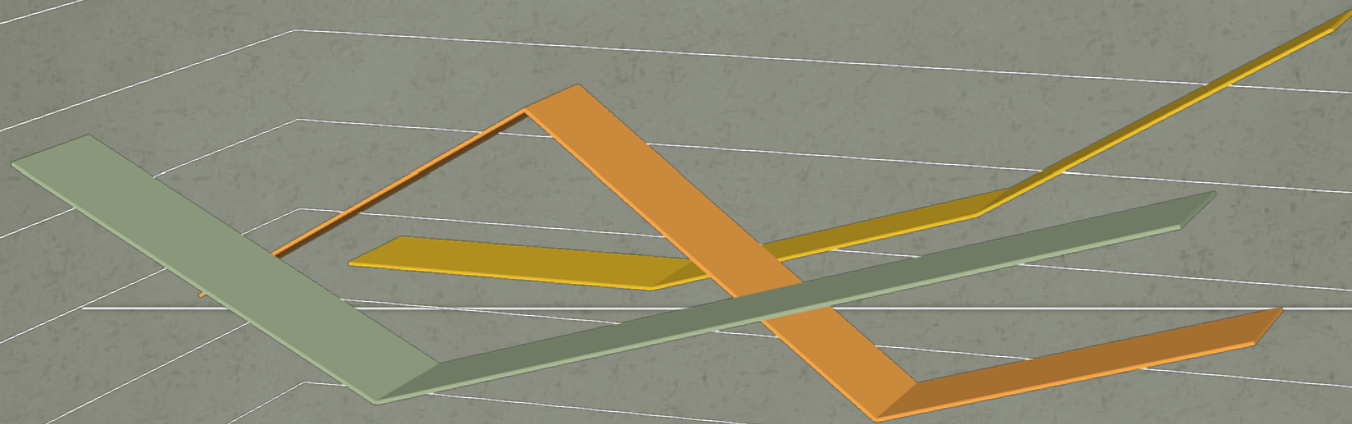


Relevant Education About Life

“Get REAL Program”

A Proactive Benefit to Idaho’s Economy



Ambrosiani Pastore Foundation, Inc.

Cygnus, Inc.

Jack P. Ambrosiani, Ph.D., MBA

Mary Jo Ambrosiani, MS Voc. Ed.

Get REAL Program - "Relevant Education About Life"

Background Perspective

- As An Employer : 25 Year Aerospace Company With 125 Employees
Biggest problem was not the job detailed knowledge which our training programs effectively provided. It was the lack of personal emotional stability and understanding of responsibility due to inadequate "LIFE SKILLS" .
- Charitable Foundation: 12Years in Youth and Family Development Programs
Scholarships, School Programs, Youth Groups and Centers, Scouts, Abuse Centers, Homeless Shelters, Juvenile Detention and Judicial Youth Court, VAST, Juvenile Justice Outreach, Gospel Missions, Homeless Task Force, Family Development Programs, Etc.
- Former Teacher 13 Years and Church Youth Director 5 Years
- Contact Info :

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Get REAL Program - "Relevant Education About Life"

Creation of the Program

- All Teens to Some Degree Are At Risk. It's A Universal Problem.
 - From the household of a lower income single mom living in a trailer to the upper class two parent family with a rebellious teen that keeps getting in trouble.
 - Often said " A teen won't go to their parents for help as it diminishes their own assertion for their independence."
 - Teen behavior is a growth process based on one event, choice or decision after another.
 - Simply put, better choices will produce a better life style; and, likewise a series of poor choices creates a continuous self destructive behavior culminating in a serious life changing event.
- The Get REAL Program Was Created After Years Working With Young Adults As An Employer, My Wife As A Teacher, and Through The Numerous Programs Funded By Our Foundation – The Ambrosiani Pastore Foundation, Inc.

Get REAL Program - "Relevant Education About Life"

A Comprehensive Program

- The Course Is An Interactive Coaching Mentoring Class For The Students Just Where They Are In Life Covering The Aspects Of Choice And The decisions They Will Soon Face.
- The Program Provides A Role Model Mentoring Instructor Developing Trust to Help The Student Just Where They Are In Life. Don't Cut This Statement Short.
- The Student Perceives The Difference Between

**Teaching Knowledge To Earn a Living Verses
Mentoring To Help Them Live.**

Then They Get It And Want To Learn.

