

FACTSHEET

MARCH 2022



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State Alzheimer's Disease Plans

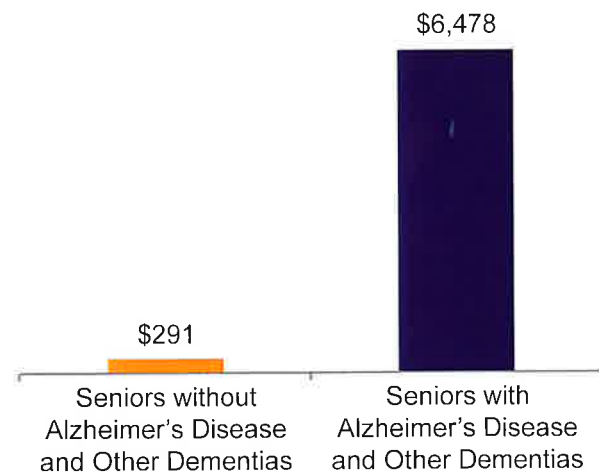
Alzheimer's is a large and growing public health crisis that state policymakers cannot ignore.

- Today, more than 6 million Americans are living with Alzheimer's, and that number is expected to more than double by 2050.
- Average per-person Medicaid spending for seniors with Alzheimer's and other dementias is 22 times greater than average per-person Medicaid spending across all seniors without dementia.
- In 2022, caring for people with Alzheimer's will cost Medicaid an estimated \$60 billion — and is projected to rise 201% (before inflation) by 2050.

States develop their response to this crisis by engaging advocates, legislators, public health officials, and social service agencies in the creation of a State Alzheimer's Disease Plan.

- Each state has its own unique gaps and needs, and a state-specific plan can recommend tailored policies to better serve those living with dementia and their families.
- State Alzheimer's Disease Plans establish accountability by helping to ensure policymakers create the infrastructure necessary to address the growing crisis.
- When successfully implemented by state legislatures and state agencies, state plans result in a timely and effective response to Alzheimer's disease.

Average Annual Per Person Medicaid Spending



What Can States Do?

- Advance legislation or state agency directives to update and implement State Alzheimer's Disease Plans.
- Designate a state agency to lead the implementation of the state plan.
- Establish a workgroup of state officials (including public health, aging, social services, and Medicaid), advocacy stakeholders, and professional care providers.
- Implement state policy changes as recommended in the state plan, including establishing an infrastructure that serves the needs of those with the disease and their caregivers.

