

SENATE HEALTH & WELFARE COMMITTEE
Wednesday January 20, 2016

ATTACHMENT 2



SUCCESS THROUGH COLLABORATION

Idaho Council on Suicide Prevention
Linda Hatzenbuehler, Chair

• **320**

- Total deaths by suicide in Idaho (2014)

• **96**

- School aged deaths (2010-2014)

• **20**

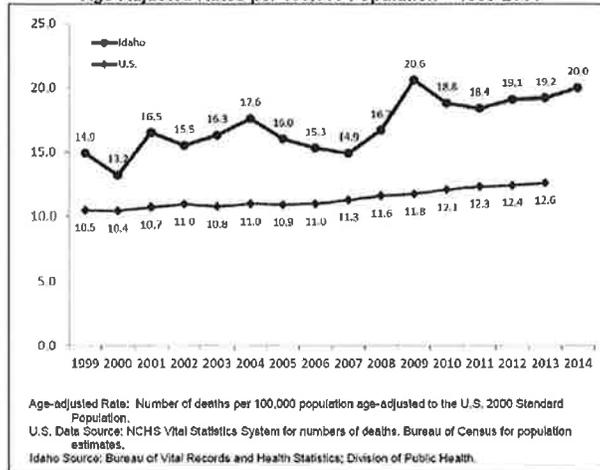
- Children 14 and under (2010-2014)

Economic Impact of Deaths by Suicide in **Idaho** (2013 estimates)

- \$1.3 million/annual medical costs
- \$467 million, lifetime productivity losses

Idaho vs. US Suicide Rates, 1999 - 2014

Table 1: Idaho and U.S. Resident Suicide Deaths
Age-Adjusted Rates per 100,000 Population - 1999-2014



Idaho and US Suicide Rates Over Time

Pre and Post Economic Decline

	<u>1994-2007</u>	<u>2008-2014</u>
US Avg. Rate	11.2	12.6
ID Ave. Rate	15.6	18.6

Changes Over the Last 5 Years in Idaho

	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>
Suicide Rate	18.5	17.9	18.7	19.1	19.6
State Rank in Suicides per Capita	6 th	11 th	8 th	7 th	9 th
Total Suicide Deaths	209	284	299	308	320

Changes Over the Last 5 Years in Idaho

	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>
Youth, age 15-24 Suicide Rate	16.1	22.2	24.0	20.4	19.4
Youth, age 15-24 Rank in Suicides per Capita	8 th	3 rd	3 rd	6 th	9 th
Number of Suicide Deaths Among School-Age Children (18 or younger) Over 5 Years	<u>2006-10</u> 72	<u>2007-11</u> 78	<u>2008-12</u> 83	<u>2009-13</u> 85	<u>2010-14</u> 96

What Works

- **LEADERSHIP:** State leadership is necessary for comprehensive, effective and sustainable suicide prevention programs
- **YOUTH TRAINING:** Training youth with positive, evidence-based, upstream approaches is the most effective way to reduce suicide rates over time.
- **HOTLINES:** A sustainable hotline is a critical and necessary component to suicide prevention infrastructure
- **PUBLIC AWARENESS:** Well-conceived, targeted media campaigns have a positive effect on suicidal behavior.