Get REAL Program - "Relevant Education About Life"

Up Against The Wall

- The Social Barrage --Up Against The Wall.
 - Social use and legalization of some drugs
 - Rapidly changing technology
 - Shift in required work skills
 - Foreign labor competition for jobs
 - Social acceptance of sex as entertainment
 - Changing social values – Try it, you'll like it
 - Expanding influence of entertainment and social media industries
 - Break down of the traditional two parent family
 - Proliferation of violent movies and videos
 - Lack of parental supervision or conflicting supervision from dual sets of parents and live in partner
- **The Student Is Up Against The Wall and They Can't See The Other Side. They Are Trapped In A Box and Left By Themselves Will Make Poor Choices. They Need To Be ...**

Get REAL Program - "Relevant Education About Life"
Up Against The Wall - Continued

- - - EDUCATED - - -

To See The Light On The Other side

Without A Mentor They Will Fall Prey To The
Barrage, Guess, Go With The Flow, Naïve
Viewpoints From Their Friends, Chose An
Emotional Feel Good Response, Etc.....

Get REAL Program - “Relevant Education About Life”

Course Content

- Knowledge of Self
 - Interests & Strengths
 - Motivation & Goal Setting
 - Personal Habits, Self-Discipline
 - Addictive Behaviors
 - Decision Making
 - Stress & Anger Management Plan
 - Need for Continued Education
 - Attitude & Perspective
 - Confidence & Self Worth
 - Creating A Positive Reputation
- Personal Finance
 - Cash Management, Budgeting and Banking
 - Credit Cards and Credit Scores
 - Checking, Savings & Loans
 - Housing, Transportation & Meal Planning
 - Consumer Choices and Deferred Gratification vs. Timing
 - Entertainment
 - Work Benefits; Insurance and Taxes
 - Identify Theft
- Employment
 - Work Interest; Transition from Personal to Professional Interests
 - Work Ethic; Expectations of Self and Employer
 - Job Knowledge; Post Secondary Ed.; Job Advancement
 - Wages vs. Profession vs. Location
 - Respect for Work and Authority; Healthy Work Attributes
 - Job Loss Consequences
 - Executive Functioning Skills
- Healthy Relationships
 - Relationship Strengths and Weaknesses; Healthy vs. Unhealthy
 - Emotional Needs and Development; Stability and Peer Pressure
 - Friendship and Dating
 - Abusive Relationships; Physical, Emotional, Sexual
 - Bully Prevention and Awareness
 - Premarital Sex vs. Mature Intimacy
 - Pregnancy and Emotional Effects; Unplanned pregnancy
 - Failed Relationships; Emotional and Financial Costs
 - Family Dynamics; Roles, Structure, Interactions, Duties, & Responsibilities
 - Divorce and Effect on Family Relationships,
 - Effective Communication
- Class Summary
 - Opening and Closing Life’s Doors
 - Commit to Who You Want to Be
 - Start Living & Being Your Future Vision

Get REAL Program - “Relevant Education About Life”

Materials and Resources

- Arise Life Skills
- Why Try Program : Dropout Prevention, School Violence Prevention, and Character Education
- Dave Ramsey : Foundations In Personal Finance
- Stossel In the Classroom
- World Book Discover Life Skills
- eCIS – Idaho Career Information System – Cost of living, Rent, Travel, Resumes, Class Exercises
- Our Own data Bank of All Past Lessons and Materials

Get REAL Program - “Relevant Education About Life”

Guest Speakers

- Kootenai County Juvenile Probation Youth Advocate and Community Outreach.
- North Idaho Violence Prevention/CDA Women's Center Teen Educator and Outreach Coordinator – Abuse, Dating Violence, Relationships
- Life Coaches – Accountability, Values, Thinking, Stress and Anger, Communication
- Idaho Department of Labor Workforce Consultant
- Cross Walk Work READY
- Professional – Finance and Credit, Identity Theft, Medical Professionals, Engineers, Charities, Interior Design, Realtors
- Drug Abuse