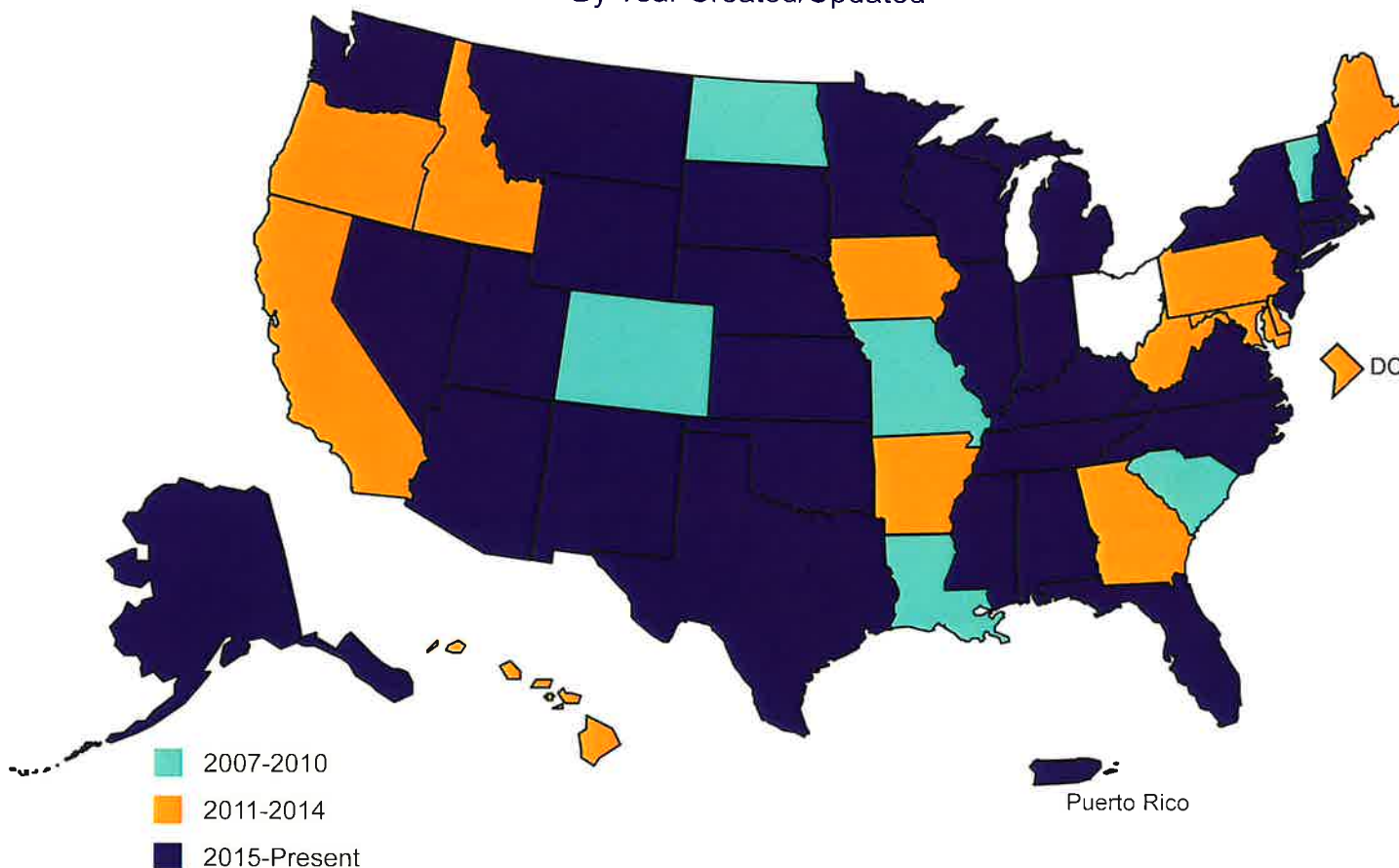
Since 2007, 49 states, the District of Columbia, and Puerto Rico have published State Alzheimer’s Disease Plans.

- Common recommendations in state plans include increasing education and awareness of the disease; promoting early detection and diagnosis; expanding access to home and community-based services; and addressing workforce shortages.
- Many states have also addressed other issues, including health care system capacity; quality of care; legal issues; funding for medical research; and safety.

States must ensure their State Alzheimer’s Disease Plans are implemented — and then periodically reviewed and updated.

- Following publication of a state plan, states must work to make the plan’s consensus-developed recommendations a reality.
- States should measure the impact of the new policies and their effectiveness in improving the lives of those with Alzheimer’s and their families.
- To ensure the plans — and state policies — reflect the current needs and best practices, states must update their plans every three to five years.

States with State Alzheimer’s Disease Plans
By Year Created/Updated



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Costs of Alzheimer's to Medicare and Medicaid

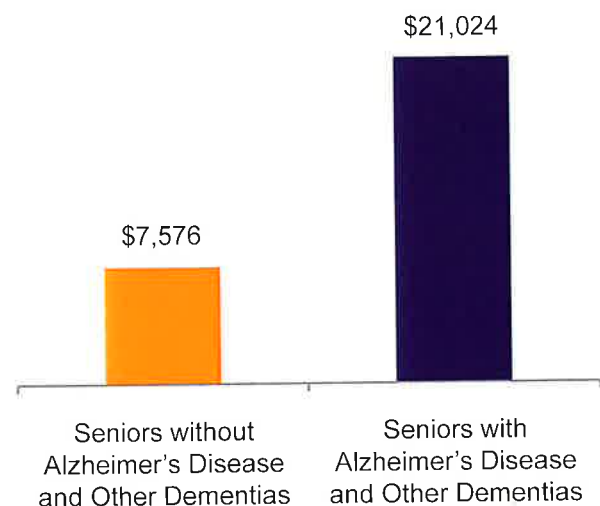
Alzheimer's is one of the most expensive diseases in America, costing more than cancer and heart disease.

- In 2022, the direct costs to American society of caring for those with Alzheimer's and other dementias will total an estimated \$321 billion.
- A study found that in the last five years of life, the costs of a person with dementia, on average, total more than \$287,000 (in 2010 dollars). This is compared with \$175,000 for a person with heart disease, and \$173,000 for someone with cancer.

