



# **2023 Annual Report Alzheimer's Disease and Dementias (ADRD)**

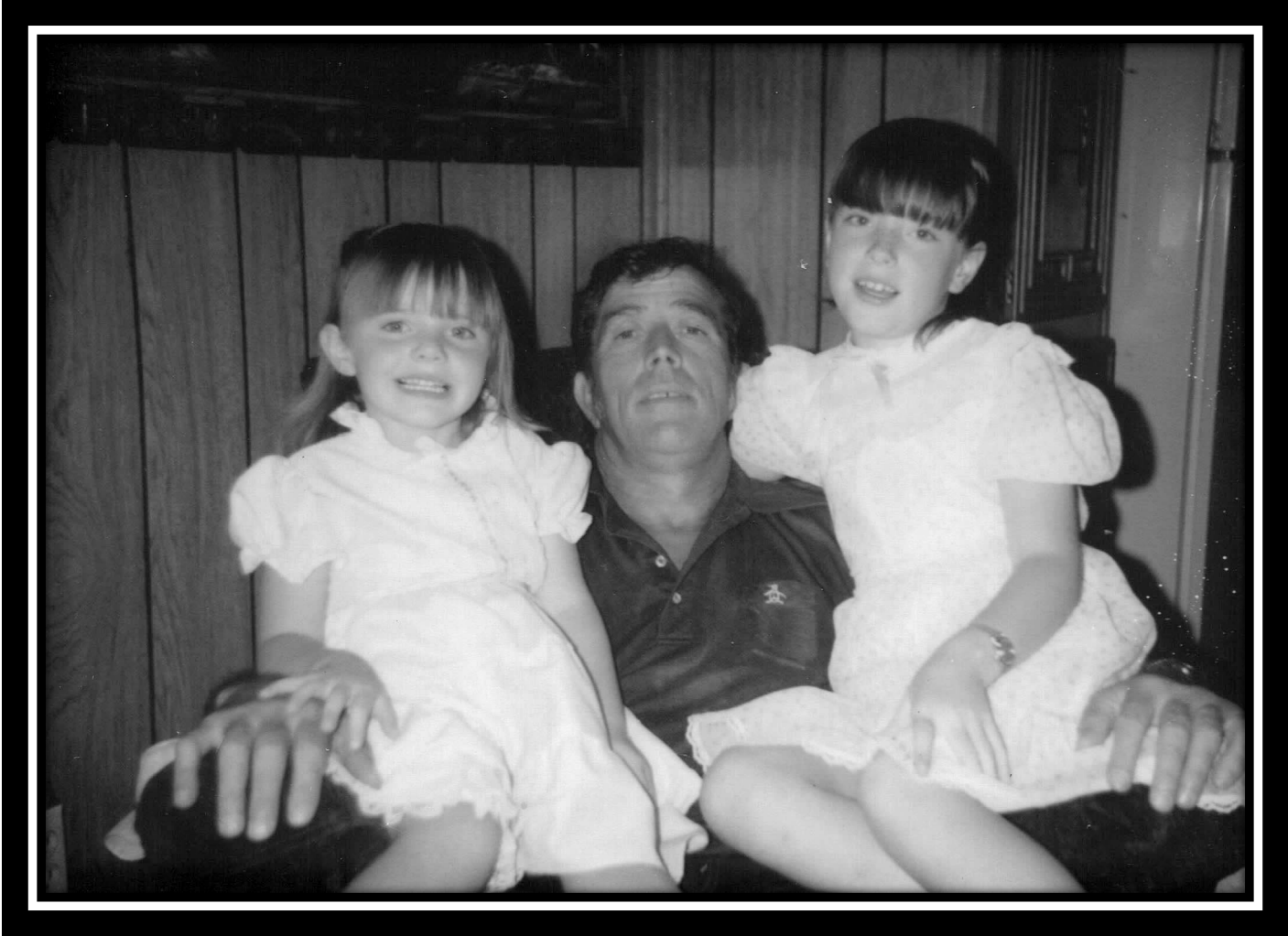
**Jan. 24, 2024,  
Tiffany Robb, Program Manager,  
Alzheimer's Disease and Related Dementias**



- The crisis in Idaho
- ADRD Program response to ADRD
- Public safety issues for people living with Alzheimer's or dementia and their caregivers
- Public education to improve ADRD response in Idaho
- Review of services initiated and coordinated among public and private agencies to meet the needs of Idahoans with Alzheimer's or dementia and their caregivers.