Get REAL Program - “Relevant Education About Life”
Student Survey -Most Valuable Topics

- Healthy Relationships
- Staying in School
- Minimum Wage
- Budgeting
- Personal Strengths
- Attitude and Character
- Dave Ramsey Finance
- Cost of living
- Marriage
- Goal Setting
- Abuse

Get REAL Program - "Relevant Education About Life"

School Participants

- Lake Pend Oreille School District; Adopted & Funded Program After 3rd Year
 - Schools: Sandpoint High & Clark Fork High
 - Superintendent: Shawn Woodward
 - Teacher: Erin Roos; Full time
- West Bonner County School District; 2 years
 - Schools: Priest River Lamanna High & P.R.E.P (Alternative H.S.)
 - Superintendent: Ellen Perconti
 - Teacher: Ryan Smith; Half time
- Post Falls School District; 2nd year
 - Schools: Post Falls High & New Vision (Alternative H.S.)
 - Superintendent: Jerry Keane
 - Teacher: Ann Rosenbaum; Full time
- Boundary County School District; 2nd year
 - School: Bonners Ferry High
 - Superintendent: Richard Conley
 - Teacher: Erin Delude; Half time

Get REAL Program - “Relevant Education About Life”
Curriculum Statistical Results (1)

- Why Try

- **Utah High School Longitudinal Study**

- **Description:**

- 114 at-risk students tracked from the time the Why Try class was completed, for up to 12 terms.

- **Results:**

- GPA's 0.62 points higher than the control group.
- Fewer absences than the control group, both cumulatively, and on average.
- Significant reduction in failed courses as compared to the control group.
- Compared to the same pool of at-risk students, the Why Try participants were 3 times more likely to graduate.

Get REAL Program - "Relevant Education About Life"
Curriculum Statistical Results (2)

- ARISE Life Skills

- Miami Alternative High School Study

- **Description:**

- 40 students were tracked through ARISE curriculum completion and community service project.

- **Results:**

- 74% of parents agreed their students behavior and anger issues improved.
- Students' attended school at least 90% of time.

- State of Florida, Department of Juvenile Justice

- **Description:**

- A recidivism check was performed for 304 juvenile offenders that completed the Arise Life Skills Curriculum while in detention.

- **Results:**

- In 1998 only 26% of the juveniles had recidivated after 6-15 months.
- In 1997 only 6% of the juveniles had recidivated after 6-15 months.

Get REAL Program - "Relevant Education About Life"
Combined Exit Survey Results (All Schools)



**Participating students in the Get REAL program were instructed to only answer "YES" in the following survey if the belief and/or behavior listed in each statement was changed as a direct impact of this class.*

Creating A Greater Self Awareness

Yes Considering No

88%

10%

2%

I am determined to have a positive attitude and create a positive reputation.

86%

10%

4%

I am now aware of my strengths and the need to create healthy interests.

85%

10%

5%

I now understand the importance of developing internal motivation and goal setting.

70%

19%

12%

I gained confidence, self worth and trust in myself.

Creating & Maintaining Healthy Relationships

Yes Considering No

94% 5% 1% I am now dedicated to creating healthy relationships through trust and respect.

41% 33% 26% I now have and am committed to a stress or anger management plan.

89% 3% 7% I now understand how to better avoid physical, emotional or sexual abuse.

88% 5% 7% I now further understand the consequences of unplanned pregnancy.

Creating Personal Finance Literacy

Yes Considering No

82%

15%

3%

I now know what it costs to live on my own.

90%

9%

1%

I now understand the need to have an emergency fund and avoid credit card debt.

70%

25%

5%

I gained confidence in my ability to handle a household budget and life's financial realities.

89%

10%

2%

I am now committed to seeking a career opportunity with improved financial stability.

Creating Future Employment Success

Yes Considering No

86%

5%

9%

I decided to stay and graduate from high school.

82%

12%

6%

I have developed decision making, problem solving and time management skills I'll use in school and work.

64%

21%

15%

I decided to pursue additional post secondary vocational, trade school or college education.