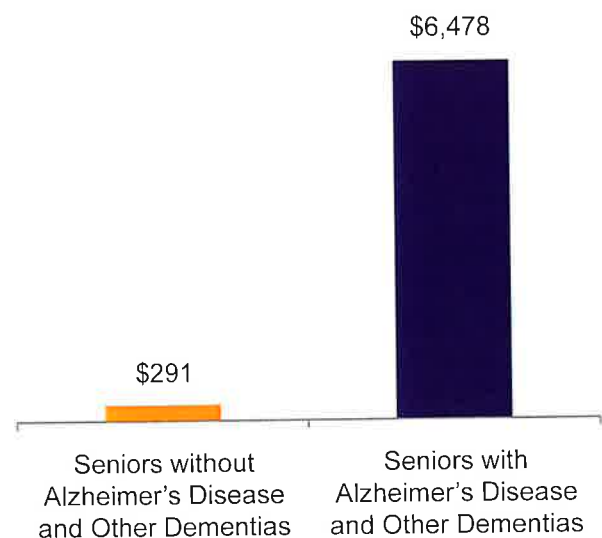
Most of these costs are borne by Medicare and Medicaid.

- In 2022, Medicare and Medicaid will spend an estimated \$206 billion caring for those with Alzheimer's and other dementias — 64% of total costs.
 - An estimated \$146 billion will be spent by the federal government under Medicare.
 - This means that more than 1 in every 6 Medicare dollars will be spent on someone with the disease.
 - Federal and state governments combined will spend an estimated \$60 billion under the Medicaid program caring for those with Alzheimer's and other dementias.
- Average per-person Medicare spending for seniors with Alzheimer's is 2.7 times higher than average per-person spending for all other seniors. Under Medicaid, spending is, on average, more than 22 times higher.

Average Annual Per Person Medicare Spending



Average Annual Per Person Medicaid Spending



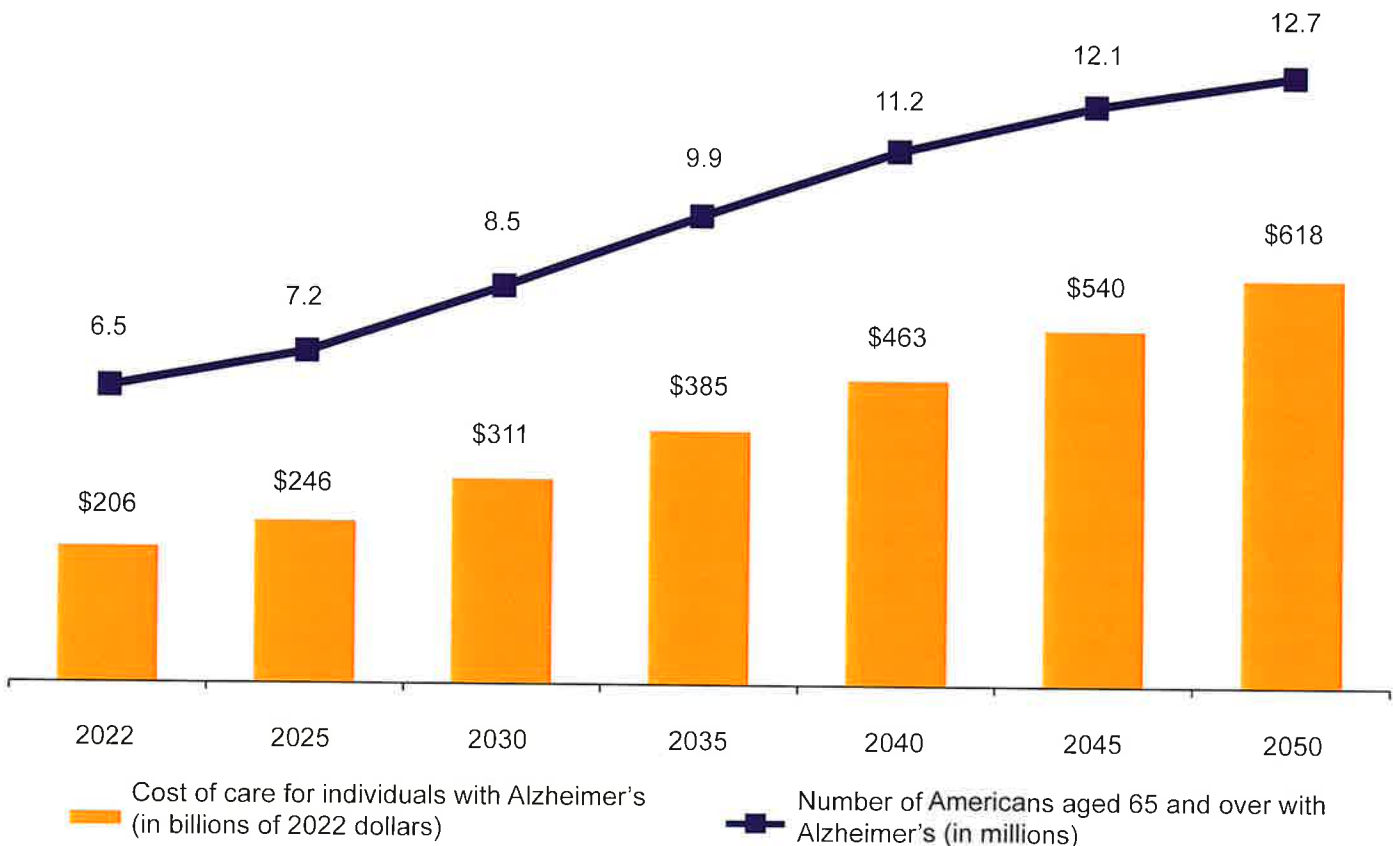
With the aging of the baby boomers, the number of Americans aged 65 and older with Alzheimer’s is expected to dramatically escalate.

