

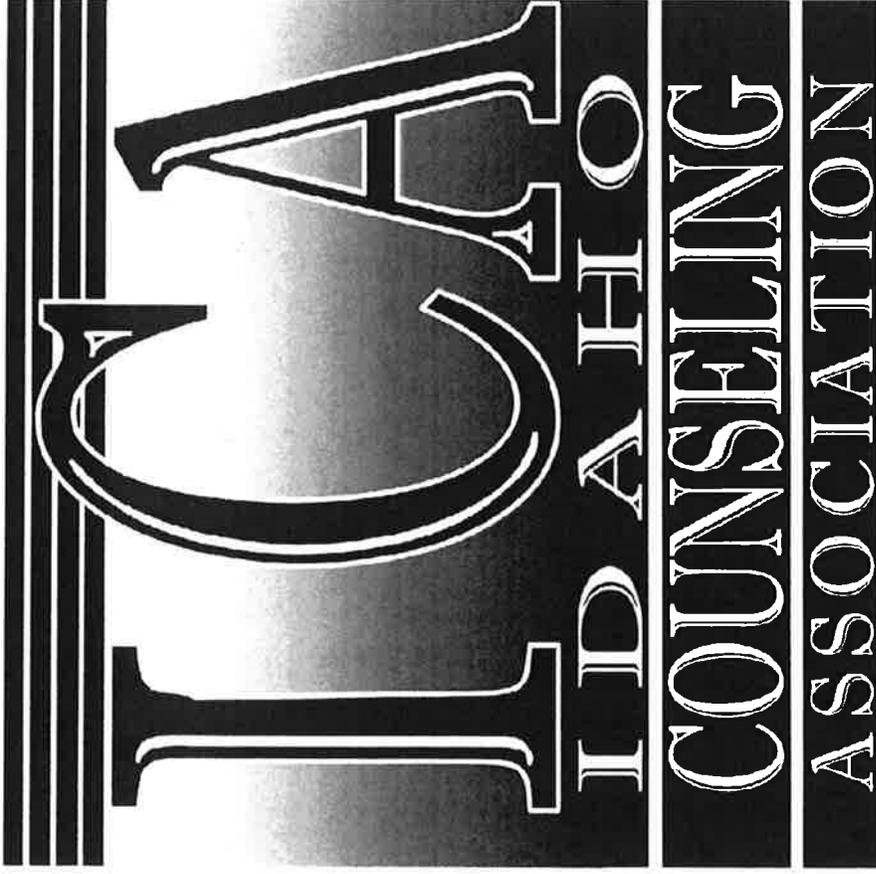
# Comparable Training for Licensed Mental Health Professionals

Medicare covers mental health services provided by psychiatrists, psychologists, mental health clinical nurse specialists and clinical social workers. Licensed Professional Counselors (LPCs) and Marriage and Family Therapists (MFTs) are not covered, despite the fact that both groups have education, training and practice rights equivalent to or greater than existing covered providers. Both LPCs and MFTs are licensed for independent practice in all 50 states, and are covered by private sector health plans.

	Licensed Professional Counselor (LPC)	Licensed Clinical Professional Counselor (LCPC)	Licensed Associate Marriage & Family Therapist (LAMFT)	Licensed Marriage & Family Therapist (LMFT)	Licensed Social Worker (LSW)	Licensed Master Social Worker (LMSW)	Licensed Clinical Social Worker (LCSW)
<b>Education</b>	Master's or doctoral degree in mental health counseling or a related field (min 60 credits)	Master's or doctoral degree in mental health counseling or a related field (min 60 credits)	Master's or doctoral degree which qualifies for licensure as a marriage and family therapist (min 60 credits)	Master's or doctoral degree which qualifies for licensure as a marriage and family therapist (min 60 credits)	Bachelor's degree	Master's or doctoral degree in social work	Master's or doctoral degree in social work
<b>Experience</b>	1,000 hours supervised experience in a graduate program	2,000 hours of post-graduate supervised practice (3,000 hours total)	1,000 hours supervised experience in a graduate program	3,000 hours total supervised experience in mft	None for licensure	None for licensure	3,000 hours of post-graduate supervised clinical practice
<b>Licensure Required</b>	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>National</b>	~120,000	~55,000	~200,000	~200,000	~200,000	~200,000	~200,000
<b>Idaho</b>	1162	887	14	269	1,813	1,326	1,266
<b>Medicare Reimbursement</b>	No	No	No	No	Yes	Yes	Yes