84%

9%

7%

I now understand how to get and keep a job.

Committing To My Life Vision

Yes Considering No

85%

10%

5%

I have decided to think about the consequences of choices before I make them.

89%

6%

5%

I now understand the "harder but worth it" long term results of work & education vs. the temporary feel good results of drugs, sex and debt.

93%

3%

4%

I have decided to personally hold myself accountable for my success and happiness.

82%

14%

5%

I have decided to live out my future life vision.

Get REAL Program - "Relevant Education About Life"

State Benefit Summary

- Increases State Productivity and Overall GDP.
 - Get REAL students who enter the job market are more stable not letting their living demands interfere with employment.
 - Being more stable and better educated with less job turnover Get REAL students will increase labor productivity and the state's GDP.
 - They now want to learn and are more stable to be able to learn.
- Saving Idaho money.
 - This program is *proactive*, keeping teens out of trouble. This reduces the money spent on state funded agencies and departments addressing the problems after the fact such as:
 - *Dept. of Corrections, Dept. of Juvenile Justice, Judicial Youth Court, Dept. of Health and Welfare, Department of Labor Jobs and Unemployment Programs, Drug and Alcohol Prevention, Law Enforcement, Pregnancy Centers, Child Abuse Centers, Homeless Shelters, etc.*
- Typical Class Results : Teacher Cost With Benefits \$50k - \$65k
 - Typical District : 120 - 160 per term (class size varies, 1 or 2 terms)
 - Typical Results - 2 to 5 say "stayed in school", Similar number going to higher ed., 1 to 3 prevent pregnancy, 2 to 4 prevent or stop drugs, across the board higher GPA. Cost of one year of juvenile Detention - \$60k
- Teens are better prepared to commit and live out a successful life vision. The payoff ratio is estimated to be 15 to 1.

Get REAL Program - "Relevant Education About Life"

Request for Engagement

- Bring Program Statewide
 - Fund Under Department of Education
 - or ---
 - Pass Legislation
- Ambrosiani Pastore Foundation, Inc. Will Step Up
 - We Will Fund The Addition of Three New Districts of Your Choice for You to See for Yourself.
 - See "Get REAL" – Scope and Guidelines
 - First Year at 90%, Second Year 60%, Third Year 30%

Get REAL Program - "Relevant Education About Life"

Request for Engagement

FIVE MINUTE VIDEO OF STUDENT
COMMENTS

Get REAL Program - "Relevant Education About Life"

Letters of Endorsement

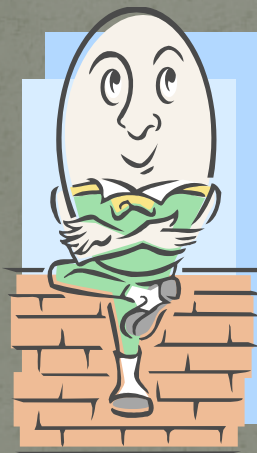
- Shawn Keough – Idaho State Senator – District 1
- George Eskridge – Idaho House of Representatives – District 1-B
- Joe Dunlap, Ed.D. – President, North Idaho College
- Jerry Keane – Superintendent, Post Falls School District # 273
- Shawn Woodward – Superintendent, Lake Pend Oreille School District # 84
- Richard Conley – Superintendent, Boundary County School District # 101
- Becky Weller Meyer, Ph.D. – Principal, Sandpoint High School
- Debbie Stallcup, M.Ed., Director – Bonner County Justice Services
- Nanette Brisbane, O.D. – Mother
- Heather Walde – Mother

Get REAL Program - "Relevant Education About Life"