Recommendations for state policy related to ADRD per Idaho Code 39-2701

# Dementia is a Part of Each of Us





27,000 Idahoans with Alzheimers



\$149M Annual Idaho Medicaid Costs



\$639M Annual Idaho Medicare Spending



2023 Idaho Caregiver Alliance Proclamation Signing



+300,000 Family caregivers

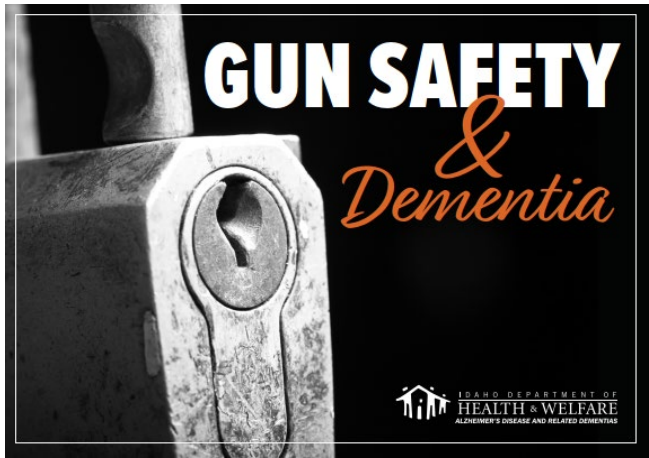
Greater percentage than national average work a full- or part-time job while providing care

+65,000 Family caregivers of Alzheimer's

- 71.4% -under 64 years of age
- \$1.8B -annual contribution in unpaid care (103,000,000 hrs.)



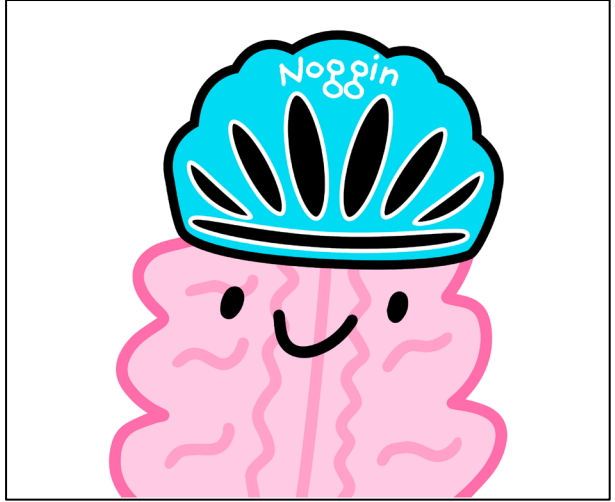
<b>Percentage of Caregivers in Idaho</b>	<b>Personal Health</b>
57.5%	With chronic health conditions
31.1%	With depression
13.4%	In poor physical health



## HEALTHY BLOOD PRESSURE. HEALTHY BRAIN.

It is normal for your brain to change as you get older. Having healthy blood pressure can lower your risk for memory loss and confusion. Follow your healthcare provider's guidance to manage your blood pressure.