\*Title of licensure varies by state

AH #1



**Susan N. Perkins, PhD, LAMFT, LPC**

**ICA President**

**Dennis Baughman, MA, LCPC**

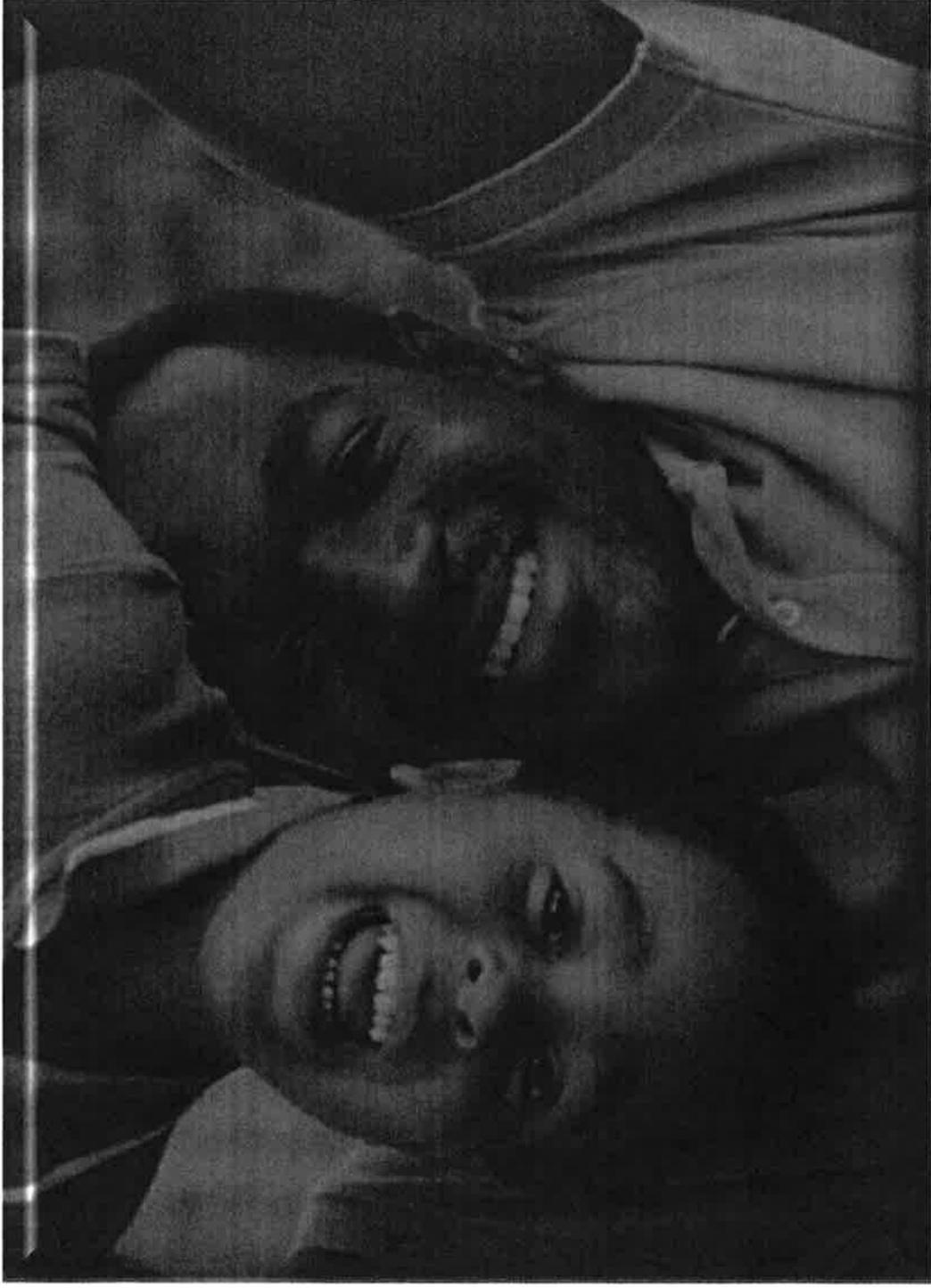
**ICA PP&L Committee**

**[www.idahocounseling.org](http://www.idahocounseling.org)**

# ***What is Counseling?