The Long And Short of IT

We Need To Get Them
Over That Wall

So They Can Produce On
The Other Side

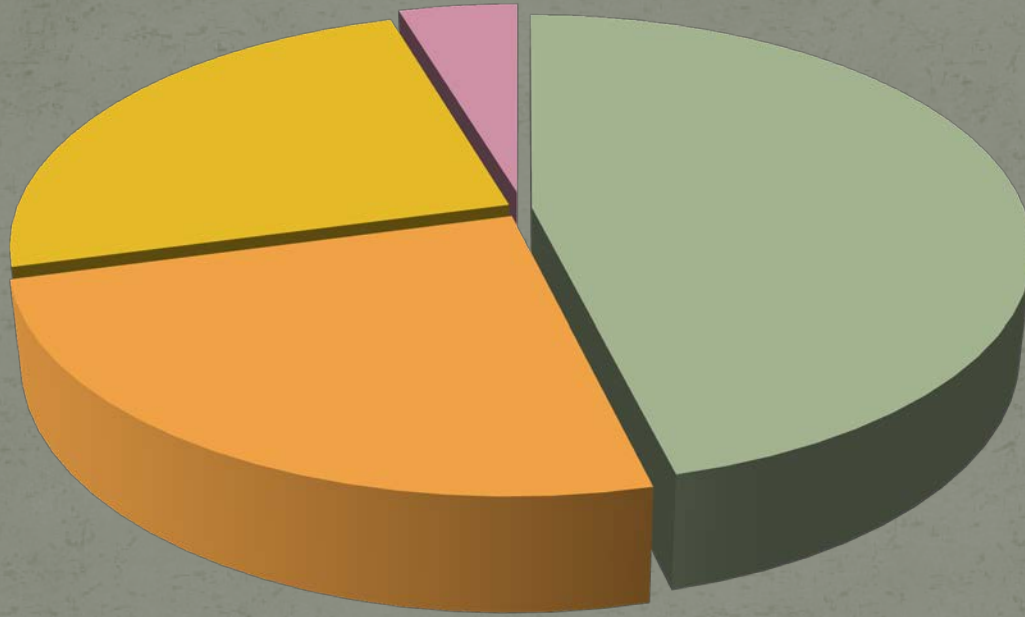


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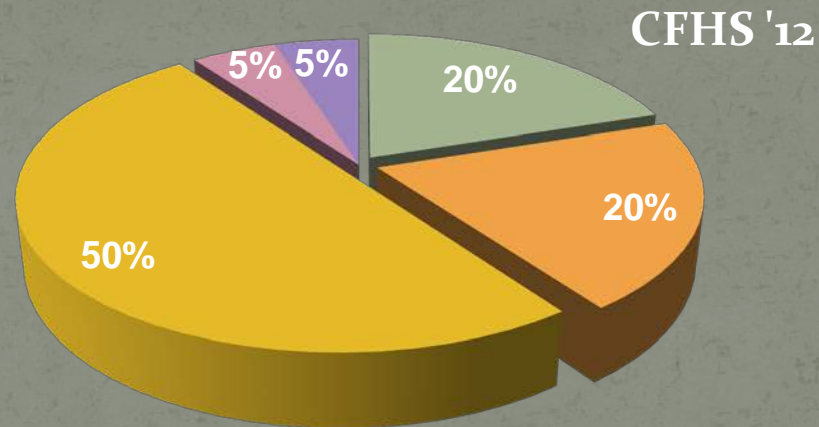
It's Up To Us !!!