Monitor your blood pressure	Eat healthy meals
Be physically active	Maintain a healthy weight
Do not use tobacco products	Limit alcoholic beverages
Practice good sleep habits	Manage stress
Take medications as prescribed	





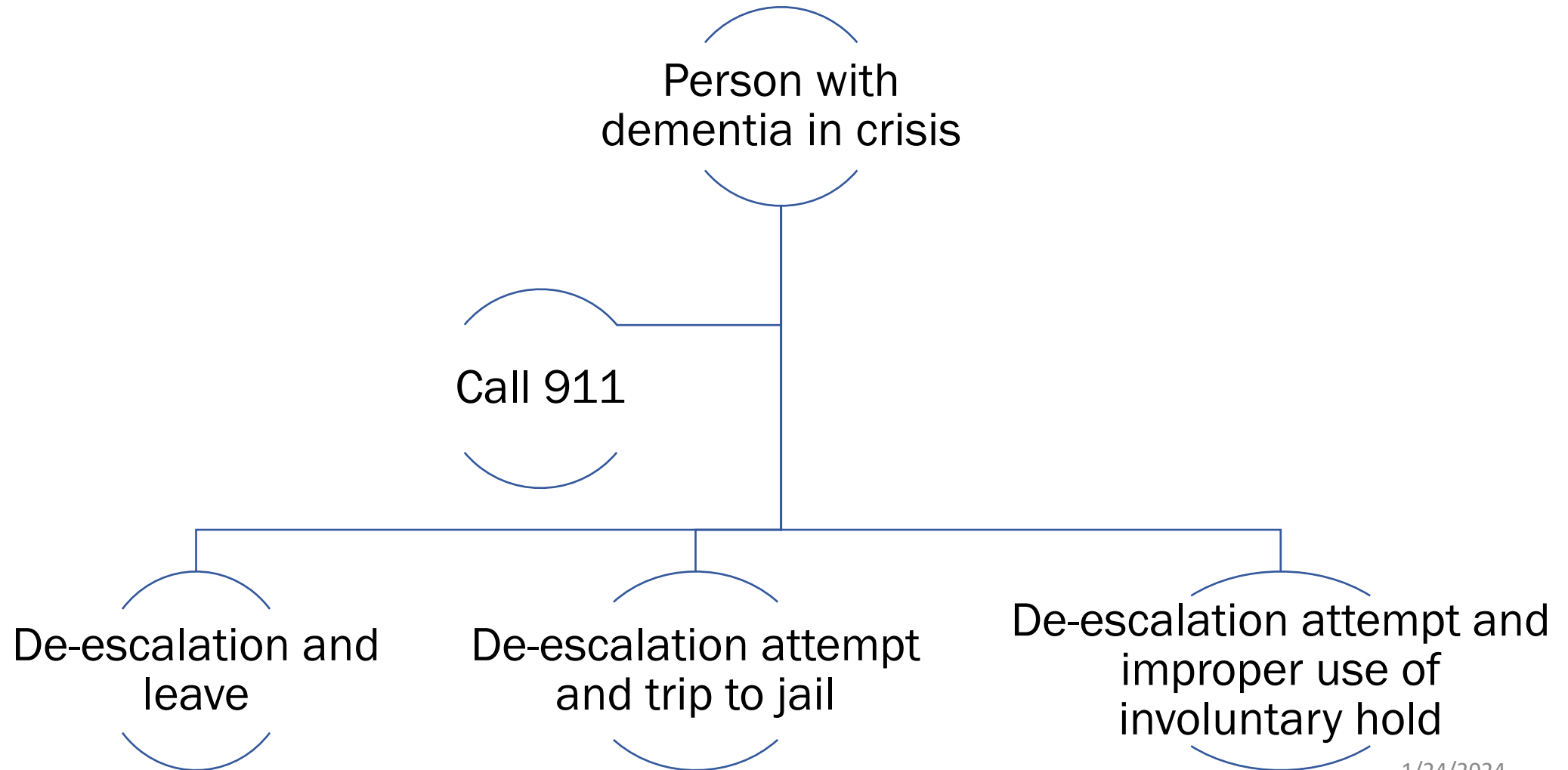


One small  
piece  
at a  
time

**Focus population for  
this report:** people  
with dementia who are  
in crisis



## “Public Safety Issues for Idahoans Living with ADRD and Their Caregivers”

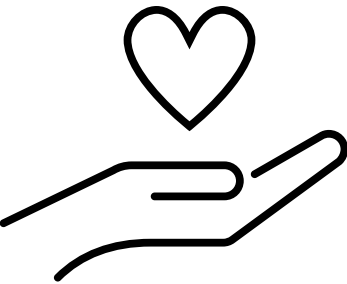




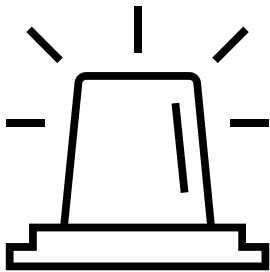
- Establish a protective placement.
- Establish additional protections for people with dementia in a residential assisted living facility (emergency discharge).
- Change the current rules (IDAPA 16.03.22).



