

# Idaho Caregiver Alliance At A Glance



The mission of the ICA is to serve as the voice, convener, and catalyst for support of unpaid family caregivers across the lifespan.

## Who are Caregivers?



This kit is not all inclusive but merely highlights the variety involved in caregiving.

**1 in 5 Adults in Idaho are Caregivers.**

**ICA supports caregivers and works across agencies and systems**



"I cannot imagine another organization able to do this work. This work is critical to the state and the return on investment is incalculable."  
-Jeremy Maxand, LINC



"I remember and know what it was like before the ICA. The conversations were so different. In our work (Legacy Corps), I have a much better idea of how I impact what others are doing. It's about the siloed thing that is an ongoing problem. This has changed the way that we are able to serve family caregivers." -Melissa Radloff, Jannus Inc



The Family Caregiver Navigator (FCN) program, a pilot project of the ICA, launched in September of 2020. FCN provides free individualized care plans and resource referral services for family caregivers across the lifespan. Navigators have served over 378 caregivers and extends statewide.

# ICA 2020-2022 Accomplishments

## FAMILY CAREGIVER SUPPORT

*Ensure a streamlined, coordinated system of supports for caregivers across the lifespan, recognizing the unique needs of Idaho's diverse population.*

- Expanded the ICA Resource Database to include over 200 caregiver-related resources.
- Provided navigation, assistance, and support to over 378 family caregivers through the Family Caregiver Navigator (FCN) pilot project.
- Focused efforts in the Spanish-speaking community, including ICA Conference tracks, social media, and supports through FCN.



## PUBLIC AWARENESS

*Increase public awareness about unpaid family caregiving and help people within our communities identify as caregivers.*

- Hosted three Annual Caregiver Conferences, with attendance at 300+ each year, and two regional caregiver summits.
- Delivered over 100 ICA and FCN presentations to current and potential partners.
- Conducted continuous outreach through marketing campaigns using print, radio, television, websites and social media platforms.



## SYSTEMS CHANGE

*Recognize the importance of family caregiving across the lifespan and embed the voice of family caregivers in policy and systems changes.*

- Maintained multi-agency representation on the ICA Leadership Team and the three Advisory Committees of the FCN project.
- Showcased family caregivers at annual Legislative Luncheon advocating for state policy to support caregivers.
- Received funding to implement the cross-systems FCN project.
- Partnered with other organizations to address direct care workforce shortage.



## INFRASTRUCTURE

*Ensure a coordinated voice for family caregivers across the lifespan through the development of a sustainable structure for the Idaho Caregiver Alliance.*

- Launched the ICA and FCN websites and a searchable caregiver resource database.
- Secured funding from public and private sources to expand the reach of ICA and pilot the FCN program.
- Implemented assessment and evaluation strategies and used findings to guide decision making.



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