***

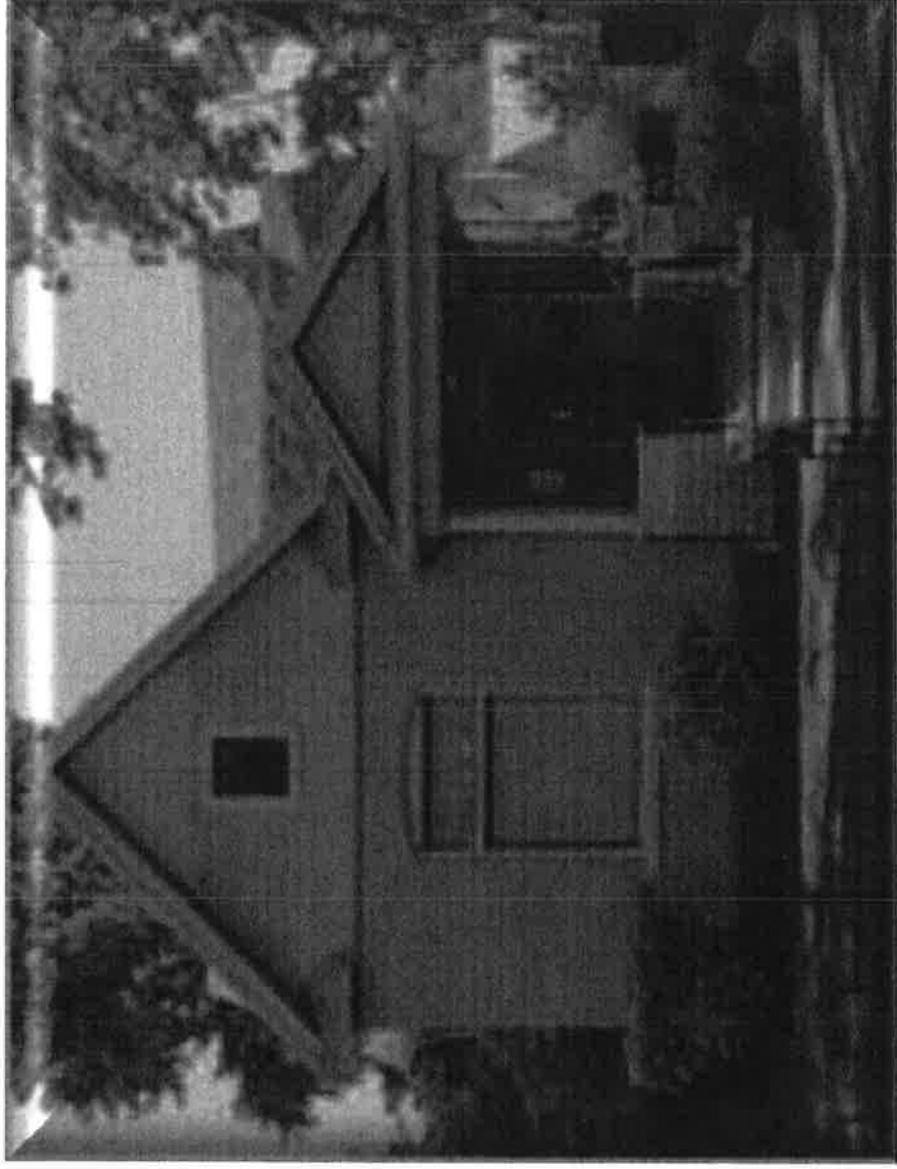


# *What Do Counselors Do?*



# ***Where Do Counselors Work?***

- Schools and Universities
- Government
- Business
- Health Care
- Residential
- Agencies
- Private
- Practice



