

## STATEMENT OF PURPOSE

### RS22108C1

The purpose of this legislation is twofold:

1. to showcase the problem of physical inactivity and poor eating habits in Idaho; and
2. to increase awareness of the role nutrition and physical activity play in a healthful lifestyle.

Registered dietitians can help the people of Idaho by providing nutrition education in schools, workplaces, and clinics, and by providing medical nutrition therapy (nutrition counseling), with an emphasis on prevention, to prevent and manage chronic diseases, such as diabetes, heart disease, and high blood pressure.

### FISCAL NOTE

This legislation will have no fiscal impact. The legislation will aid in writing and securing grants and foundation dollars for needed projects, interventions and research to improve the health and reduce healthcare costs for our citizens of Idaho.

#### Contact:

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