## “Public Education”



Healthcare provider



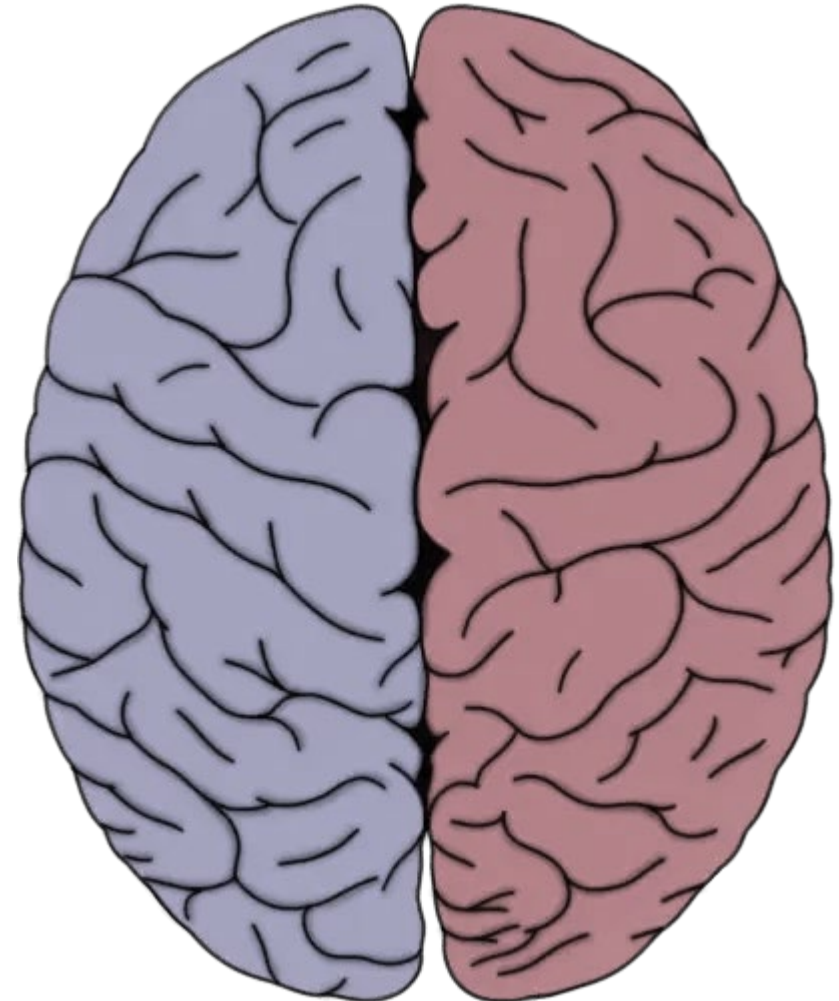
Emergency responder



General population



**Brain health**– enhancing the health and function of a person’s brain beyond avoiding disease.





## **Alzheimer's disease**

Is a specific type of disease that effects the brain

Vs.

## **Dementia**

Is a general term for a decline in “cognitive ability” that includes memory loss, thinking, reasoning, walking, etc.

Alzheimer's disease can become Alzheimer's dementia



- Establish a statewide training infrastructure.
- Require four hours of dementia training for law enforcement and first responders.