- Today, an estimated 6.5 million Americans aged 65 and older are living with Alzheimer’s disease.
- The number of Americans aged 65 and older is projected to grow from 58 million in 2021 to 88 million by 2050.
- The number of Americans living with Alzheimer’s will nearly double by 2050 to 12.7 million if nothing changes.

Costs will also expand in lockstep. By 2050, combined Medicare and Medicaid spending on people with Alzheimer’s will skyrocket to \$618 billion (in 2022 dollars)

- In 2050, Medicare spending on people with Alzheimer’s will total \$436 billion — an increase of 200% from today’s spending levels. This will represent nearly 1 in every 3 dollars of total estimated Medicare spending.
- Medicaid spending on people with Alzheimer’s will increase 201% between now and 2050, as costs will reach \$181 billion in 2050.

Alzheimer’s Prevalence and Costs to Medicare and Medicaid





Idaho

Alzheimer's Statistics



Prevalence

NUMBER OF PEOPLE
AGED 65 AND OLDER
WITH ALZHEIMER'S

Year	TOTAL
2020	27,000
2025	33,000

ESTIMATED % CHANGE

22.2%



Workforce

8

of geriatricians

987.5%

% increase needed to meet
the demand in 2050

15,930

of home health and
personal care aides

20.9%

% increase needed to meet
demand in 2028



Caregiving (2021)

42,000

Number of Caregivers

\$749,000,000

Total Value of Unpaid Care

30.8%

% of caregivers
with depression

49,000,000

Total Hours of Unpaid Care

73.7%

% of caregivers
with chronic
health conditions

16.7%

% of caregivers
in poor physical
health



Health Care

HOSPICE (2017)

1,566

of people in hospice
with a primary diagnosis
of dementia

17%

% in hospice with a primary
diagnosis of dementia

HOSPITALS (2018)

1,389

of emergency department
visits per 1,000 people
with dementia

17.2%

dementia patient hospital
readmission rate

MEDICAID

\$149M

Medicaid costs of caring
for people with Alzheimer's
(2020)

31.2%

projected change in costs
from 2020 to 2025

MEDICARE

\$22,739

per capita Medicare spending on people
with dementia (in 2021 dollars)



Mortality

OF DEATHS FROM ALZHEIMER'S DISEASE (2019)

650

148.1% increase in
Alzheimer's deaths since 2000

More than **6 million Americans** are living with Alzheimer's, and over **11 million** provide their unpaid care. The cost of caring for those with Alzheimer's and other dementias is estimated to total **\$321 billion** in 2022, increasing to nearly **\$1 trillion** (in today's dollars) by mid-century.

For more information, view the **2022 Alzheimer's Disease Facts and Figures** report at alz.org/facts.
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