Previous Data

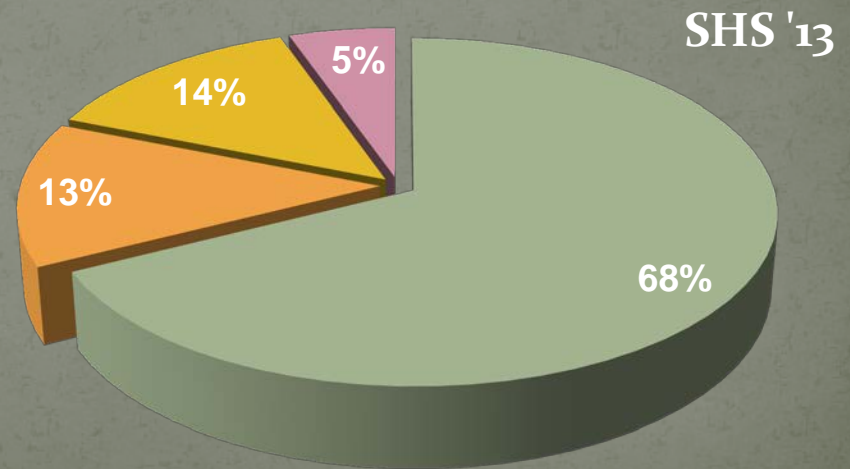
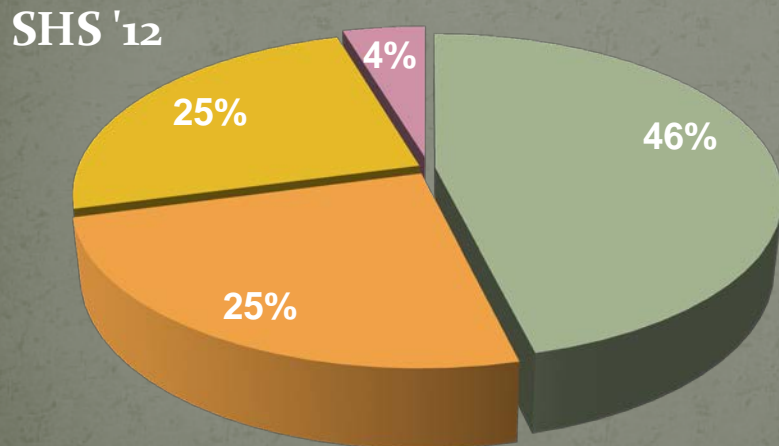


*On the following slides you can find used curricula and previous survey collections prior to the Spring 2013 semester.

This class has influenced me to commit to graduate from high school, or to further my education past high school.

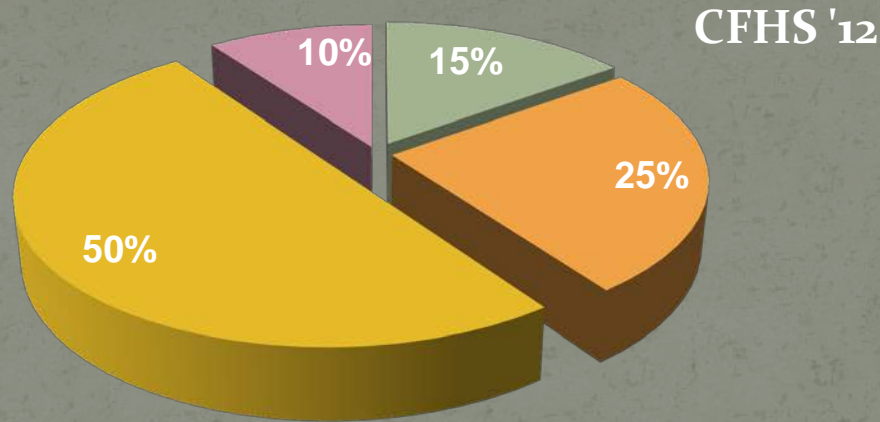


Strongly agree Agree Somewhat agree Disagree Strongly disagree

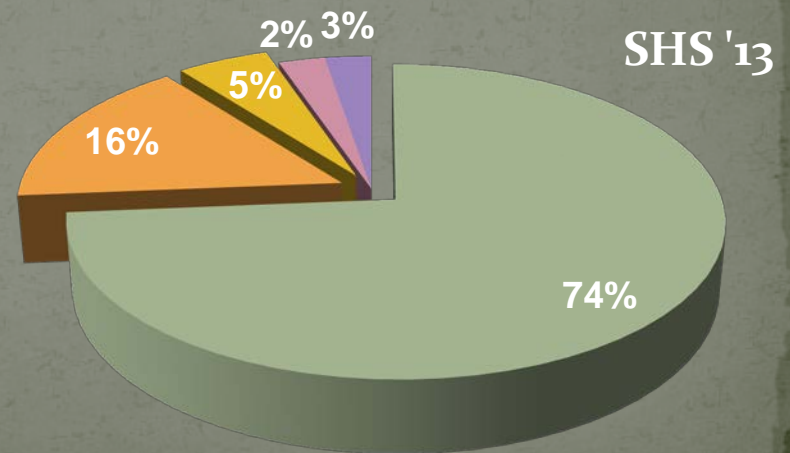
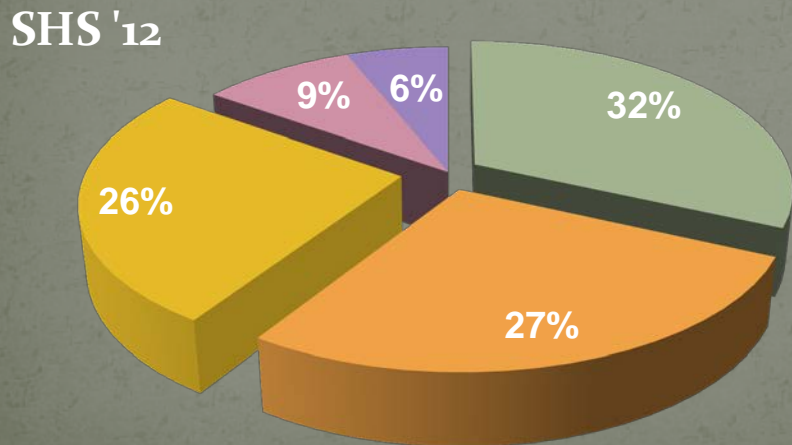


