WE NEED YOUR HELP

Because we are a non-profit organization, we rely on the generosity of our community to fund our programs and services. We bring thousands of dollars to the local area each year through private and public grants, but are able to do so only by showing there is a need in our communities for the help we provide families — and that local citizens value and support our work.

We need and are grateful for:

- Cash donations/annual pledges
- Donations of books, cleaning wipes, rolls of stamps, gift cards (to office and craft supply stores)
- In-kind donations of services (we have had carpet cleaning, printing, housekeeping, technology, and maintenance services donated)
- Fairy Godmothers (and fathers!) who adopt a family, providing a "birthday party package" for each child in the family.

We also need volunteers to:

- Assist staff in our therapeutic classroom, working with children 18 months to 5 years of age
- Help with fund-raising events
- Serve as board members
- Help with facility and grounds maintenance



BOARD OF DIRECTORS

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Treasure Valley
Children's Relief Nursery
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Our mission is to prevent child abuse & neglect by helping struggling families.

We need your help in this effort.



- Safe Children
- Strong Families
- Successful Community



A Relief Nursery is a *combination of services* proven to help reduce the incidence of child abuse and neglect by helping to *reduce the stress* in overwhelmed parents' lives while helping them understand just how fun parenting can be — and just how important their parenting role is! The model is now used successfully by 30 *non-profit Relief Nurseries and satellites in Oregon* as well as in Texas and abroad. Key components of the model include a therapeutic classroom, regular home visits, and help in accessing basic resources. *We are licensed* by the Oregon Child Care Division and certified by the Oregon Association of Relief Nurseries.

Research shows Relief Nurseries keep children safe, prevent them from going into Foster Care, and keep parents from being incarcerated. The *evidence-based practices* used in our programs also prepare children for school. In other words, our services save money and heartache, which benefits us all.



THERAPEUTIC CLASSROOM

The goal in our therapeutic classroom is to gently help children 18 months through 5 years to heal socially and emotionally so they might develop a strong sense of self. Young children *need to feel safe and secure* before they can begin to tackle academic learning.

Interventionists, classroom assistants, and volunteers model positive behavior that establishes firm boundaries and social expectations while valuing each and every child individually. Children in our care really pick up on the vocabulary and can be heard using the words learned in the nursery to explain how they feel rather than screaming, wailing, or hitting.

strong families HOME VISITS

Using an evidence-based curriculum and a developmental screening tool, the interventionists who work with children in the classroom visit families in their homes to share information on where their child is developmentally, where one might expect a child that age to be, and how they can help their child learn through positive engagement and play. Interventionists help parents set goals for their family and their children.

All families enrolled are invited to participate in monthly family connection events. These gatherings center around themes with helpful information, but parents also take comfort in knowing other parents face similar struggles. These help to create a support network.

successful community

INVESTING IN OUR FUTURE

"The research is clear: Dollars invested in Early Childhood Development yield extraordinary public returns. The quality of life for a child and the contributions the child makes to society as an adult can be traced back to the first few years of life. From birth until about 5 years old, a child undergoes tremendous growth and change. If this period of life includes support for growth in cognition, language, motor skills, adaptive skills and social-emotional functioning, the child is more likely to succeed in school and later contribute to society. However, without support during these early years, a child is more likely to drop out of school, receive welfare benefits and commit crime."

 Dr. Art Rolnick, former senior vice president and director of research, Federal Reserve Bank in Minneapolis

