



1-800-273-TALK (8255)

Suicide in Idaho

Idaho is consistently among the states with the highest suicide rates. In 2012 (the most recent year available) Idaho had the 8th highest suicide rate, 44% higher than the national average.

- In 2013, 308 people completed suicide in Idaho; a slight increase from 2012.
- Between 2009 and 2013, 79% of Idaho suicides were by men.
- In 2013, 65% of Idaho suicides involved a firearm. The national average is 51%.
- 15.8% (1 in 7) of Idaho youth attending regular public and charter high schools reported seriously considering suicide in 2013. 7.0% (1 in 14) reported making at least one attempt.
- A ten percent (10%) reduction in Idaho suicide attempts can immediately save over \$4 million per year in medical costs alone. If the cost burden of suicide in Idaho was evenly distributed over the population (2008) the burden would amount to over \$250 for every person living in Idaho (Piland, 2010).

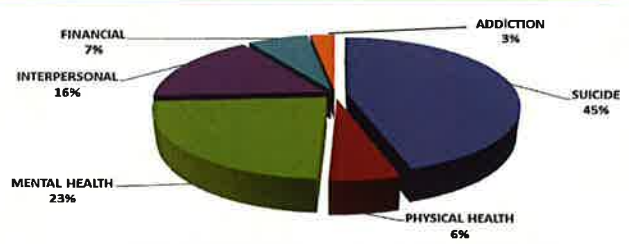
Staffing Information

- ISPH has 47 trained volunteers. Volunteers contributed a total of 9836 hours in 2014, an approximate in-kind value of \$179,053.
- Current staff consists of one full time Project Director, a part time Volunteer Coordinator, a full time phone room supervisor, 6 part time phone room supervisors and an Americorp Volunteer (7.18 FTE).

2015 Program Goals

- Incremental implementation of text/ chat response in addition to existing phone response.
- Increase level of volunteer staffing and statewide launch of Hotline Ambassador Program.
- Continue to implement sustainable funding strategies.
- Continue to increase statewide awareness of Hotline.

Caller Issues 2014



"So many lives are touched by suicide, including mine. But I have long believed that we are given adversity as a teacher, as a path toward empathy, and as a tool. So I didn't hesitate to sign up as a volunteer for the new Idaho Suicide Prevention Hotline. It was a huge relief to learn that we would be properly trained; that we would have professional supervisors to guide us as needed; that there would be support on the hotline calls and their after-effects. And none of this went undone. I feel cradled by my peers and especially by the Hotline staff!"
 — ISPH Volunteer

Call Statistics

	4th Quarter	Year to Date
Total Calls Received	10	2869
Military Members / Families	22	660
Rescue Calls (approximate)	4	147
Caller Age:		
10 - 14	20	94
15 - 19	10	311
20 - 24	95	238
25 - 34	13	307
35 - 44	62	160
45 - 54	11	285
55 - 64	19	565
65 - 74	18	84
75 - 84	6	21
85+	0	5
Didn't Report	25	799
Total Calls Received		2869

County	4th Quarter	Year to Date	County	4th Quarter	Year to Date
Ada	303	810	Idaho	0	5
Adams	2	11	Jefferson	4	5
Bannock	39	138	Jerome	17	49
Bear Lake	3	6	Kootenai	171	477
Benewah	12	22	Latah	28	78
Bingham	12	32	Lemhi	0	3
Blaine	10	23	Lewis	1	3
Boise	8	34	Madison	8	25
Bonner	25	50	Minidoka	3	11
Bonneville	50	138	Nez Perce	20	39
Boundary	1	1	Owyhee	4	11
Butte	0	6	Payette	8	20
Canyon	86	287	Power	8	17
Caribou	1	3	Shoshone	7	18
Cassia	9	20	Teton	1	4
Clearwater	1	8	Twin Falls	43	100
Custer	0	4	Valley	7	12
Elmore	5	19	Washington	2	10
Franklin	2	17	Unknown	1	1
			Caller Refused/Unable to Collect Data	60	232
Fremont	0	2	*Other	26	90
Gem	8	14	Total Calls Received	1001	2869
Gooding	5	14			

*Calls from out of state callers with 208 area coded cell phone numbers