Total Students Survey: 124

This class has influenced me to stay away from drugs and alcohol.

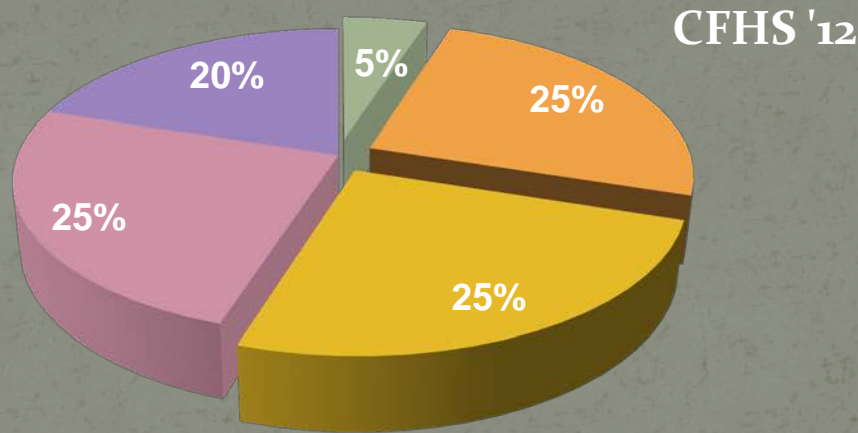


■ Strongly agree ■ Agree ■ Somewhat agree ■ Disagree ■ Strongly disagree



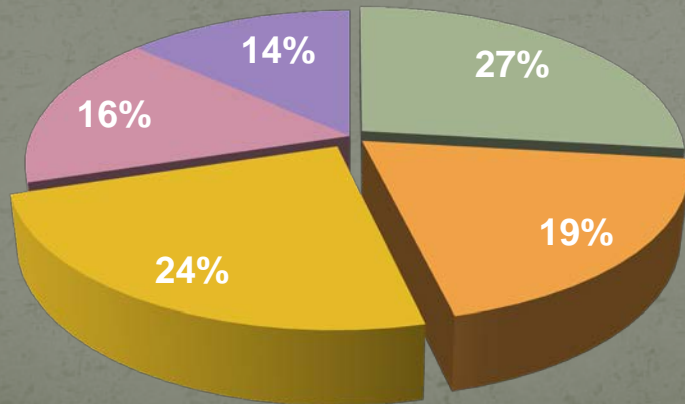
Total Students Surveyed: 124

This class has influenced my decisions about being a sexually active teen.

