



## Idaho Caregiver Alliance Action Plan: Solutions through Partnerships

Public  
Awareness



Respite  
Network



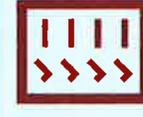
Information,  
Training and  
Resources



Collaboration  
across systems



Caregiver-friendly  
employment and  
tax policies



Value of  
caregivers  
recognized



To achieve these solutions, an organized voice for caregivers is needed.

## Outcomes of Action

- Better health for all
- Saves money by reducing hospitalizations and delaying institutional care
- Strengthens workforce stability and productivity
- Improves quality of life for caregiver and family

For information about ICA and the Idaho Family Caregiver Action Plan:  
[https://hs.boisestate.edu/csa/idaho-lifespan-family-caregiver-action-](https://hs.boisestate.edu/csa/idaho-lifespan-family-caregiver-action-plan/)

[plan/](https://hs.boisestate.edu/csa/idaho-lifespan-family-caregiver-action-plan/)



AARP Real Possibilities in

Idaho



# IDAHOANS ARE FAMILY CAREGIVERS

Every day family caregivers help their parents, spouses, children with disabilities and other loved ones live at home.



More than 300,000 family caregivers annually



Provide 201 million hours of unpaid care annually

**3:1**

Estimated ratio of working adults to older adults by 2020

While they wouldn't have it any other way, family caregiving is a huge job. Caregivers in Idaho:

Are not recognized as partners in care



Perform medical tasks without training



Risk family stability

Don't know where to go for help

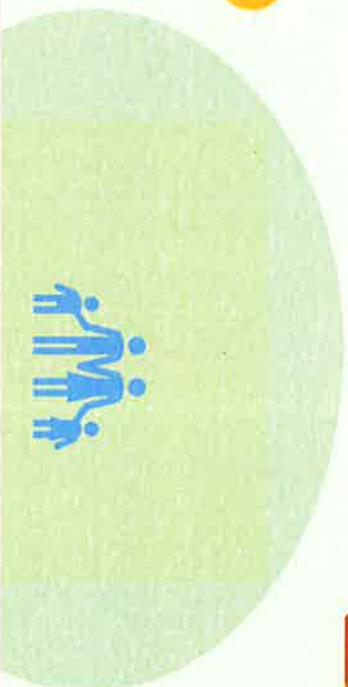


Risk losing employment and income

Have little access to respite (a break)



Neglect their own health



The **MISSION** of the Idaho Caregiver Alliance is to advance the well-being of family caregivers by promoting collaboration that improves access to quality support and resources for caregivers across the lifespan.

Source: Idaho Lifespan Family Caregiver Action Plan, October, 2016