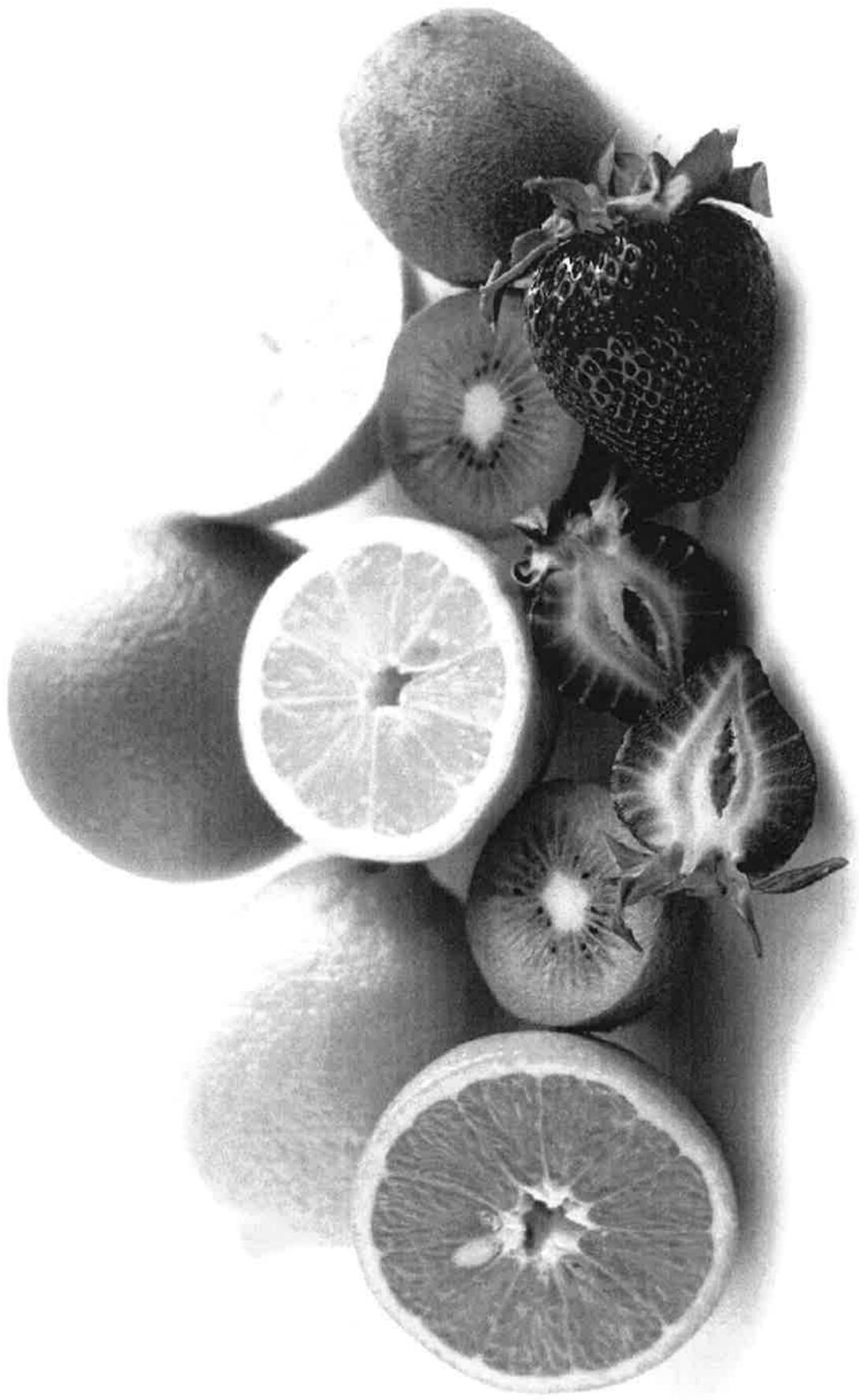


# *Counseling Philosophy*

# ***Comparable Training***



# ***Credits & Clinical Hours***



# Ranked 51<sup>st</sup> in