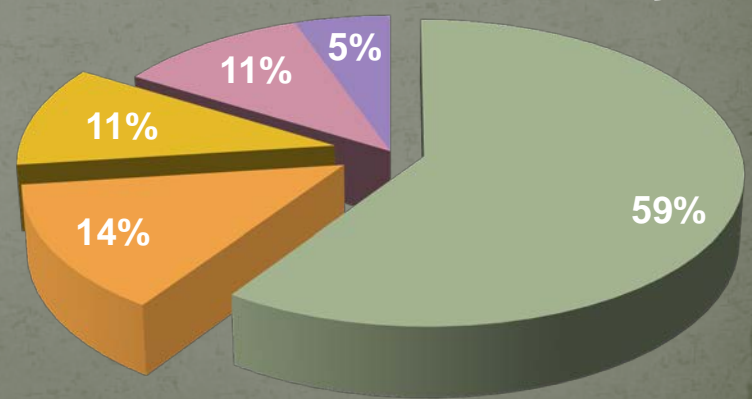


■ Strongly agree ■ Agree ■ Somewhat agree ■ Disagree ■ Strongly disagree

SHS '12

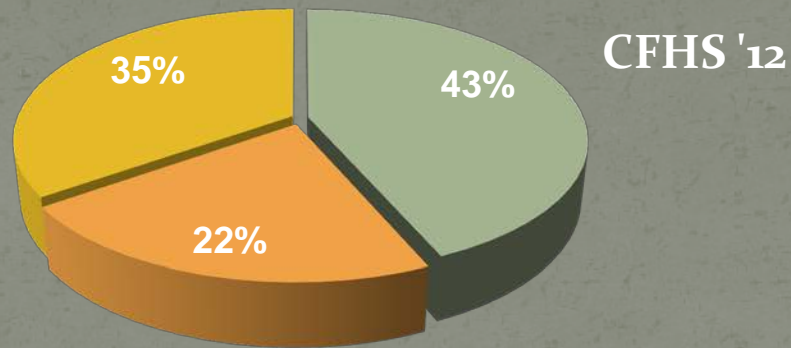


SHS '13

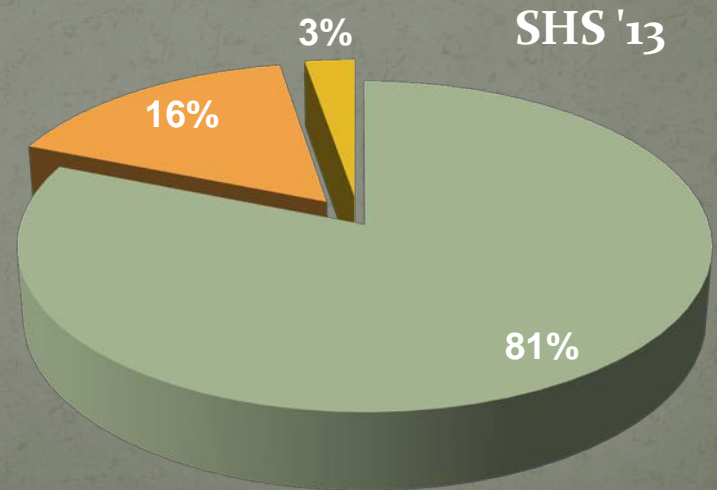
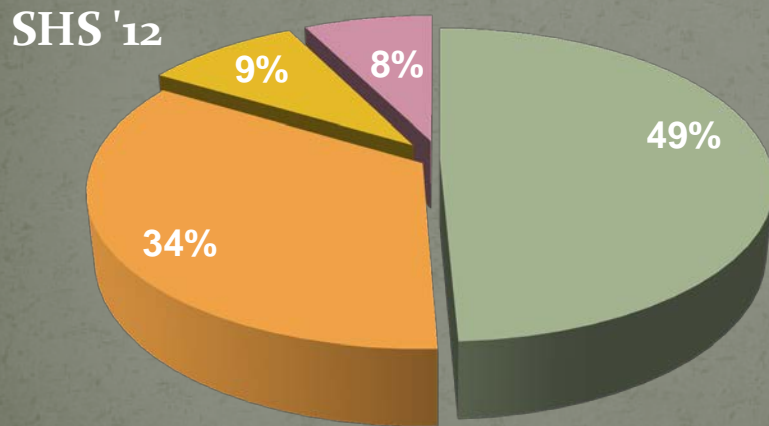


Total Students Survey: 124

This class has taught me what healthy relationships do and do not look like.



Strongly agree Agree Somewhat agree Disagree Strongly disagree



Total Students Surveyed: 124