## Review of Services Initiated and Coordinated Among Public and Private Agencies to Meet the Needs of Individuals with ADRD and Their Caregivers



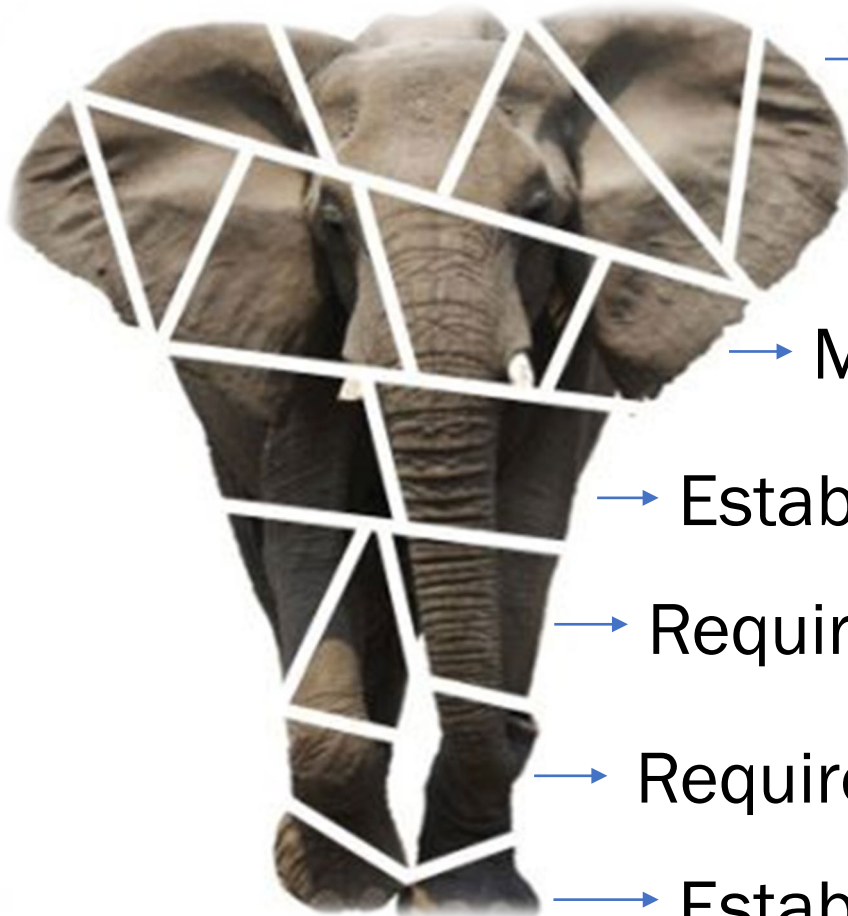
IDAHO DEPARTMENT OF  
**HEALTH & WELFARE**  
*ALZHEIMER'S DISEASE AND RELATED DEMENTIAS*







- Designate state funding to support family caregivers across the lifespan.
- Require hospitals contribute data to a hospital discharge database system in the state of Idaho.