mental health



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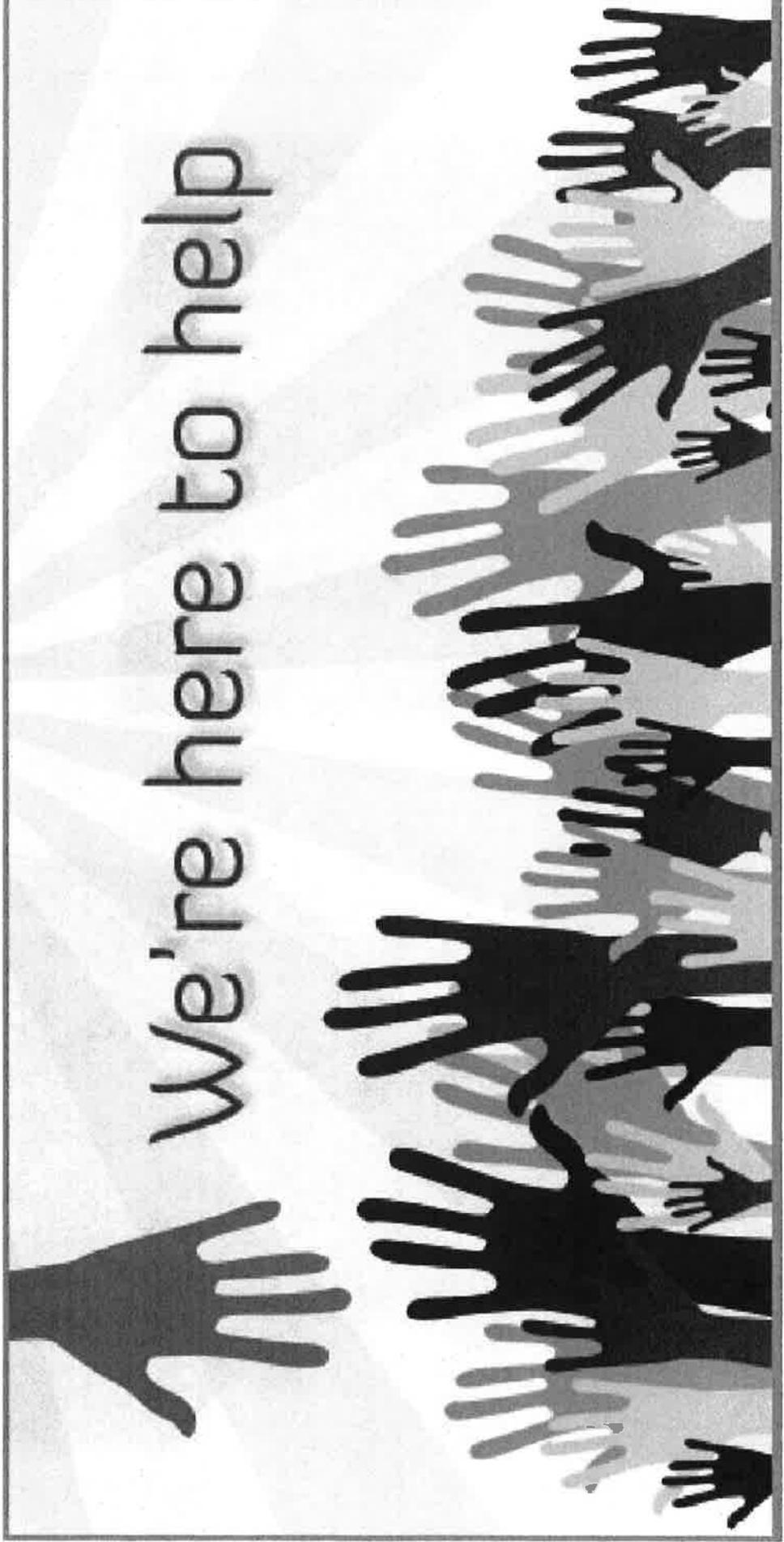
IDAHO CAREER  
DEVELOPMENT ASSOCIATION

