



**IDAHO ACADEMY OF
NUTRITION & DIETETICS**
eat right. an affiliate of the
Academy of Nutrition and Dietetics

Mission: The Idaho Academy of Nutrition and Dietetics is the premier source for reliable, objective food and nutrition information in Idaho. We empower the 400 members of Idaho Academy of Nutrition and Dietetics to be the food and nutrition leaders in **Idaho**.

Vision: Optimize the health of **Idahoans** through food and nutrition.

Registered Dietitian Nutritionists (RDNs) are the only licensed nutrition professional in Idaho. **RDN's** are an ideal part of a team providing cost-effective patient centered care to individuals. **RDNs** are trained to provide Medical Nutrition Therapy (MNT) through a nutrition centered care plan. A nutrition centered care plan focuses on the assessment, nutrition diagnosis, treatment plan, evaluation and monitoring of an individual's progress.

The **Institute of Medicine (IOM)** identifies **RDN** professionals as the single, identifiable group of health-care professionals with standardized education, clinical training, continuing education and national credentialing requirements necessary to provide and to be directly reimbursed as a provider of nutrition therapy.

RDNs work in a variety of settings

- **Medical-Clinical:** Deliver care in **Idaho** hospitals, medical clinics, diabetes education programs, skilled nursing and assisted living facilities, cancer care and sports medicine.
- **Education:** Teach and conduct research in **Idaho** colleges and universities.
- **Public Health:** Deliver programs serving the public such as Women Infants and Children (WIC) programs, state and local public health, school nutrition programs and Cooperative Extension.
- **Business:** Serve as nutrition experts to food and pharmaceutical companies.
- **Health Promotion and Disease Prevention¹:**
 - Provide **weight management counseling** and behavior change to reduce **overweight and obesity**.
 - Of **Idaho** adults over 18 years of age, **62 percent** are overweight or obese.
 - Provide **health and wellness education** to prevent **chronic disease** and disease complications such as for **diabetes** and **cardiovascular disease**.
 - **9.4 percent** of **Idaho** adults over 18 have diabetes; **6.8 percent** have pre-diabetes.
 - Promote healthy **food and nutrition** messages in **Idaho** communities such as eating more fruits and vegetables, reducing salt intake and choosing leaner foods to reduce high blood pressure and cholesterol.
 - **82.5 percent** of **Idaho** adults do not eat the daily recommended five servings of fruits and vegetables
 - **29 percent** of **Idaho** adults have high blood pressure; **39 percent** have high cholesterol.

Education, experience and on-going nutrition training requirements make the **RDN** the preferred nutrition professional in **Idaho**.

¹ Idaho Department of Health and Welfare, Division of Public Health. 2012 Idaho Behavioral Risk Factor Surveillance System. Health in Idaho: A State Profile 2012.

**Talking Points
House Bill 25**

Idaho Board of Physical Therapy

- House Bill 25 is brought on behalf of the Idaho Board of Physical Therapy.
- This Bill adds an exemption to the Act that regulates physical therapy.
- It would allow those licensed in another jurisdiction to travel to Idaho and provide physical therapy for a performing arts company visiting Idaho or for an athletic event, team or athlete competing in Idaho.
- No concern that this exemption will jeopardize public health. Limited to 60 days a year.
- Could involve assisting ballet or dance companies traveling through Idaho or teams that compete against the Idaho Steelheads hockey team, Boise Hawks baseball team, or athletes that compete in various competitions in Idaho.
- There is No opposition to this bill.

Talking Points
House Bill 23

Idaho Board of Massage Therapy

- House Bill 23 is brought on behalf of the Idaho Board of Massage Therapy.
- This Bill adds an exemption to the Act that regulates massage therapy.
- It would allow those licensed in another jurisdiction to travel to Idaho and provide massage therapy for an athletic event, team or athlete competing in Idaho and for performing arts companies performing in Idaho.
- No concern that this exemption will jeopardize public health. Limited to 60 days a year.
- Could involve teams that compete against the Idaho Steelheads hockey team, Boise Hawks baseball team, or athletes that compete in various competitions in Idaho.
- There is No opposition to this bill.

**Talking Points
House Bill 24**

Idaho Occupational Therapy Licensure Board

- House Bill 24 is brought on behalf of the Idaho Occupational Therapy Licensure Board which regulates the practice of occupational therapy in Idaho.
- This Bill reduces regulation.
- It eliminates a licensee's obligation to obtain 10 professional development hours every two years for license renewal. This change will save licensees time and money.
- Professional Development education typically assists licensees in their development as a professional as opposed to continuing education which addresses a licensee's continued competence to practice.
- Licensees will still need to obtain 20 hours of continuing education every 2 years under existing laws/rules.
- There is No opposition to this Bill.