Establish a protective placement



→ Establish emergency discharge protections for people with dementia

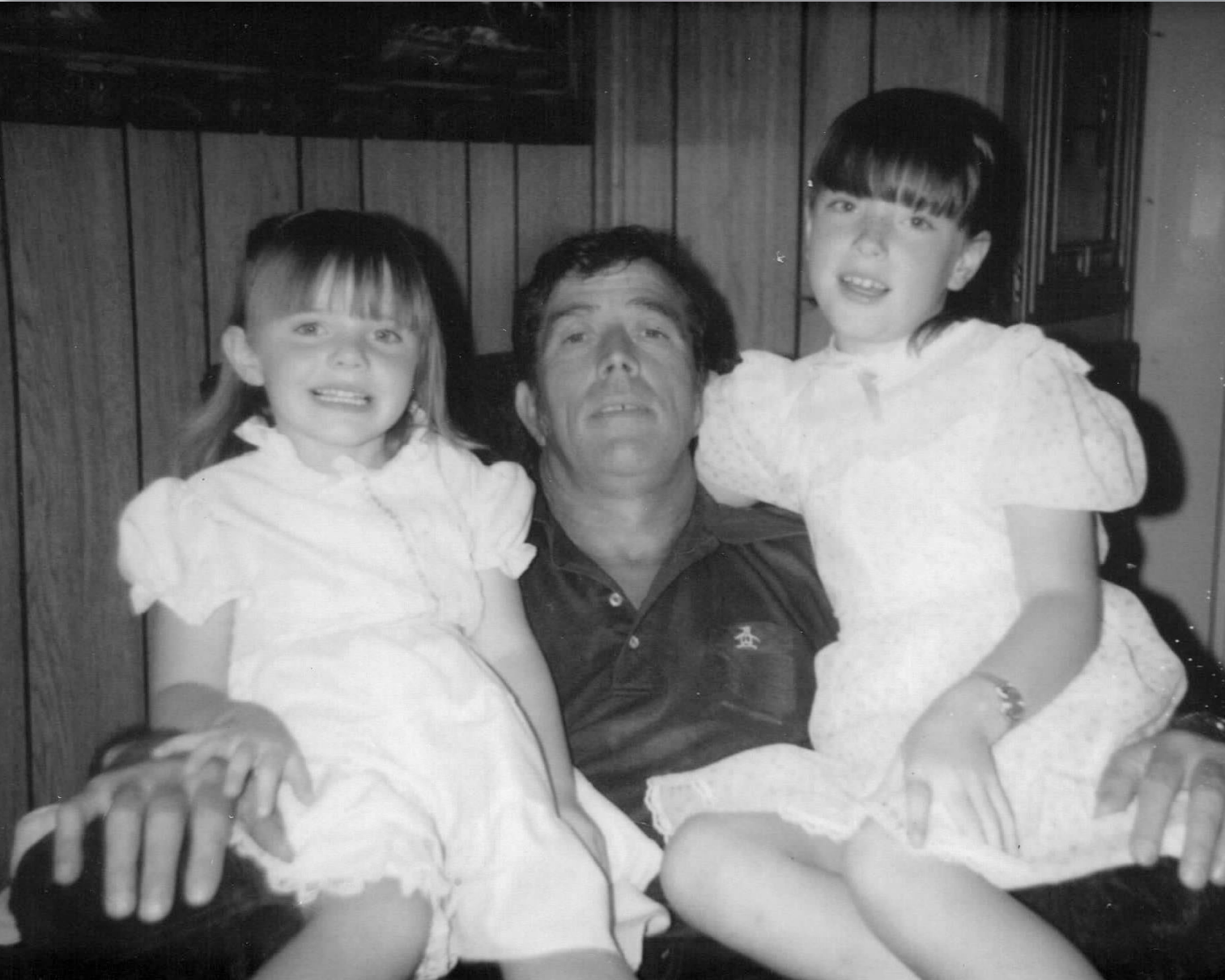
→ Modify IDAPA 16.03.22

→ Establish a training infrastructure

→ Require four hours of dementia training

→ Require hospitals to contribute data

→ Establish state funded caregiver support



By taking the first bite of the elephant and collecting data, we move toward an informed decision-making process and demonstrate that we value families and family caregivers.



2023 Recommendations to Address ADRD in Idaho  
(<https://publicdocuments.dhw.idaho.gov/WebLink/Browse.aspx?id=28545&dbid=0&repo=PUBLIC-DOCUMENTS>)

Alzheimer's Disease and Related Dementias Webpage  
(<https://healthandwelfare.idaho.gov/health-wellness/diseases-conditions/alzheimers-disease-and-related-dementias>)

Alzheimer's Disease and Related Dementias Alliance Webpage  
(<https://healthandwelfare.idaho.gov/about-dhw/boards-councils-committees/idaho-alzheimers-disease-and-related-dementias-adrd-alliance>)

2023-2028 Alzheimer's Disease and Related Dementias Strategic Plan for Idaho  
(<https://publicdocuments.dhw.idaho.gov/WebLink/Browse.aspx?id=25361&dbid=0&repo=PUBLIC-DOCUMENTS&cr=1>)

# Thank You!

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IDAHO DEPARTMENT OF  
**HEALTH & WELFARE**  
*ALZHEIMER'S DISEASE AND RELATED DEMENTIAS*

1/24/2024