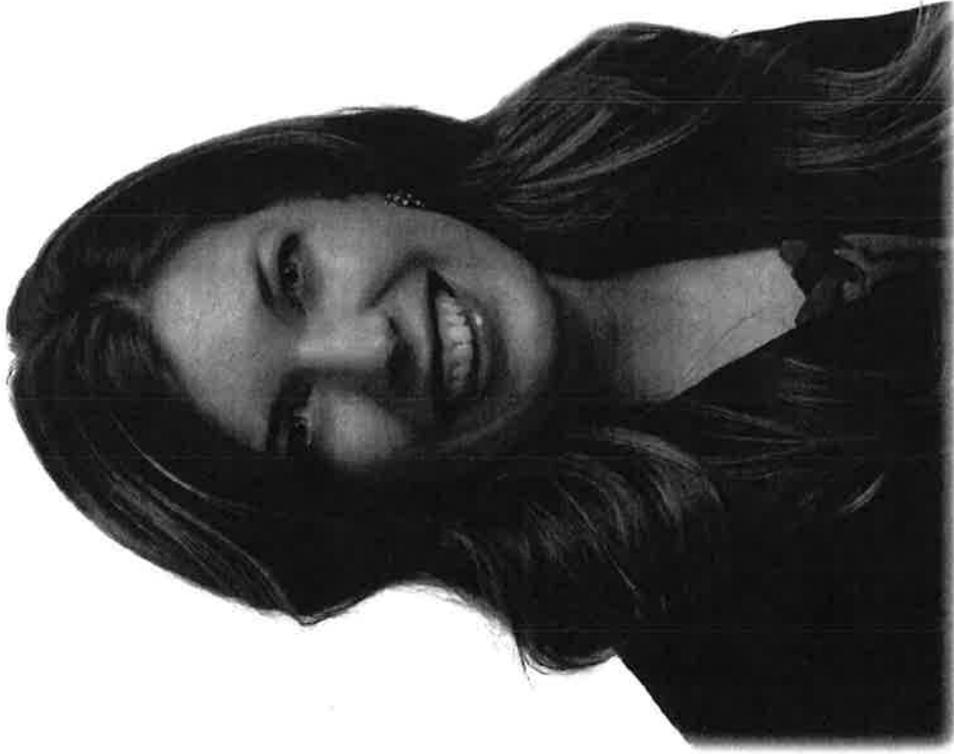
I.A.C.E.S.

