



ICSH & 988 in Idaho

Health & Welfare Committees – February 27, 2024

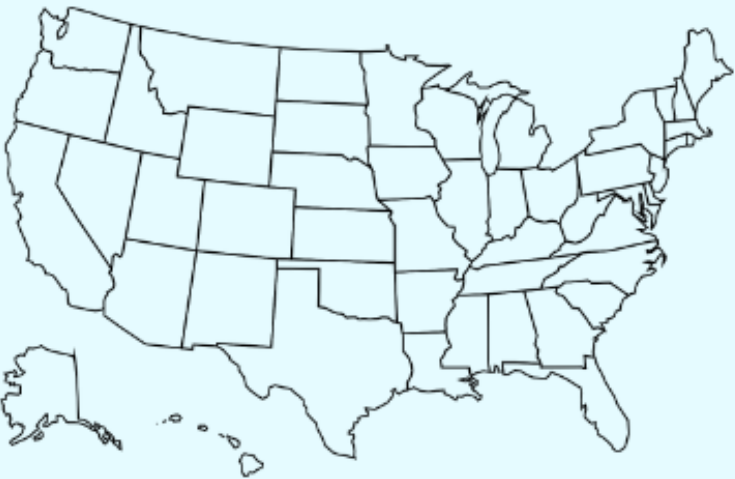
988 & the National Network

National Suicide Hotline Designation Act of 2020

- Went live July 16, 2022 = universal mental health & suicide prevention crisis number
- Mental health equivalent of 911
- Help people get mental health and suicide prevention support
- Reduce burden on law enforcement response



988 call centers in every state



The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States. We're committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness.

[ABOUT THE LIFELINE](#)



988 Options

“You have reached the Suicide & Crisis Lifeline”

Options:

- Press 2 for the Spanish line
- Press 1 for the Veteran’s Crisis Line
- Press 3 for specialized support for LGBTQ

OR

“Stay on the line to be routed to the nearest crisis center in our network.”

Idaho Crisis & Suicide Hotline



What We Do

- 24/7 support
- Crisis intervention
- Accredited – International Council of Helplines
- 85%+ of callers are de-escalated and kept safe
- Some need higher level of care

More than a Hotline

- An entry-point into behavioral health system
- Follow-up support for those leaving hospitals & crisis centers
- Support to residents in county jails & Idaho Dept. of Correction prison facilities
- Free 24/7 crisis referral and support for healthcare providers



Idaho – 2023 Contacts

- **22,591** combined calls, texts & chats
- **3,380** people called for assistance for someone else
- **987** referrals to regional mobile crisis teams
- **1,197** referrals to community crisis centers
- **7,398** safety plans created or reviewed
- **1,977** follow-up calls provided
- **44** counties served



Reasons for Contact - 2023

- Suicidal ideation (39%)
(thinking about, considering, or planning suicide)
- Mental health concerns (36%)
- Relationship difficulties (9%)
- Financial stress (4%)
- Addiction/substance use (2%)
- Physical health concerns (2%)
- Recent psychiatric hospitalization (2%)



Thank you for your support.



There is hope.



For more information

Idaho Crisis & Suicide Hotline

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The logo for the Idaho Crisis & Suicide Hotline (ICSH) features the letters 'I', 'C', 'S', and 'H' in colored circles (orange, grey, green, blue) with a sunburst behind the 'I'. Below it is the text 'Idaho Crisis & Suicide Hotline'. To the right is a blue square logo with '988 SUICIDE & CRISIS LIFELINE' and a QR code below it with the website 'idahocrisis.org' underneath.

Idaho Crisis & Suicide Hotline

Call or Text **988** for **24/7**
confidential crisis support
Always Here. Ready to Listen.

988
SUICIDE
& CRISIS
LIFELINE

idahocrisis.org