American School Counselor Association National Model ASCA

Legislative Presentation

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Idaho Counselor Association, American School Counselor Association
ASCA National Model, 2003 & 2012

American School Counselor Association National Model

A Framework for School Counselors

Preface

EMBRACE THE FUTURE: WELCOME THE FUTURE: A BRIEF HISTORY OF SCHOOL COUNSELING

School Counseling is a relatively new profession that has evolved significantly over the past several decades. The field of school counseling began in the early 1960s as a result of efforts to address the needs of students who were experiencing academic, social, and emotional challenges in school. The first school counseling programs were established in response to these needs, and the field has continued to evolve and expand ever since.

The ASCA National Model is a framework designed to guide school counselors in their efforts to provide effective and comprehensive services to students. The model is based on research and best practices in the field, and it provides a roadmap for school counselors to develop and implement effective programs.

This edition of the ASCA National Model includes updates and revisions to reflect the latest research and trends in the field. It is intended to be used as a guide for school counselors and administrators as they work to improve and expand school counseling programs in their communities.
Impact of the ASCA National Model

• Defines a *standard, consistent role with accountability & expectations* for Counselors

• Establishes a *comprehensive program*, for all schools, regardless of district size

• Meets *needs of ALL students*—Academic, Career Readiness, Social/Emotional (soft skills)

• *State and National Legislative support* for ASCA National Model
Why the ASCA National Model?

• Research & Evidence Based Program (ASCA, 2003; 2012)
  – ASCA National Model taught in our colleges
  – ASCA Hands-On workshops in Idaho school districts

• Built in Structure Lesson Plans– 3 Domains
  – Career/College Readiness
  – Academic
  – Social/Emotional (soft skills)

• Developmentally Comprehensive Program
  – Reaches ALL students
  – 80% of Counselor time spent in DIRECT services via classroom lessons, small groups & individual planning
The ASCA Answer for Idaho Counselors

- **Specific**  School Counselor/closely related field
- ASCA Framework Model- thereby conducive to each individual district
  - Job Description
  - Evaluation Rubric & Administrative Evaluation Checklist
  - Based on a ASCA National Model & aligned with C. Danielson & A. Marzano Evaluations

- **ASCA Systems**-  Foundation, Management, Accountability & Delivery

- **ASCA Themes**- Leadership, Collaboration, Advocacy= Systemic Change

- “When I was working in AZ, no matter which district or town I worked in, School Counselors were all saying the same thing for kids. It was awesome!”  Yvette M. Nampa HS Counselor
‘College Begins In Kindergarten’

**Career/College Readiness**
- Advanced Opportunities--Dual Credit
- CIS
- 4-Year Plans (beginning in 7th grade)

**Career/Tech Education**
- Interest Inventories, Tours, Degrees & Certificates
- College of Western Idaho, Stevens-Henager College, Treasure Valley Community College, Carrington…

**60% Go-On Rate for Idaho**
- Counselors directing ALL students K-12 Career Ready
<table>
<thead>
<tr>
<th>Learning Strategies</th>
<th>Self-Management Skills Demonstrate...</th>
<th>Social Skills</th>
</tr>
</thead>
<tbody>
<tr>
<td>Demonstrate critical-thinking skills to make informed decisions</td>
<td>Ability to assume responsibility</td>
<td>Use effective oral &amp; written communication &amp; listening skills</td>
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<tr>
<td>Demonstrate creativity</td>
<td>Self-discipline &amp; self-control</td>
<td>Create positive &amp; supportive relationships</td>
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<tr>
<td>Use time-management, organizational &amp; study skills</td>
<td>Ability to delay immediate gratification for long-term rewards</td>
<td>Demonstrate empathy</td>
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<tr>
<td>Apply self-motivation &amp; self-direction to learning</td>
<td>Perseverance to achieve long/short term goals</td>
<td>Create relationships with adults to support success</td>
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<tr>
<td>Apply media &amp; technology skills</td>
<td>Ability to overcome barriers to learning</td>
<td>Demonstrate ethical decision-making &amp; social responsibility</td>
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<tr>
<td>Set high standards of quality</td>
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<tr>
<td>Identify long &amp; short term academic, College/Career, social/emotional goals</td>
<td>Ability to balance school, home &amp; community activities</td>
<td>Use effective collaboration &amp; cooperation skills</td>
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<td>Actively engage in challenging coursework</td>
<td>Personal/professional safety skills</td>
<td>Use leadership &amp; teamwork skills to work effectively</td>
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<td>Gather evidence &amp; consider multiple perspectives to make informed decisions</td>
<td>Ability to manage transitions &amp; ability to adapt to changing situations &amp; responsibilities</td>
<td>Demonstrate advocacy skills &amp; ability to assert self</td>
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<td>Participate in enrichment &amp; extracurricular activities</td>
<td>Effective coping skills when problem solving</td>
<td>Demonstrate social maturity, soft skills &amp; behaviors appropriate to the situation &amp; environment</td>
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ASCA Domains
Academic, Social/Emotional, Career
Professional/Soft Skills

1. Communication– Oral & Written
2. Teamwork
3. Problem-solving Skills
4. Critical Thinking
5. Attitude

Career Readiness require all 3 domains for success!
Implementation

• School Counselors meeting the needs of ALL Idaho Students K-12
  – Hands-On ASCA Workshops
  – Continued coaching by ASCA Trainers

• School Districts in Idaho—upgrading & implementing ASCA National Model in Schools
  – Work with Administrators via IDLA
  – Meet with Administrators for ASCA support

• ASCA National Model in ALL schools is data based & research driven
National Award for ASCA Schools—
RAMP

Vallivue High School 2016—The 1st Idaho School to be Nationally recognized for ASCA Model Program & receive the RAMP recognition!

Connie Benke--Vallivue/Ridgevue High School Counselor

Suzanne Bowen--Vallivue Elementary School Counselor
ASK For...

• Your alliance & support with Idaho School Counselors (ISCA) to fulfill the 60% Go-On Rate
  – Counselors in DIRECT SERVICES (80-85% of time) to reach ALL students
  – Knowledge of the ASCA National Model

• Statewide funding for ASCA Workshops
  – For school counselors, support staff & administrators

• ISCA Current project:
  – Idaho Counselor rubric, job description, & evaluation
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  • 208-901-0433
  • lodgecoaching@cableone.net

• Connie Benke—Ridgevue High School Counselor
• Suzanne Bowen—Vallivue Elementary School Counselor

• Idaho School Counselor Association ISCA (ASCA Workshop Pricing & Lesson Plans K-12)
  • http://www.idahoschoolcounselors.org/index.html

• American School Counselor Association
  • www.schoolcounselor.org