IDAHO ASSOCIATION FOR COUNSELOR  
EDUCATION AND SUPERVISION



We're here to help





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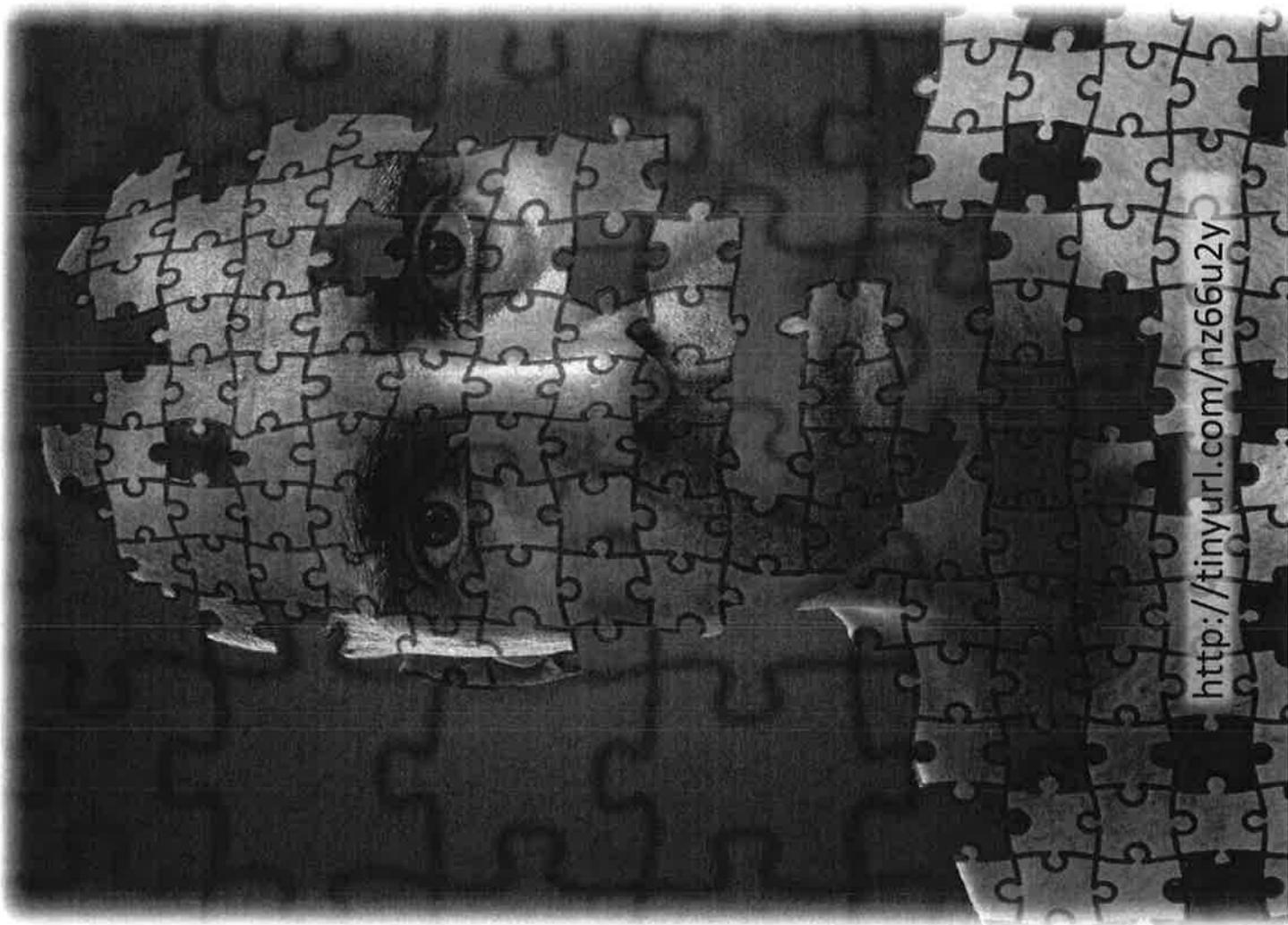
<http://gov.idaho.gov/about/seal.html>

GOIT  
ETHICS

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<http://tinyurl.com/p4wcs5c>



<http://tinyurl.com/nz66u2y>



# Medicare



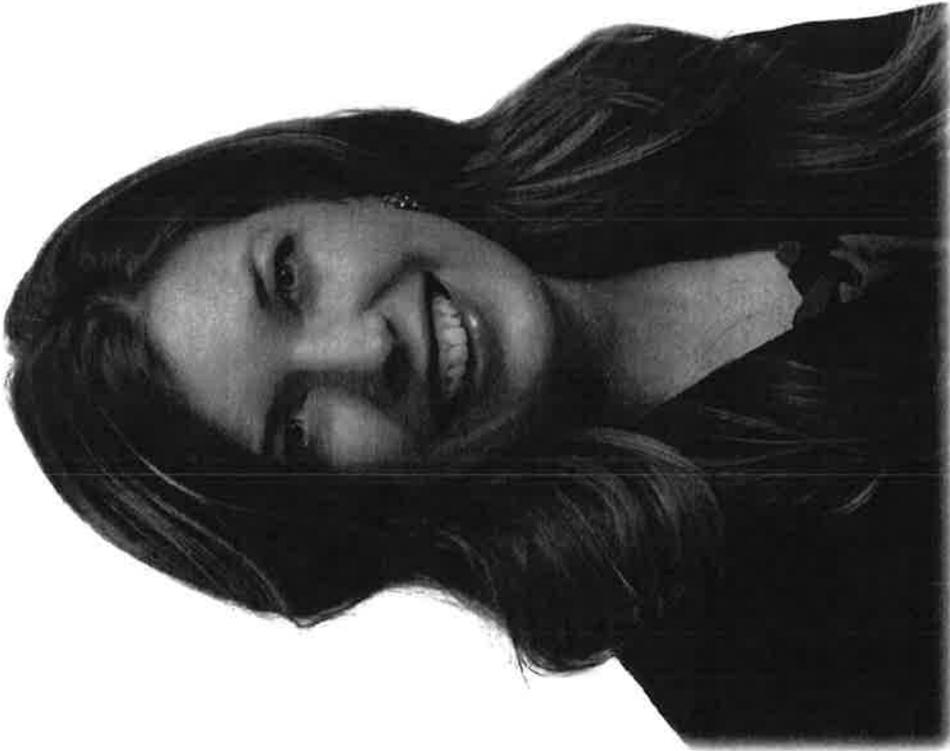
# Future



<http://www.malinikaushik.com/idaho/>

We're here to help





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**Idaho Counseling Association**

**Senate Health & Welfare Committee Presentation**

**March 19, 2015 Speaker notes**

1. Introduce speakers: Susan Perkins, Dennis Baughman
2. What is counseling: According to the American Counseling Association, counseling is a professional relationship that empowers diverse individuals, families, and groups to accomplish mental health, wellness, education, and career goals.
3. What do counselors do: Counselors assess, diagnose, and treat mental health problems for individuals, couples, and families. They do career counseling, group counseling, education, school counseling,
4. Where do counselors work: Counselors work in schools and universities, government, businesses and industries, health care, residential treatment facilities, community clinics, and private practice.
5. Counseling philosophy centers on personal growth and helping people reach their goals.
6. Comparable training for counselors, marriage and family therapists, and licensed social workers is addressed on a separate handout.
7. Idaho is consistently ranked in the low 10% of states on a variety of mental health topics.
8. Who is the Idaho Counseling Association? The Idaho Counseling Association is an organization of counseling and human development professionals who work in education, health care, residential treatment, private practice, community agency, governments and business/industry settings.
  - a. Our mission is to enhance human development throughout the life span and to promote the counseling and human development profession.
9. ICA has five divisions:
  - a. Idaho Association for Counselor Education and Supervision
  - b. Idaho Association of Marriage & Family Counselors
  - c. Idaho Career Development Association
  - d. Idaho Mental Health Counselors Association
  - e. Idaho School Counselor Association
10. ICA wants to be a resource for legislators.
11. What is happening currently in Idaho legislature related to mental health?
12. Code of Ethics: Currently, licensed counselors who are members of their national association (the American Counseling Association) are bound to two ethical codes because the professional organization has a new Code of Ethics and the old ACA Code of Ethics is written into licensure law. The IBOL is proposing a law change that would update the law to the new Code of Ethics. ICA supports this.
13. Telehealth in Idaho. Telehealth services show potential in helping close the gap between need for mental health services and available services. Please remember counseling in these



conversations and think through issues that may be unique to helping professionals. Also, the gap will not be closed unless the services are covered by third party payers, which they are not currently required to do.

14. Fragmented care in Idaho. This reduces incentive for organizations to work together to provide the best possible care for clients.
15. Medicare. Although Psychologists and Social Workers can currently be reimbursed for providing mental health services through Medicare, Counselors and Marriage and Family Therapists cannot. A national bill has been on the floor in previous years (e.g., Senate—S. 562, the Wyden/Barrasso “Seniors Mental Health Access Improvement Act” in 2013; related bills in 2014) please contact legislators and ask them to support this or similar bills.
16. In the future, ICA would like to request that legislators look to counselors to help fill the mental health needs in Idaho.
17. We are here to help—we are trained to find solutions and help people and systems reach their goals!
18. Contact us any time.